

## HOMELESSNESS • FINANCIAL STABILITY SPEED VOLUNTEERING OPPORTUNITY

Package some basic house supplies for local families moving out of shelters and into permanent housing. Bring your packed laundry basket to Anna Marie's, Catholic Charities, The Salvation Army and Place of Hope.

### Supplies, Instructions and Reflection

#### Supplies

- Laundry basket
- Bath towels
- Hand towels
- Washcloths
- Laundry soap
- Paper towels
- Antibacterial wipes
- Toilet paper
- Hand soap
- Dish soap
- Laundry gift cards

#### Instructions

1. Buy or collect a laundry basket and new supplies.
2. Fill your laundry basket with the supplies. If you'd like, include an encouraging note.

#### Reflection

1. What are some challenges that come with moving to a new place?
2. How did making this laundry basket impact your life? How will it impact the family you help?

#### Why Baskets of Hope?

**On any given night in Central Minnesota at least 15 families are looking for a place to sleep and are turned away from local shelters because they are full.**

No shelter is a permanent living situation for local families. When families are ready to move out of shelters and into permanent housing, they need basic household supplies to get them started.

By providing a local family with some of those supplies, you are making that transition a little easier and supporting their self-sufficiency. Besides, everyone appreciates a house-warming present!