Community Safety Net

United Way fights unexpected challenges by providing to non-profit programs for emergency shelter and food access.









WE NEED YOU TO JOIN THE FIGHT.

GIVE.

- Text UWHELPS to 85511 to make a donation
- Make a donation at www.unitedwayhelps.org
- Give your time by volunteering at our Volunteer Action Center

ADVOCATE.

- Use your voice to shine a light on community solutions
- Spread awareness by sharing our 211 helpline with someone who may need help
- To become a part of a long term solution make a planned gift to United Way

VOLUNTEER.

- Organize a DIY Volunteering project with your friends & family
- Participate in Day of Caring
- Host a basic needs drive to support our United Way Neighborhood Resource Centers

United Way of Central Minnesota



GET CONNECTED. GET HELP.



ZII is operated and funded, in part, by your local United Way. Ensuring every person has access to this critical resource exemplifies United Way's fight for the health, education and financial stability of every person in Central Minnesota. By connecting people in need with the best resources available to them, 211 helps make the social services system more efficient and effective so resources can go further.

Through 211, clients can access free and confidential crisis and emergency counseling, disaster assistance, food, health care and insurance assistance, stable housing and utilities payment assistance, employment services, veteran services and childcare and family services. No matter the situation, the specialists at 211 listen, identify underlying problems, and connect people in need with community resources and services that improve their lives.



In times of crisis, it's easy to feel like you don't know where to start.



Contact 211 to learn about the following services:

- Food and housing support
- Mental health and substance abuse resources
- Legal assistance
- Public benefits (WIC/SNAP)
- Medical and dental clinics
- Job training opportunities
- Household items
- Transportation to medical appointments
- Aging and disability services

- Home meal delivery
- Family counseling
- Parenting resources
- School supplies
- English literacy
- Tutoring/mentoring
 - Higher education/FAFSA/GED information

...and so much more