

## QUALITY OUT OF SCHOOL TIME EARLY LEARNING/EARLY LITERACY SPEED VOLUNTEERING OPPORTUNITY

Grab a backpack or bag and make an Anti-Boredom Backpack. You choose what fun activities go in it. When you're finished, bring it to The Salvation Army, Anna Marie's Alliance, Catholic Charities, Boys and Girls Club or Big Brothers Big Sisters.

### Supplies, Instructions and Reflection

#### Supplies

- Backpack or bag
- Books
- Coloring/Activity books and crayons
- Art supplies
- Board games
- Stickers
- Simple sports equipment
- Small toys or stuffed animals

#### Instructions

1. Collect or buy the necessary supplies. Make sure the activities are age appropriate. You choose what activities and items to include. You can even choose a theme (sports, animals, etc.)
2. Fill the backpack with the supplies and label with the child's age.
3. If you'd like, add a note to the child who will receive the backpack.

#### Reflection

1. What games, toys, and activities did you love playing with as a child? How would your childhood have been different if you didn't have them?
2. How did making this Anti-Boredom Backpack impact your life? How will it impact the child you help?

#### Why Anti-Boredom Backpacks?

Play is one of the most important jobs children have. You can make sure that a child in your community has the opportunity to read, create, and just have fun by donating an Anti-Boredom Backpack.

**On average, children spend 80% of their waking hours outside of school.**

Let's give our kids the chance to use their time outside of school to keep learning, growing, and having fun. Embrace your inner child and help another one while doing a fun activity!