

# 7th Annual AAOSH Scientific Session

September 15-17, 2017 Marriott downtown Salt Lake City

#### Integrative Dental Medicine.... Reuniting The Mouth With The Body



# Million Dollar Complete Health Hygiene Department



CEO of Next Level Group Gary Kadi

No Margins, No Mission: Do Well by Doing Good

This workshop is a one-of-a-kind, three-hour event led by Gary Kadi that features invaluable coaching, consulting and training. You'll learn how to increase hygiene production while improving patients' health. Doctors must attend with at least one Hygienist. All team members are invited!

Eliminate the burden of the business side of your practice so you can focus on the patient

Gamify your practice so that you and your team have fun while making a difference

Install the Behavior Dash<sup>™</sup> so that you can proactively locate practice inefficiency

Find out how DENTflix can train your team while you treat patients

Turn your practice into a socially conscious entity that transforms your community and attracts the ideal, health conscious patient



Workshop presented by Gary Kadi at the Scientific Session Sunday, September 17, 2017 8:30 - 11:30am

# LETTER FROM THE PRESIDENT

Welcome to the annual session of the American Academy for Oral Systemic Health, the premier academy in the world studying the relationship of oral health and whole body health.

I vividly recall the first time I attended this meeting in 2012, at the prestigious Cleveland Clinic. Keynote speaker, Michael Roizen M.D., Chief Medical Officer of the Cleveland Clinic Wellness Institute, described the escalating health care crisis in the United States. He projected this crisis would soon bankrupt our great nation, leaving us with only two viable options: 1. rationing of health care or 2. becoming rational, with each person taking full responsibility for their own health. He then challenged dentists, pointing out that dental teams spend more time with their patients than any other group in the medical care community. Dentists should be on the front lines, fighting the health care crisis, by educating, screening, testing, treating and referring patients for key markers of chronic inflammation. I immediately sensed a strong passion to pursue this high calling for the rest of my professional career. I'm so blessed for it. I frequently find myself saying to others, "On a great day we save a smile, on an amazing day we save life!"



Our goal for AAOSH is to serve as a catalyst for a large scale health care revolution. This year we have taken two important steps to achieve that goal:

#### 1. AAOSH Fellowship Program

This program is designed to promote a lifetime of learning within our membership and to publicly acknowledge those who put in the work to lead the national revolution of health.

#### 2. Joint Meetings with Like-Minded Academies.

In 2018, we will hold our annual meeting together with the American Academy for Physiologic Medicine & Dentistry (AAPMD) and the American College for Advancement in Medicine (ACAM). By collaborating with like-minded physicians, nurses, dentists, dental hygienists, therapists, and team members, we can gain critical momentum to grow the revolution of health.

Thank you for joining us for this year's session in beautiful Salt Lake City. A very special thanks to our Program Committee, chaired by Dr. Jacque Russo, for organizing a terrific line up of speakers. A personal thank you for the wonderful vision and tireless work of our past presidents and board members, as well as the constant support of our Executive Director, Bobbie DelSasso and Marketing Director, Ashley Hite. Finally, thank you, members of AAOSH, for the tremendous honor to serve as your President.

Enjoy every minute of this very special weekend!

C Wilherron Onio

DeWitt Wilkerson DMD

#### **REGISTRATION INFORMATION**

- PRE-REGISTRATION: Thursday, 6:30 8:30 p.m.
- REGISTRATION: Friday, 6:45 8:30 a.m. will be held at the AAOSH tables in front of SALON A. Sign up for workshops will take place during that time. They will be first come, first serve.
- All breakfasts and lunches are included in registration, along with the reception on Friday. Saturday dinner is on your own.

#### **EVENT LOCATIONS**

- Lunch in Salons A,B, C & G-J
- Speakers are in the Grand Ballroom D, E, F
- Vendors are in the pre-function area (hallway) outside the salon rooms.
- All testing will done in the designated vendor area at the end of the hall.

#### **NEW MEMBER BREAKFAST**

 All first time attendees this year have been paired with a mentor (if they agreed to one) to help them navigate the event and better understand what AAOSH is about. AAOSH will be hosting a "New Member/Attendee Breakfast" on Saturday morning at 7:15 a.m. Look for the sign to direct you to the area.

#### AAOSH HOSTED RECEPTION: SPONSORED BY AAOSH & XLEAR

Friday, September 15, 5:30 p.m. - 7:30 p.m. in the pre-function area with the exhibitors

#### SPECIALLY PREPARED MEALS

All the meals at our AAOSH events are prepared especially for us and by us, under the strict guidelines of our executive director for the benefit of bringing optimal health to our attendees and members. These aren't the typical hotel meals, and they do cost more to prepare and buy the ingredients. It is our goal to provide to our attendees the best ways to become and stay healthy and disease free, so they, in turn, can teach their patients.

We know this adds to the cost of participating at our events, but it's highly beneficial in helping you stay disease-free. At our annual sessions over the years, we have had many clinicians, noted physicians, and cardiologists correlate that food and prevention of disease go handin-hand. So, we do this to show you we "walk our talk" and how easy it is for all of you to eat correctly too. Eating correctly means eating a plant-based diet, rich in micro- and macronutrients and enzymes.

Studies have shown diets that fail to address nutritional quality fail to make a real dent in weight loss or other health parameters. Our specially prepared meals are:

- Free of bad fats, sugar and salt (within the confines of what the hotel can provide)
- Micronutrient complete and protein rich
- Anti-inflammatory
- Include life-extending phytochemicals and are plant based

Please enjoy all the food we have prepared especially for you, our friends, who are the first link in the chain of health for ourselves, our families, and our patients/clients.

#### HANDOUTS & SESSION RECORDINGS

Handouts are available at AAOSH.org on the 2017 Scientific Session page in the event section from those speakers who have submitted them. The passcode to access the files is ACT17. Not all speakers choose to do so, which is why we make video recordings available for prepurchase during and after the event.

#### **RECORDING / AUDIO / VIDEO & PHOTOGRAPHY DISCLAIMER**

No personal audio or videotaping of the programs is permitted. Please be advised AAOSH has hired a professional company to videotape and photograph attendees, speakers, and exhibitors during the entire event. Video recordings of the Scientific Session presentations will be made available 6-8 weeks following the event and will be available to pre-order for discounted pricing during annual session. **By attending the meeting, you consent to AAOSH's use and/or reproduction of, and the development of derivative works from your name, voice and or likeness in any and all formats, singularly or in conduction with other media or as part of a compilation advertisement including all media forms for the purposes of AAOSH.** AAOSH will not be liable for any claims against you arising out of or otherwise associated with said use. Moreover, you understand and agree by participation in this meeting, you will not be entitled to any financial or other remuneration for said use, reproduction, or derivation by AAOSH.

#### **AAOSH MEMBERSHIP & BENEFITS**

The American Academy for Oral Systemic Health is an organization of healthcare leaders and health professionals dedicated to the relationship of oral health and whole body health. Its vision is to improve interdisciplinary healthcare and collaboration, and the health of people everywhere by changing public and professional awareness of the mouth-body health links. Some member benefits include special rates for the annual scientific session and other continuing education resources; free webinar access (live and on-demand); access to the Member Resource Library; listing in "Find Oral Systemic Healthcare Professional" online public database; AAOSH Connect newsletter; preferred connections with technology and suppliers; discounts and special offers from vendors; industry and research news; product updates and reviews; networking events; fellowship programs, and more. For more information please talk to an AAOSH Board Member or staff person or go to AAOSH.org for a full view of the benefits of membership.

#### **CE ACCREDITATION**

AAOSH is an Approved AGD PACE Program Provider. This annual session will provide up to 20 CE credits.

Each speaker will announce a course code at the end of their presentation. Please keep track of your individual codes for CE credits. They are for your records only for proof of attendance should you be asked for that information. AAOSH will not be responsible for keeping track of them on an individual basis, except for AGD (dentists only) who have submitted their AGD numbers. AAOSH will submit your credits to AGD by year-end as required. You have available a Course Attendance Verification Sheet with the CE credits listed and space for tracking course codes in this program book.

#### **AAOSH BINGO DIRECTIONS**

YOU HAVE MULTIPLE CHANCES FOR INCREDIBLE PRIZES OFFERED BY AAOSH SPONSORS.

- 1. Write your name on the BINGO card (in your AAOSH bag).
- 2. Visit each exhibitor and learn about their company/product/service.
- 3. Ask the exhibitor/sponsor to stamp your BINGO card.
- 4. After all spaces are stamped, bring card to AAOSH table.
- 5. Drawing is Saturday during last break and between final presentations. Must be present to win.



Approved PACE Program Provider FAGD/MAGD Credit Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement 7/1/2016 to 6/30/2019 Provider ID#354219 AAOSH wishes to thank the following sponsors, exhibitors, and supporters of our 7th Annual Scientific Session. Please support these companies that make the practice of oral-systemic healthcare possible, by visiting with them, learning how they can help you deliver more care, and PLAYING AAOSH BINGO! *(See page 5 for more details about AAOSH Bingo).* 



#### **EXHIBITORS**



# Save the Date for 2018

November 8-10, 2018 | Red Rock Resort | Las Vegas, NV

AAOSH is joining forces in 2018 with two like-minded organizations, the American Academy of Physiological Medicine and Dentistry (AAPMD) and the American College for Advancement in Medicine (ACAM), to bring together airway/breathing, functional/alternative medicine, and oralsystemic health in one location: Las Vegas, Nevada. Never before has this occurred in medicine and dentistry.

Our goals are to bring the best forward-thinkers, speakers, and companies to be at this meeting. As our three trailblazing groups look into the future for answers to society's biggest health concerns, it is our goal to bring to light the clinical research and data to support change to the way we think about health. These are the people who will change the face of complete health, making life better for healthcare providers, our patients, and our communities.

Come be a part of a NEW WORLD of medicine and dentistry, uniting in healthcare change. The key to healthcare for our future is not going to be how to cut costs, but how to prevent disease and stay healthy. AAOSH, AAPMD, and ACAM support those health goals and want to continue expanding understanding, research, and awareness so that healthcare professionals across all sectors can be united in sharing our mutual goal of prevention and wellness. We are in a unique position to make a real difference in people's lives, changing the direction of care and changing attitudes towards health and healthcare. Let's not lose the chance to make that happen.

Be among the first to sign up for this incredible event, which will be held November 8-10, 2018, and take advantage of the HUGE REDUCED rate. This exceptional deal is only available here in Salt Lake City. Watch for our presentation on Saturday at 12:00 noon on the main stage, which will kick off pre-registration 2018!







The 2018 Scientific Session will be a collaborative event with physical therapists, alternative medicine, airway, nutrition, medicine, dentistry, and lifestyle coaches. Once you register at AAOSH.org, you may attend any courses throughout the three days, no matter which group you sign up with. AAOSH, ACAM, and AAPMD course program agendas are all viewable on our registration page.

This event will begin with short presentations in the style of TED Talks, followed by both individual AAOSH workshops and ones combined with all three organizations. There will also be a closing banquet event bringing all three organizations together.

The following are the lineup of speakers for the AAOSH portion of the agenda:

- Dr. Steven Masley—Sugar, Alzheimer's, and dementia
- **Dr. Ben Miraglia**—Craniofacial growth and development, and airway and orthodontics in children and adults
- **Dr. Susan Maples**—Children's total health
- **Drs. Bradley Bale & Amy Doneen**—Inflammation, cardiovascular disease, and nutrition
- **Gary Kadi**—Incorporating oral-systemic health into your practice, including how to communicate and how to charge
- **Dr. Christian Guilleminault**—"Father of sleep medicine" from Stanford University presents sleep research findings.
- **Dr. Mark Cannon**—Bacterial control of the mouth, gut, and brain health
- **Dr. David Seaman**—Nutrition and supplements
- **Dr. Thomas Levy**—Internationally renowned speaker on Vitamin C and overall health
- **Dr. Anthony Stecco** Physical therapies, detox, and related chronic inflammation issues

### Welcome to the 7th Annual Scientific Session of the American Academy for Oral Systemic Health!

The program committee would like to extend a warm welcome to all of our 2017 attendees. This year, we are excited to share some of the most ground-breaking research in the field of nutrigenomics, epigenetics, airway development and the all-important microbiome. We chose these topics because of the impact that each has on the long-term health of not only the oral cavity, but also overall health and wellbeing.

Our goal is to reunite the mouth with the body when diagnosing and treating our patients. Only through collaboration between medicine and dentistry will we be able to optimally serve our patients. As evidenced-based science becomes more abundant in connecting oral and systemic health, it is our obligation as our patients' trusted advisors to offer strategies that not only enhance our treatment outcomes, but improve our patients lives. Gone are the days of sub-specialization and a myopic approach to healthcare. We must understand and implement the basic concepts of nutrition, genetics, immune function, airway development and the relationship of stress on our wellbeing to treat patients successfully.

We are only getting sicker as a society by treating symptoms rather than drilling down to the root causes of disease. An integrative or functional approach encourages true healing but unfortunately is not the current model of medicine. It is our goal to expose our members to some of the best experts in the world on the topics critical to wellness so they can make changes first in their own lives and ultimately share those with their patients, friends and families.

Some of these topics may be new, while others may be presented from a novel perspective. One thing we have learned from history is that science by definition is dynamic and always changing. We hope to ignite your curiosity and hope you will accept the challenge to be part of the movement in medicine that gets us back to basics and ultimately a healthier society!

Our main objective is to leave you with a renewed thirst for knowledge, not only on these topics, but open and excited about developing and applying new concepts. By keeping our hearts and minds open to change, we can be the leaders of a true health revolutions so badly needed in our country.

We welcome your feedback, and ask that if you have ideas for future meeting that you do not be shy! Please stay connected though our Facebook page and AAOSH Connect newsletter. Thank you for your support, and stay tuned for some very exciting news about AAOSH 2018!





Jacqueline Russo, RN, DDS



Jan Lazarus, RHD



Susan Goode Estep, DMD

## **Conference Agenda**

#### FRIDAY, SEPTEMBER 15

7:30 a.m. – Program Begins 7:45 a.m. – Welcome Address

**8 - 9:30 a.m. Keynote Speaker Mark Rosenberg, MD** "The Microbiome, Inflammation, and Cancer"

#### 9:30 - 10 a.m. - Break

**10 - 11 a.m. – Ronald McGlennen, MD** "Genetics & the Inflammatory Connection"

**11 a.m. - 12 p.m. – Chris Farrugia, DDS** "Simplifying Medical Billing for the Health Centered Practice"

12 - 1:30 p.m. – Lunch

1:30 - 2:30 p.m. – Case Study 1 & 2

2:30 - 3:30 p.m. – Andrea Nakayama, CN "From Top to Bottom: The Oral-Systemic Connection and a Functional Nutrition Approach to Microbial imbalances"

#### 3:30 - 5 p.m. – Kaye McArthur, DDS & Robert Walker, DC

"Introduction to Nutrigenomics for the Integrative Oral Systemic Practitioner"

5:30 - 7:30 p.m. AAOSH & XLEAR RECEPTION SATURDAY, SEPTEMBER 16

7:45 a.m. - Program Begins

**8 - 9:30 a.m. – Mark Cannon, DDS, MS** "Gasping for Life: Understanding the Airway Patency in Normal Development"

9:30 - 10 a.m. – Break

**10 - 11 a.m. – Rick Siegel, DDS** "The Cochran Experience: Learn Techniques for Personal Balance and Stress Reduction"

11 a.m. - 12 p.m. - Case study 3 & 4

12 - 1:30 p.m. – Lunch

**1:30 - 2:30 p.m. – Mark Bartlett, PhD** "Diet, Gene Expression and the Microbiome: Thoughts on How to Avoid Digging our Graves with Our Teeth"

2:30 - 3:30 p.m. – Dominic D'Agostino, PhD "Nutritional Ketosis: Applications for Enhancing Metabolic Biomarkers of Health and Longevity"

3:30 - 4:15 p.m. – BREAK and Bingo Raffle

**4:15 - 5:00 p.m. – Ty Bennett, CSP** "Partnership is the New Leadership"

#### SUNDAY, SEPTEMBER 17

8:30 - 11:30 a.m. Bill Domb, DMD OZONE Therapies A-Z

8:30 - 11:30 a.m. Gary Kadi "No Margins, No Mission...Do Well by Doing Good: The Million Dollar Complete Health Hygiene Department"

8:30 - 11:30 a.m. Brad Bale, MD Amy Doneen, DNP, ARNP, PhD "The Bale Doneen Method and Clinical Application of This Precision and Multidisciplinary Approach for Arterial Wellness"

8:30 - 11:30 a.m. Shirley Gutkowski, RDH, BSDH John Peldyak, DMD "The Sugar Show"

8 - 12 p.m. Liz Lundry, RDH; Karen Davis, RDH, BSDH; Annie Harris, RDH; Cris Duval, RDH "The Art Of Advanced Oral Systemic Treatment Planning"

10

#### **Grow Your Practice** While Taking Better Care of Your Patients There has never been a better time to strengthen patient relationships, broaden your team's vision and purpose, and allow yourself to live out the full potential of your practice. Productive Dentist Academy's new AGD Accredited Online Course includes 30 videos and workbook covering all aspects of the advanced prevention practice: **YOUR GIFT:** - Periodontal risk assessment - Caries risk assessment - Endodontal lesion risk assessment - Sleep apnea assessments Complimentary - Treatments including rinses and lasers - Motivation and education for patients Hygiene Assessment - How to bill insurance for new services - Marketing your new services Inc. Productive CLAIM YOUR GIFT TODAY www.ProductiveDentist.com/AAOSH

#### Are You Ready to Become an Advanced Prevention Dental Practice?

A growing number of dentists are shifting to focus on disease prevention and total wellness, saving patient lives and resulting in a more productive, more fulfilling professional life. So how are these proactive dentists shifting the entire culture of their practice and attracting new patients who are enthusiastic about that change?

500

Dentist Academy

Dr. Tom Larkin, the Clinical Director for Oral Wellness at the Productive Dentist Academy (PDA), is working closely with Bradley F. Bale, MD and Amy Doneen, DNP, ARNP to develop a standard of care for the oral systemic dental practice. PDA's new course covers risk assessment, treatments, patient and team motivation, education, and marketing. It's a turn-key solution for practices ready to shift from the disease/repair model to prevention and wellness.

Reach your practice's potential while making a big difference in patients' lives. The new PDA online course includes 30 videos covering:

- Periodontal risk assessment
- Caries risk assessment
- Endodontal lesion risk assessment
- Sleep apnea assessments
- Motivation and education for patients, including salivary diagnostics and microscopy
- Treatments including rinses and lasers
- How to bill insurance for these new services

Marketing your new services and practice focus to the patients who are interested in what you have to offer Register today, and help lives as part of the advanced prevention revolution. Attendees at the AAOSH Scientific assessment are eligible to receive a complimentary practice assessment and \$500 off their course registration. Visit www.productivedentist.com/AAOSH to claim.

# **EVENT SPEAKERS**

FRIDAY, SEPTEMBER 15



8:00 - 9:30 A.M. **The Microbiome, Inflammation, and Cancer** *by Mark Rosenberg, MD* 

#### **Course Description**

This lecture will present data revealing the link between our microbiome, inflammation, and cancer. Although the microbiome of the oral cavity differs from that of the lower GI tract, alterations in either, or both, can lead to chronic inflammation, and predisposition to chronic disease and cancer. Following discussion of dysbiosis, impaired immune function, and cancer predisposition, we will discuss various modalities for repairing immune function, as well as treating cancer.

#### **Learning Objectives**

- 1. Understand the link between dysbiosis, impaired immune function, and cancer.
- 2. Be familiar with the data regarding periodontal disease and multiple cancer types.
- 3. Be familiar with the data regarding improving wellness through repairing the microbiome.
- 4. Be familiar with the data regarding fasting and immune function.

#### **Speaker Bio**

Dr. Rosenberg's formal training was in emergency medicine. Approximately 14 years ago, while working in the emergency department, he diagnosed his mother with metastatic lung cancer. Following her passing nine months later, Dr. Rosenberg began studying tumor metabolism. He then became the program director for the first and only integrative cancer fellowship. Dr. Rosenberg became a cancer scientist and started a pharmaceutical company, with the platform being the development of drugs that specifically target cancer stem cells.



10:00 - 11:00 A.M. Genetics & the Inflammatory Connection by Ronald McGlennen, MD

#### **Course Description**

There is broad support to the idea that many oral diseases are caused by the combination of bacteria (and viruses) and by the intensity of the host response (inflammation) to those pathogens. Why do only some of the seemingly normal and mostly healthy people get periodontal disease and others do not? By extension, what is the more basic explanation about why people with periodontal disease are also at risk for diseases of the heart, blood vessels, endocrine system and other organs. In short, the answer is genetics. This course will discuss the genetic basis for oral and systemic health, both at the molecular level as well as through the assessment of risk using genetic information.

#### **Learning Objectives**

- 1. To understand the processes of innate and acquired immunity as it applies to periodontal infections
- 2. To understand the how oral bacteria evoke local and systemic inflammation and how that inflammation is now a basis of cause for cardiovascular disease and certain types of cancer.
- 3. To understand how genetic variation in genes involved in the immune system can impart risk for chronic and systemic diseases.
- 4. To become familiar with a new generation of immune modulating medications to lower the incidence of selected diseases of the blood vessels and for lowered risk of cancers.

#### Speaker Bio

Dr. McGlennen is President and Medical Director of Access Genetics and OralDNA Labs and an internationally-recognized expert in molecular biology and genetics. He is board certified in Anatomic and Clinical Pathology and by the American Board of Medical Genetics, with a Specialty in Clinical Molecular Genetics. His focus in research has been on reducing the complexity of gene-based testing. He has served on a series of governmental and regulatory committees focused on the growth of the field of molecular diagnostics.



11:00 - 12:00 P.M. Simplifying Medical Billing for the Health Centered Practice by Chris Farrugia, DDS

#### **Course Description**

Once the mouth is reunited with the body, why not access medical benefits for our services?

#### **Learning Objectives**

- 1. Medically billable services
- 2. What you need to know to be paid by medical insurance
- 3. Medical billing protocols for the health centered practice

#### Speaker Bio

A speaker, teacher, and leader in digital dentistry. He trains dentists nationwide who want to advance their practices with digital imaging, CEREC, and to successfully access medical benefits for their services.

#### Professional:

DDS degree Emory University School of Dentistry Alumnus LD Pankey Institute Patterson Certified CEREC Trainer Medical Director Pensacola Imaging, LLC (2013-2015)

#### Owner:

Artistic Dental Laboratory Services, LLC

#### Author (Article):

Custom Ceramic posts and cores: An overview of rationale and a new use for a proven technology, General Dentistry, Jan/Feb 2008, Vol. 56, No.1

#### Author (Books):

Successful Medical Billing: The Dentist's Guide I (2013) Successful Medical Billing; The Dentist's Guide II (2015) ICD10 and CPT for Dentists (2015)

Private Digital Restorative Practice in NW Florida



2:30 - 3:30 P.M. **From Top to Bottom: The Oral- Systemic Connection and a Functional Nutrition Approach to Microbial Imbalances** *by Andrea Nakayama, CN* 

#### **Course Description**

We now know that gut microbial imbalances are linked to many inflammatory chronic disease states. There's more evidence that diet and lifestyle impact the gut microbiome, and yet the oral microbiome not only influences inflammation, but is a mirror into conditions throughout the rest of the body. Join Functional Medicine Nutritionist, Andrea Nakayama, for a discussion of how we can best "back it up," understand and educate our patients about these key connections, and ultimately address imbalances in the microbiota through nutrition, diet and lifestyle modifications, as well as oral health practices, for optimal health outcomes.

#### **Learning Objectives**

- 1. Establish an understanding of the role of functional medicine and nutrition (and why the mouth matters)
- 2. Create a 'top to bottom' intelligence about digestive health and microbial balance
- 3. Develop the skills to educate clients and introduce key practices that honor the oral-systemic connection

#### Speaker Bio

Andrea Nakayama (FNLP, MSN, CNE, CNC, CHHC) is a functional nutritionist and educator leading thousands of clients, students, and practitioners around the world in a revolution reclaiming ownership over one's own health. In the curriculum of Holistic Nutrition Lab, her online school for practitioners, Andrea teaches the science and art of the functional nutrition practice through the lens of where food meets physiology.

Within her own clinic, Andrea and her team of nutritionists work with the chronic ailments most providers pass over, and she is regularly consulted as the nutrition expert for the toughest clinical cases in the practices of world-renowned doctors.



3:30 - 5:00 P.M. Introduction to Nutrigenomics for the Integrative Oral Systemic Practitioner by Kaye McArthur, DDS & Robert Walker, DC

#### **Course Description**

Access to our own genetic data has never been easier. With public driving the demand for integrative practitioners to be fully informed in this new exciting "genomics" and personalized healthcare era we need to know what is going on in this developing area.

#### **Learning Objectives**

- 1. Learn how one goes about genetic testing themselves or their patients.
- 2. Learn about some of the Internet apps or programs now available for interpretation of raw genetic data.
- 3. Learn Physiology and Biochemistry in a fun and relevant way, and go over some important pathways and areas that have common SNPs (genetic differences) in them.
- 4. Learn nutritional support for common problems in genomic pathways and the oral systemic practice.

#### **Speaker Bios**

**Dr. Kaye McArthur** practiced Integrative and Cosmetic Dentistry for 20 years before retiring from clinical practice to pursue her passion in functional medicine and education.

She is a Diplomate, Advanced Fellow and Board Certified in Anti-Aging, Functional and Metabolic Medicine. She is certified in Advanced Metabolic Cardiology and is working towards completing her Fellowship in Integrative Cancer.

As a dentist she challenged many occlusal dogmas and created new paradigms in diagnosis and treatment of Cranio Facial Occlusion distortions and their impact on the structure and function of the TMJ, airway and the rest of the body.

She developed the Exceptional Dental and the Exceptional Health Course series, that are now taught to global audiences and maintains the Exceptional Dental Forum and the International Academy of Functional Health Forum (IAFH) for graduates of these programs.

In 1987, **Dr. Robert Walker** graduated from Chiropractic College in the USA. While in Chiropractic school, Dr. Walker also studied various Cranial manipulation techniques and visceral treatment approaches.

To this knowledge, he added his previous extensive background in Biology, Physiology, Biochemistry, Toxicology, Nutrition and Physiological Psychology.

Since 1987, Dr. Walker has been developing and teaching Chirodontics<sup>™</sup> to a global audience. He teaches a multidisciplinary approach to health, head pain and TMD, utilizing chiropractic, dental orthopaedics, cosmetic dentistry, nutrition and cranial orthopedic manipulation techniques. Robert Walker DC is an internationally known clinician and teacher.

Dr Walker has built some of the most important intellectual bridges of the 20th century in the understanding of the human body. He has explored its interactive nature and developed a system of treatment involving these areas of body mechanics, dental orthopaedics and clinical nutrition.

# EVERITS PERSENTER 16

A CARLENS SALES



8:00 - 9:30 A.M. Gasping for Life: Understanding the Airway Patency in Normal Development by Mark Cannon, DDS, MS

#### **Course Description**

All published research reaffirms the great importance of airway patency for the normal development of the child. This basic research that prompts early intervention will be explored, along with a description of clinical techniques, including but not limited to appliance therapy, in treating oral and airway issues. Most importantly, the effect of the airway on the microbiome, neurological development, and systemic health (and their inter-relationships) will be discussed. Special clinical cases will be presented, especially concerning young patients with systemic disease.

#### **Learning Objectives**

- 1. Learn techniques and tests for diagnosing airway complications in the young patient, as well as treatment modalities and referrals for treatment.
- 2. Understand microbiome changes, and the causes and medical implications of not treating
- 3. Learn about the use of polyols to manage airway infections and congestion and get an overview of current research.

#### **Speaker Bio**

Dr. Mark L. Cannon received his Doctorate of Dental Surgery from the University of Nebraska, then attended Northwestern University for his Masters of Pediatric Dentistry. He completed his residency at Children's Memorial Hospital and received his Diplomate status by the American Board of Pediatric Dentistry.

After completing his hospital residency and obtaining his Masters in the specialty of Pediatric Dentistry, Dr. Cannon was asked to stay as a Faculty member of Northwestern University Dental School. He has kept up his teaching as clinical Associate Professor of the Feinberg School of Medicine, and is the Research Coordinator for the Pediatric Dental Program at the Ann and Robert Lurie Children's Hospital of Chicago.



10:00 - 11:00 A.M. **The Cochran Experience: Learn Techniques for Personal Balance and Stress Reduction** *by Rick Siegel, DDS* 

#### **Course Description**

Heart Math's mission is to demonstrate to people that harnessing the intelligence of the heart can lead them away from the destructive cycles of stress and strife. The HeartMath® System, which entails practical, heart-based tools and technologies that people of all ages and walks of life can use to enhance health, performance and well-being. The HeartMath Institute empowers individuals, families, groups and organizations to enhance their life experiences using tools that enable them to better recognize and access their intuitive insight and heart intelligence.

#### **Learning Objectives**

- 1. Increase personal resilience and energy levels
- 2. Leverage your ability to think clearly under pressure and discern appropriate solutions to problems
- 3. Diminish symptoms of personal and professional stress, such as confusion, fatigue, and sleep disturbance
- 4. Increase ability to maintain situational awareness
- 5. Improve reaction times and coordination

#### Speaker Bio

Dr. Rick Siegel graduated from the College of Wooster in 1981 with a Bachelor's Degree in Psychology. Since then, he has become a Certified Heartmath Practitioner as well as a Certified Heartmath Trainer, focusing on resilience-building and stress reduction.

In 1985, Dr. Siegel graduated from The Ohio State University College of Dentistry. He is an accredited member and Trainer with the American Academy of Facial Esthetics, Academy of General Dentistry, and the American Academy of Dental Sleep Medicine, as well as a Fellow Member of the International Congress of Oral Implantology. He has extensive continuing education in full mouth reconstruction, laser dentistry, dental implants, cosmetic dentistry, Botox and dermal fillers, and spends a significant amount of his time treating patients with TMD and orofacial pain.



1:30 - 2:30 P.M. Diet, Gene Expression and the Microbiome: Thoughts on How to Avoid Digging our Graves with our Teeth

by Mark Bartlett, PhD

#### **Course Description**

A new buzzword in the field of functional medicine these days is the "microbiome." This course will introduce the concept of optimal health being directed by a healthy microbiome. Recent science on the impact of diet and phytochemicals on the microbiome, and the systemic effects of the microbiome on health, disease and aging will be explored.

#### **Learning Objectives**

- 1. To review the basics of genomics including genetic variation and polymorphisms, transcriptomics including gene expression and epigenetics, as well as proteomics vs metabolomics.
- 2. To explore the impact of diet, especially with regard to certain phytochemicals, on gene expression in the context of healthy aging
- 3. To review recent science on the impact of diet and phytochemicals on the microbiome, and the systemic effects of the microbiome on health, disease and aging.

#### Speaker Bio

Dr. Mark Bartlett has degrees in biochemistry and organic chemistry from the Australian National University and a Ph.D. in immunology and cell biology from the John Curtin School of Medical Research in Canberra, Australia. He conducted research on cardiovascular disease with an emphasis on the role of reactive oxygen species and free radicals. He also studied the role of blood platelets in heart disease and helped publish the first scientific report of a biochemical link between cigarette smoking and atherosclerosis.

Dr. Bartlett became interested in autoimmune inflammatory diseases and examined many plant-derived substances for their ability to inhibit graft rejection, cancer metastasis, and autoimmune disease.

Dr. Bartlett was a visiting scientist at the National Institutes of Health, National Cancer Institute. He is currently the vice president of global research and development for Pharmanex.



2:30 - 3:30 P.M. Nutritional Ketosis: Applications for Enhancing Metabolic Biomarkers of Health and Longevity by Dominic D'Agostino, PhD

#### **Course Description**

The presentation will focus on past and present research on nutritional ketosis, and how we can harness this physiological state to improve neurological health, biomarkers of metabolic health and stress resilience. The presentation will emphasize how nutritional ketosis alters metabolic physiology and how ketones beta hydroxybutyrate and acetoacetate influence cellular bioenergetics and confer protection through specific signaling pathways associated with enhancement of endogenous antioxidant function and suppression of inflammation.

#### **Learning Objectives**

- 1. Overview of the metabolic physiology associated with nutritional ketosis, including discussion of the cellular and molecular mechanism of ketones functioning as alternative energy substrates and endogenous signaling molecules.
- 2. Practical implementation of nutritional ketosis through manipulation of macronutrient ratios, food sources, meal timing and support supplements.
- **3.** Discussion of the best way to assess or validate success with nutritional ketosis through blood biomarkers and strategies for optimizing a personalized approach.

#### Speaker Bio

Dr. Dominic D'Agostino is an Associate Professor in the Department of Molecular Pharmacology and Physiology at the University of South Florida Morsani College of Medicine. He is also a Visiting Senior Research Scientist at the Institute for Human and Machine Cognition (IHMC). His laboratory develops and tests nutritional strategies and metabolic-based supplements for neurological disorders, cancer and conditions associated with acute and chronic inflammation. His research is supported by the Office of Naval Research (ONR), Department of Defense (DoD), private organizations and foundations.



#### 4:15 - 5:00 P.M. **Partnership Is the New Leadership** *Ty Bennett, CSP*

#### **Course Description**

Over the last five years a survey of more than 5,000 leaders asked one question ...what do you want from your people?

The answer was consistently ...commitment.

What builds commitment is the leader's approach to building relationships, providing value, creating buy-in and communicating with influence.

Using case studies of leaders and organizations whose culture and growth is built through partnership-based leadership, Ty Bennett's talks share proven strategies and techniques to increase the leadership and overall commitment of your people.

#### **Learning Objectives**

- 1. Specific ways to provide value that creates influence
- 2. How to Create Buy-in "People support what they help create"
- 3. Keys to building relationships that last
- 4. Why motivation is important but it's overrated
- 5. The three biggest obstacles that cause leaders to fail

#### **Speaker Bio**

When Ty was 21 years old, he and his brother Scott started a business in direct sales, which they built to over \$20 million in annual revenue while still in their twenties. Since that time, he has developed over 500 sales managers globally with sales and leadership in 37 countries. As a young entrepreneur, Ty went on to found Leadership Inc. – a speaking and training company with a mission to empower individuals and organizations.

With a natural ability to engage and empower others, Ty draws on his experience in the trenches to share real and tangible techniques about the principles of leadership that continue to create his success.



#### **Member Resources Library**



The Members Resources Library contains graphics, patient education tools, outreach materials, and an "Oral-Systemic Health 101" video presentation you can use to educate your team. Use these materials to expand awareness of the oral-systemic connection to your patients, your referring physicians, and your entire community.

To access the Member Resources Library, log into your account at:

www.AAOSH.org

# MORKSHOP SPEAKERS

SUNDAY, SEPTEMBER 1



#### **Course Description**

Through lecture and demonstrations, participants will receive a comprehensive overview of the uses of ozone in its many forms in dentistry: treating, reversing and preventing caries, managing periodontal disease, desensitizing teeth, tooth whitening, managing lesions, salvaging failing implants, improving aesthetics and more. Attendees will also walk away with a good understanding of the current medico-legal status for dentists using ozone technologies.

#### **Learning Objectives**

- 1. Through lecture and demonstrations participants will receive a comprehensive overview of the uses of ozone in its many forms in dentistry: treating, reversing and preventing caries, managing perio, desensitizing teeth, bleaching, managing lesions, salvaging failing implants, cosmetics, etc. The presentation will also examine the current medicolegal status for dentists using ozone technologies
- 2. Participants will receive samples of ozonated oils and be prepared to safely apply them on returning to their practices.
- 3. Participants will receive adequate information to allow them to decide if they wish to pursue further learning and acquisition of ozone technologies.

#### **Speaker Bio**

Bill is a founder of the American Academy for Oral Systemic Health and the producer of the website ZT4BG.com. He founded the International Association of Ozone in Healthcare.

Over the last decade, Bill has taught many courses in the US and overseas looking at practical applications of ozone in many areas of dentistry and medicine.

He is the dental advisor to a Sjogren's Syndrome group and Director of the Inland Institute of Aesthetic Dentistry. Dr. Domb sits on the faculty of local dental and medical schools and has chaired the Council on Dental Health for the California Dental Association.



8:30 - 11:30 A.M. **The Sugar Show**  *by Shirley Gutkowski, RDH, BSDH and John Peldyak, DMD* 

#### **Course Description**

Can you spell erythritol or xylitol or how about monk fruit? This fun and informative course will help you discover ways to guide your patients to the sugar intake standards of the World Health Organization of only 5% of the total diet. Sweetness is an innate drive, people need sweet; sweetness was an indicator for our Paleo ancestors to know something was safe to eat. How did we get to the point where the average American consumes nearly 20% of their daily calories from sugar? What are the safe sugar alternatives and how do they work in the body?

#### **Learning Objectives**

- 1. Relate the history of sugar in the USA
- 2. Examine current ways to reduce sucrose intake in the American diet
- 3. Contrast the benefits of novel sweeteners
- 4. Recommend sweeter alternatives that benefit the palate and human physiology

#### Speaker Bio

**Shirley Gutkowski, RDH, BSDH** is the owner of Cross Link Presentations which increases awareness of the integration between oral and systemic health to consumers, dental and medical practitioners. Her startup, Primal Air, is an airway business in which she sees clients with airway disorders. In addition, she trains dentists and dental hygienists to include OMT evaluations into their service mix.

**Dr. John Peldyak** received his DMD from Southern Illinois University in 1980. He was a member of the University of Michigan research group that investigated the dental effects of sugar substitutes. Dr. Peldyak is the author of Sweet Smart and several xylitol related articles. He is a member of the American Association of Candy Technologists and helps design oral care products. Dr. Peldyak has been in private general practice and currently works with Mobile Dentists.

Shirley and John co-host The Sugar Show on Cross Link Radio.



8:30 - 11:30 A.M.

The Bale Doneen Method and Clinical Application of This Precision and Multidisciplinary Approach for Arterial Wellness

by Bradley Bale, MD & Amy Doneen, DNP, ARNP, PhD

#### **Learning Objectives**

#### Part One: Are you and or your patients at risk for arterial disease?

- 1. Enumerate statistics showing cardiovascular disease (CVD) is a devastating healthcare issue.
- 2. Recognize the plethora of health issues associated with increased CV risk.
- 3. Analyze your own potential risk for CVD.

#### Part Two: Basics of the Bale/Doneen Method- A Guarantee for Arterial Wellness

- 1. Describe to a patient what causes the obstruction of blood flow in most CV events.
- 2. Analyze the value of determining CV event risk based on the presence of atherosclerosis.
- 3. Comprehend inflammation as causal of arterial disease.

#### Part 3: The Oral-Systemic Connection to Arterial Wellness

- 1. Appreciate defining periodontal disease (PD) with both clinical signs and pathogen burden.
- 2. Enumerate the multiple ways in which PD can drive arterial inflammation.
- 3. Recognize that high risk PD pathogens are causal of arterial disease.

#### **Speaker Bios**

**Amy L Doneen, DNP** co-founded the Bale/Doneen Method and the Heart Attack & Stroke Prevention Center. She is a principal instructor in the Bale/Doneen Method, training other medical, dental and healthcare providers across the country. She is the owner and medical director of the sought-after private clinical practice in Spokane, Washington; The Heart Attack & Stroke Prevention Center, which serves patients from all over the world. Dr. Doneen is one of the nation's leading specialists in preventing heart attacks, stroke and diabetes. She is co-author of the bestselling book, *Beat the Heart Attack Gene*.

Dr. Doneen is cofounder of the Bale/Doneen Method international preceptorship program, an accredited continuing medical education (CME) course teaching health care providers advanced techniques to detect—and reverse—CVD before the patient suffers a heart attack or stroke.

For the last 16 years, Dr. Doneen has been recognized as an international leader in the prevention of heart attacks, strokes and type 2 diabetes. She continues to pave the way for other nurse practitioners and lectures to all audiences, including cardiology, dentistry, internal medicine, family practice, nursing and functional medicine.

**Bradley Bale, M.D.** is an Adjunct Professor at Texas Tech Health Science Center, Medical Director of the Heart Health Program at Grace Clinic, Lubbock, Texas and runs a private practice in Gallatin, TN. Dr. Bradley Bale is one of the nation's leading specialists in preventing heart attacks, stroke and diabetes. Since 2001, he's given numerous presentations to medical and dental groups in the US and abroad.

Convinced that standard of care wasn't doing enough to identify early stages of CVD and avert recurrences in heart attack and stroke survivors, he cofounded the Bale/Doneen Method with Amy Doneen in 2001. Four years ago, this personalized approach of CV risk assessment and management evolved to an effectiveness level sufficient enough to allow them to attach a 'guarantee' to their clinical practices.

Their research on CVD prevention has been published in such respected medical journals as Atherosclerosis, Post Graduate Medicine, Journal of the National Medical Association, Journal of Clinical Lipidology, Physician's Weekly, Alternative Therapies in Health and Medicine, International Journal of Clinical and Experimental Cardiology, Archives of Medical Science, Journal of Cardiovascular Nursing and ADVANCE for Healthy Aging. Dr. Bale coauthored the bestselling book, *Beat the Heart Attack Gene*.



8:00 - 12:00 P.M. **The Art of Advanced Oral-Systemic Treatment Planning**  *by Liz Lundry, RDH; Karen Davis, RDH, BSDH; Annie Harris, RDH; Cris Duval, RDH* 

#### **Course Description**

Oral Systemic treatment planning includes considerations beyond calculus removal and biofilm disruption for nonsurgical therapy. Walk away from this program with a heightened awareness of how oral health influences total health and a game plan to include bioindividuality into treatment planning. We know the host influences disease initiation and risk for future disease. This program highlights technologies, protocols and lifestyle management instrumental in achieving perfect tissue health and promoting bone repair. Hear from clinicians that are practicing interdisciplinary healthcare and collaboration to achieve disease remission and whole body health. Participants will have the opportunity for hands-on experience with some of the highlighted technologies including the phase contrast microscope, biophotonic scanner, diode lasers, cold lasers, subgingival air polisher and more!

#### **Learning Objectives**

- 1. Principles, protocols, and technologies to manage biofilm differently and enhance the science of healing
- 2. How and when to incorporate molecular testing, lasers, microscopes and ozone therapy to alter outcomes
- 3. Nutritional and lifestyle alternations that are critical to support effective healing and immune function

#### **Speaker Bios**

#### Liz Lundry, RDH

Liz Lundry has been a practicing Dental Hygienist since 1979 when she graduated from Foothill College in Los Altos, California. She has been an in-office trainer since 1988 and earned her Laser Certification in 2000. As a consultant, Liz works with dental practices all over North America through the JP Institute, providing hands-on technology training including lasers and ultrasonics, integration of nutrition, customized in-office coaching and rigorous post-graduate seminars and workshops. She is a published author, and a veteran clinician.

#### Karen Davis, RDH, BSDH

Karen Davis, RDH, BSDH is founder of Cutting Edge Concepts® She is an international speaker and practices dental hygiene in Dallas, Texas. She has served on numerous advisory boards and is considered a key opinion leader to many dental corporations. Dentistry Today has recognized Karen as a "Top Clinician in Continuing Education" consecutively since 2006. Karen serves on the Corporate Council of Dimensions of Dental Hygiene. She is a member of the American Academy of Oral Systemic Health and the American Dental Hygienist's Association.

#### Cris Duval, RDH

Patient health advocate and wellness coach Cris Duval, RDH, has spent more than four decades chairside. Her contributions to patient-centered dental hygiene have been recognized with many honors and awards. A sought-after speaker, Cris has taught master classes and presented in locations from Las Vegas to Chicago to Cuba. Northwest regional coordinator for the Oral Cancer Foundation, Cris is also a founding board member of the International Association of Ozone in Healthcare and Dentistry and a Specialty Hygiene Coach and guest speaker for the Richardson Group.

#### Annie Harris, RDHMP, BS

Annie-Laurie Harris is a graduate of Old Dominion University in Norfolk, VA. She received her Bachelor of Science in Dental Hygiene in 1996. She has been in clinical practice for 17 years. She is currently the lead hygienist and is responsible for the full implementation and continuing refinement of the JP Institute's Mastership program curriculum. Annie's infectious personality continues to inspire peers, colleagues and most importantly her patients in achieving optimal health.



8:30 - 11:30 A.M. **Making Prevention Possible: Do good while doing well** *by Gary Kadi* 

#### **Course Description**

No margin equals no mission. You believe in, and have been practicing, oral systemic health and now it's time to get your team and patients on board. Having your practice set up to consistently educate your patients on something so intangible and preventive is a common challenge that many oral system practitioners face. Elevating dentistry and collaborate with medical doctors has been an ongoing challenge as well. Learn how to get your team and patients on board and partner with medical doctors.

#### **Learning Objectives**

- 1. Eliminate the burden of the business side of your practice so you can focus on the patient
- 2. Gamify running your practice so that you and your team have fun while making a difference
- 3. Install the Behavior Dash(tm) so that you can proactively locate practice inefficiency
- 4. Find out how DENTflix can train your team while you treat patients
- 5. Turn your practice into a socially conscious entity that transforms your community and attracts the ideal, health conscious patient

#### Speaker Bio

Gary Kadi is a pioneer in leading the Oral Systemic Health Movement. His ground breaking documentary Say Ahh... is a go-to educational source for dental and medical practices, and hygiene, nursing, medical and dental schools.

His mission is to have the public equate dentistry with overall health and for dentists and their teams to be a vital component of sustainable health and longevity. His trainings, educational workshops, and annual implementation coaching programs provide dental and medical teams a systematic process for team engagement and patient treatment acceptance.

#### AAOSH Scientific Session Mobile Application



Access the full agenda, speaker details, and hotel information from your mobile device.

To utilize the Encore mobile application, go to https://cumulus.encore-us.com/ and enter event ID: 1065-5135

# Why every ORAL PROCEDURE should start with a NASAL PROCEDURE

#### Help patients breathe easier before every oral procedure.

When patients can breathe deeply through their nose, everyone has a better experience. A quick dose of Xlear® Nasal Spray two minutes before a dental procedure will help open your patient's sinuses, making it easier for them to breathe through their nose. There will be less tongue wrestling, less aspiration of saliva, fewer foggy mirrors, and conscious sedation will be more effective. Xlear is a saline spray with xylitol, which effectively opens up the airway without the use of steroids. It is non-habit forming, non-addictive and safe for all ages. Xlear is a safe and natural way to improve procedures for your patients, and yourself.



Try it with your patients GET 50 FREE SAMPLE BOTTLES at www.xlear.com/aaosh-xlear







#### Who Will Be Named 2017...

#### AAOSH ORAL SYSTEMIC HEALTH CHAMPION?

During the Scientific Session, we are holding a very special competition. Enter by participating in six medical screening tests we have set up on site. These tests are currently used and recommended by our members with their patients. They screen state of health by looking for serious disease, as well as identifying early risk.

- ✓ CIMT
- ✓ OralDNA Salivary Diagnostics
- ✓ Oral Cancer Screenings
- ✓ A1C/CRP (Heart Smart)
- ✓ Biophotonic Antioxidant Scan

We have arranged for the lowest possible fees to take these tests. Complete all six screenings and you may be named this year's AAOSH Oral Systemic Champion! enter to win free registration to the aaosh 2018 event in las vegas, worth more than \$1,300!

2016 AAOSH Health Champion Dr. Nirvana Leix

<image><image>

#### **STOP! - Please Read**

IN TECHNOLOGIES

Your Profile is How Referrals Happen

The AAOSH website member profile database is how the AAOSH team and public find you. If your profile isn't filled out – you may be missing out on quality leads. We frequently receive referral requests we cannot fill because the location and service information is missing.

### **VERIFICATION OF ATTENDANCE**

#### **CE Version (Dental)**

Participant's Name: (*Please Print*): \_\_\_\_\_

AGD #: \_\_\_\_\_ (*Drs. only*) License #: \_\_\_\_\_

E-mail:

#### Course Title: AAOSH 7th Annual Scientific Session

*Integrative Dental Medicine.... Reuniting The Mouth With The Body* September 15-17, 2017 Marriott downtown Salt Lake City

#### **INSTRUCTIONS:**

Presentation codes will be announced at the end of each presentation. Enter presentation code numbers to the right to verify your attendance at the presentations. **This is your copy to keep as verification of your attendance at this session. You do not need to mail or send in anything unless requested to show proof of attendance by an organization.** 

Total CE hours claimed: \_\_\_\_\_\_ (add up your total hours)

Authorized AAOSH Signature:

Allit C Wilherron Mit

**AAOSH** President



Approved PACE Program F FAGD/MAGD Credit Approval does not imply a a state or provincial boarc or AGD endorsement 7/1/2016 to 6/30/2019 Provider ID#354219

d PACE Program Provider AGD Credit	
I does not imply acceptance by r provincial board of dentistry	

Friday, September 15	Code
Mark Rosenberg, MD	
Ronald McGlennen, MD	
Chris Farrugia, DDS	
Andrea Nakayama, CN	
Kaye McArthur, DDS & Robert Walker, DC	

Saturday, September 16	Code
Mark Cannon, DDS, MS	
Rick Siegel, DDS	
Mark Bartlett, PhD	
Dominic D'Agostino, PhD	
Ty Bennett, CSP	

Sunday, September 17	Code
Bill Domb, DMD	
Bradley Bale, MD Amy Doneen, DNP, ARNP, PhD	
Shirley Gutkowski, RDH, BSDH John Peldyak, DMD	
Gary Kadi	
Liz Lundry, RDH Karen Davis, RDH, BSDH Annie Harris, RDH Cris Duval, RDH	

### **VERIFICATION OF ATTENDANCE**

#### **CME Version (Medical Level 1 Courses)**

Participant's Name: (*Please Print*): \_\_\_\_\_\_

E-mail:

Course Title: **AAOSH 7th Annual Scientific Session** Integrative Dental Medicine.... Reuniting The Mouth With The Body September 15-17, 2017 Marriott downtown Salt Lake City

#### **INSTRUCTIONS:**

Presentation codes will be announced at the end of each presentation. Enter presentation code numbers to the right to verify your attendance at the presentations. **This is your copy to keep as verification of your attendance at this session. You do not need to mail or send in anything unless requested to show proof of attendance by an organization.** 

Total CME hours claimed: \_\_\_\_\_\_ (add up your total hours)

Authorized AAOSH Signature:

Allit C Wilherron Onio

**AAOSH** President





Approved PACE Program Provider FAGD/MAGD Credit Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement 407 7/1/2016 to 6/30/2019 Provider ID#354219

Friday, September 15	Code
Mark Rosenberg, MD	
Ronald McGlennen, MD	
Chris Farrugia, DDS	
Andrea Nakayama, CN	
Kaye McArthur, DDS & Robert Walker, DC	

Saturday, September 16	Code
Mark Cannon, DDS, MS	
Rick Siegel, DDS	
Mark Bartlett, PhD	
Dominic D'Agostino, PhD	
Ty Bennett, CSP	

Sunday, September 17	Code
Bill Domb, DMD	
Bradley Bale, MD Amy Doneen, DNP, ARNP, PhD	
Shirley Gutkowski, RDH, BSDH John Peldyak, DMD	
Gary Kadi	
Liz Lundry, RDH Karen Davis, RDH, BSDH Annie Harris, RDH Cris Duval, RDH	

### **Introducing Total Health University**

#### We Ought to be Appalled!

During the last thirty years most of our drugs have been profitably developed to merely treat the symptoms of our all-too-common systemic diseases, rather than prevent or cure them. With doctors as distributors, pharmaceutical companies are wealthy on the backs of our illness.

Have we all been brainwashed to think taking pills that mask symptoms substitute for making vital lifestyle changes? Remember that every drug goes to every cell in our bodies, and disease occurs at the cellular level. The long-term consequences keep us sliding downhill.



Traditional dentistry is similar. Restorative and periodontal "treatments" merely cover the defects caused by underlying oral disease, usually tied to systemic and lifestyle-related causes.

Our beginning challenges are to learn the causes of oral diseases and how they impact systemic disease. Advancing from there, we must learn to recognize the most serious systemic diseases by what shows up in the mouth!

Today, about 20% of Americans are looking for something better than traditional disease care. But there are only a handful of Total Health Dentists to meet the growing demand.

Shifting to Total Health Dentistry helps our patients and our practices. Imagine attracting health-valuing patients who eagerly invest in their health, building a robust physician referral program, and even unloading those draining PPO and insurance plans that dictate your care.

Are you ready? Total Health University (THU) is a comprehensive 18-24 month on-line learning platform that will transform your practice into a Certified Total Health Dental Practice serving patients from infancy to elderly. It will energize your team and create enthusiastic buy-in. Plus, there's no need to get your team on airplanes or in hotels, since everything is at your fingertips.

THU includes 32 modules of on-line learning, testing, a file vault with all necessary forms, screening tools, patient support materials, certification and a marketing strategy for new brand recognition. Total Health University is exclusively distributed through Henry Schein and is endorsed by AAOSH. Your CE credits can be used toward becoming a distinguished AAOSH Fellow.

Don't wait to revolutionize your practice! The early adopters of Total Health University will scoop up the most health-seeking patients! Visit us at our Salt Lake City AAOSH booth.





Become a Certified Total Health Practice with the first and only education program backed by world leader in business solutions, Henry Schein Dental.

# 50% OFF FOR THE FIRST 20 AAOSH MEMBERS

Become the "go to" for total health and wellness in your community by visiting **www.totalhealthu.com** for more information.





WORLD LEADERS IN PROACTIVE HEALTHCARE COLLABORATION

www.AAOSH.org