

COVID-19 HEALTH & WELL-BEING RESOURCES

Staying healthy during COVID-19

- **CDC**
 - https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fguidance-business-response.html
- **Properly and Effectively Cleaning During COVID-19**
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

Workplace Mental Health and Well-being

- **SHRM article: Pandemic Takes a Toll on Employees' Emotional Well-Being**
 - <https://www.shrm.org/resourcesandtools/hr-topics/benefits/pages/pandemic-takes-a-toll-on-employees-emotional-well-being.aspx>
- **World Health Organization – Mental health considerations during COVID-19 outbreak**
 - https://www.who.int/docs/default-source/coronaviruse/mental-health-considerations.pdf?fbclid=IwAR391eRM9XGiiLUFcYDOg0kSNBWA50_SXxjFL8PagZN8EGlqNlpHROhvHSs
- **Center for Work Health (Harvard) - Protecting Front-line Workers: Steps to Take**
 - <http://centerforworkhealth.sph.harvard.edu/covid19>
- **Center for Work Health (Harvard) - Guidelines for Implementing an Integrated Approach**
 - <http://centerforworkhealth.sph.harvard.edu/resources/guidelines-implementing-integrated-approach>
- **Centers for Workplace Mental Health – Working Remotely During COVID-19: Your Mental Health and Well-Being**
 - <http://workplacementalhealth.org/Employer-Resources/Working-Remotely-During-COVID-19>
- **Wellness Council of America (WELCOA) – COVID-19 employee-employer resources**
 - <https://www.welcoa.org/covid/>
- **Gallup – COVID-19 Leading Through Disruption**
 - <https://www.gallup.com/298523/covid-19.aspx>

- **SHRM**
 - Mental Health: <https://www.shrm.org/hr-today/news/all-things-work/pages/coronavirus-creates-high-anxiety-in-uncertain-times.aspx>
 - Health & Wellness: <https://www.shrm.org/resourcesandtools/hr-topics/benefits/pages/health-wellness-leave-benefits-help-employees-with-coronavirus.aspx>
- **EY**
 - COVID-19 Employers Responsibilities: https://www.ey.com/en_us/covid-19/employee-health-six-key-questions-for-your-legal-team
- **US Small Business Administration**
 - Emergency Family and Medical Leave: <https://www.dol.gov/general/topic/benefits-leave/fmla>

Great work from home tips

- **SHRM**
 - Anxiety: <https://www.shrm.org/resourcesandtools/hr-topics/benefits/pages/help-alleviate-anxieties-of-employees-working-from-home-during-pandemic.aspx>
 - Working from home with kids: <https://www.shrm.org/resourcesandtools/hr-topics/employee-relations/pages/working-from-home-with-kids-coronavirus.aspx>
- **Salesforce blog around COVID-19, working remotely, etc.**
 - <https://www.salesforce.com/blog/>

Human Resources - General

- **SHRM COVID Resource Center**
 - <https://www.shrm.org/ResourcesAndTools/Pages/communicable-diseases.aspx>
- **American Payroll Association COVID Resource Center**
 - <https://www.americanpayroll.org/compliance/compliance-overview/hot-topics/covid-19>
- **Mercer – helping employers respond to COVID-19**
 - <https://www.mercer.com/our-thinking/managing-novel-coronavirus.html>
- **Center for Disease Control**
 - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>