

## Is it a Fit? Self-assessment

Once you are able to articulate your values, strengths and vulnerabilities, you can ask yourself how well your current career situation aligns with your personal brand. Assessing this will help you identify specific and actionable career goals to further bring your personal brand to life. Circle the number that best describes your level of agreement with each career fit question.

<b>Career Fit Questions</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	<b>disagree</b>				<b>agree</b>
My strengths are consistently utilized.	1	2	3	4	5
The people I most regularly interact with share similar values to my own.	1	2	3	4	5
The people I most regularly interact with value my strengths.	1	2	3	4	5
The work I'm doing is what I was hired to do.	1	2	3	4	5
My manager has my best interest at heart.	1	2	3	4	5
I'm confident I have what it takes to be successful in my current role.	1	2	3	4	5
If I lack a skill or information needed to grow in my current role, I have access to resources to learn it.	1	2	3	4	5
My job is interesting to me and I enjoy the work I do.	1	2	3	4	5
My stress level is normal and doesn't cause problems in other areas of my life.	1	2	3	4	5
If I have a problem, my manager handles it in a professional manner.	1	2	3	4	5
There are formal and informal development activities I can take participate in.	1	2	3	4	5
There are other job opportunities in my organization.	1	2	3	4	5
I'm compensated at market level for the work I do.	1	2	3	4	5

### Insights

Review all items you rated as a 3 or below. What insights do you have about these responses? Are there any trends? Are these items that you can improve in your current role? Or, is it time to move on? If so, what actions can you take to do so?