

AMBASSADORS' FACT SHEET

HANOI, VIETNAM



Ambassadors' Fact Sheet: Hanoi, Vietnam



To help our students and graduates make a smooth transition to their new lives teaching English abroad, we've enlisted our [ITA Ambassadors](#) to provide us with insider facts and tips for making the most of life in major cities around the globe like Hanoi.

Whether it's finding an English-speaking doctor, opening a bank account, or simply finding a supermarket where you can find the odd comfort food from home (peanut butter!), our ambassadors have actionable on-the-ground-tips to help you feel at home in your new home city. Please note that things change and we will do our best to keep these "Fact Sheets" updated over time and that current and future ambassadors will continue to provide the most accurate and up-to-date information possible.

Meet Our Hanoi Ambassador



ABIGAIL

City	Hanoi
Country	Vietnam
Visa Type	Work Visa
North American Comfort Food Locations	<p>There are small Western shops all over the city, most are found in the Tay Ho district.</p> <p>L's Place - Several locations throughout the city:</p> <ul style="list-style-type: none"> - 1 Xuan Dieu, Quang An, Tay Ho - 151 Thuy Khue, buoi, Tay Ho (Southside of the lake) - 29 Hang Voi, ly Thai, Hoan Kiem (City Center) <p>Teekiu Mart: This shop has some great sales from time to time:</p> <ul style="list-style-type: none"> - 36A Van Bao, Lieu Giai, Ba Dinh <p>You can also find some Western goodies in the larger supermarkets. Check out Lottemart or Fivimart (many locations throughout the city).</p>



Transportation	<p>You can take the bus, many people do. The routes are getting a bit better with new BRT Rapid bus lanes. You can type in your location and destination into Google Maps and click on the public transport option for available bus routes.</p> <p>The most popular way to get around the city however, is by motorbike. You can buy or rent a motorbike depending on the level of responsibility you would like. Many rental places will fix mechanical issues for you or swap out a bike for a different one if you don't like your current one.</p> <p>Bike Rental Recommendations:</p> <ol style="list-style-type: none"> 1. Rent a Bike Vietnam: Number 27 Alley 52 To Ngoc Van - tay Ho District 2. Quang Minh Motors: Cau Glay District <p>There are also ride-sharing programs. Uber is in Vietnam, and another ride-share called Grab (which I recommend). If you are traveling solo you can request a motorbike pickup via smartphone at a very affordable cost. They also have the basic car and taxi options as well.</p>
Hospitals & Doctors (English Speaking)	<p>My number one recommendation for a doctor to visit is:</p> <ol style="list-style-type: none"> 1. Benh vien da Hong Ngoc: They are every affordable and have accurate translators, The address is 55 Yen Ninh, Ba Dinh, Truc Bach. 2. Hospital Francais de Hanoi: This is a French hospital but is also very good. No 1 Phuong Mai, Dong Da District.
Beauty Supply Stores, Hairdressers & Barbers	<p>There are beauty stores all over the city. Just walk around your new neighborhood and you should find some. Men can get their hair cut on the street and a shave for 30,000-60,000 VND.</p>

Beauty Supply Stores, Hairdressers & Barbers	<p>Korigami: Men and women can get a cut and a style for around 100,000 VND (\$4 USD). Address is 7 Tran Te Xuong, Truc Bach, Ba Dinh District.</p> <p>Huong Sen Spa (several locations throughout the city): This spa is amazing. You will feel like a new person by the time you leave. For 350,000 VND (\$15 USD) you soak in two different baths, sauna, and steam room, followed by an hour massage and facial. After all that is over, they feed you warm soup and fruit. It's the best!</p>
Bank Account Location	<p>Citibank Vietnam – Hoan Kiem – Old Quarter</p>



Restaurants	<p>Some options I enjoy:</p> <ol style="list-style-type: none"> 1. <u>Street Sushi</u>: Mechanic by day, sushi shop by night. Good sushi with great prices. Ba Dinh District. 2. <u>Luna Steakhouse</u>: Come here to get a decent steak, side salad, side fries, and fresh bread for only 70,000 VND (\$3 USD). Ba Dinh District.
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Restaurants	<ol style="list-style-type: none"> 3. 35 Hang Than: My favorite Bun Cha in the city. truc Bach - Ba Dinh District. 4. Aubergine Cafe: Good vegetarian Vietnamese food (Non veggie options as well) - Old Quarter. 5. Pizza 4 Ps: The best pizza spot in town - Old Quarter.
Hotspots	<p>Coffe Shops:</p> <ol style="list-style-type: none"> 1. Nola Cafe: Old Quarter - this cafe has floors of interest decor. It's a great space to relax or get some work done. 2. Cafe Xi Nghiep: Ba Dinh - tucked away in a quiet alley, this coffee shop has wonderful coffees and cocktails. They also have plenty of board games. <p>Places of Interest:</p> <ol style="list-style-type: none"> 3. Thang Loi Swimming Pool: Tay Ho - this swimming pool is lakeside with great views. It is excellent for relaxing. 4. Bar Betta: Free beer from 8pm - 9pm, Wednesday and Sundays. It gets pretty busy! 5. Flower Market: Au Co, Tay Ho District - this market is very busy and only open overnight. It's a great place to watch people bargaining for flowers and to grab some good food.



Permanent Housing Resources	<p>There are several websites that are good for finding housing:</p> <ul style="list-style-type: none"> - Hanoi Massive Housing on Facebook - Hanoi Massive Housing & Visa on Facebook - Hanoi Massive: A New Era on Facebook - The New Hanoian
Expat Community Resources	<p>There are many expats in Hanoi. The biggest expat community is in the Tay Ho District. You can also find events, things for sale, etc, on the Hanoi Massive: A New Era Facebook Group.</p>
Additional Information	<p>Despite the Hanoi Massive: A New Era Facebook Group, I really recommend the Hanoi Beautiful, for expat women living in Hanoi. It is a lovely and positive community.</p>



Additional Resources:

- [Teaching English in Vietnam: Country Profile](#)
- [Top 5 Countries to Make the Most Money Teaching English Abroad](#)
- [Vietnam Alumni Facebook Group](#): Only enrolled students & alumni may post, but anybody can check out the conversation between ITA grads teaching English in Vietnam on a wide array of topics from job tips and apartment hunting to recreational activities & social meet-ups.