



**MidHudson  
Regional Hospital**

Westchester Medical Center Health Network

# COVID Companion

**COVID Companion is a free, self-contained chatbot available to all community members.** It shares local public health resources, educational tips, and recommendations from the CDC about COVID-19—regardless of infection status.

**Get COVID Companion Now**

Text **MHRH** to **67634**  
or scan this QR code with  
your camera app

