



### DINNERS

All lunches and dinners available after 11:00 a.m.  
Each is served with mashed potatoes and gravy or choice of potato, vegetable and Homemade bread and butter.  
Choose one: Cup of Key's soup, cole slaw, garden salad or a caesar salad for 2.00  
"Best Home Cookin'... You'll swear you're back in Mom's kitchen when you take a bite of their hot turkey, roast beef or meatloaf dinners." - Minnesota Parent Magazine

**Oven Roasted Turkey Dinner**  
Nobody does it better! Voted "Best Turkey Dinner" by St. Paul Pioneer Press.  
Served with stuffing and cranberries...12.00

**Roast Beef Dinner**  
A healthy portion of that Sunday afternoon delight...12.00

**Keys Meat Loaf Dinner**  
The food you grew up with!...12.00

**Beef Liver Dinner**  
Grilled with fried onions and crispy bacon...12.00

**5 Chicken Fingers**  
French fries, cole slaw, garlic toast and B.B.Q. sauce.11.00

**Grilled Chopped Beef Dinner**  
One-half pound Certified Hereford Beef patty with sautéed onions and mushrooms. Served with broccoli...12.00

**Aged Petite Tender**  
A 7 oz. dry aged Tenderloin. Sautéed onions and mushrooms. Served with broccoli...14.00

**Walleye Pike**  
Minnesota walleye grilled, battered deep fried or almond crusted.  
Served with broccoli...14.95

**Grilled Salmon**  
Salmon seasoned and grilled to perfection. Served with broccoli...14.00

### PASTA

**Keys Fiesta Chicken**  
Served with red peppers, red onions, cilantro and chipotle sauce.  
Served over fettuccine...13.50

**Spaghetti**  
Served with Keys Marinara sauce, and garlic toast...10.95  
choice of meat...2.50

**Oven-Roasted Turkey**  
with mashed potatoes, gravy, stuffing & cranberries...11.50

### HOT SANDWICHES

**Roast Beef**  
with mashed potatoes and gravy...11.50

**Meat Loaf**  
with mashed potatoes and gravy...11.50

### SPECIALTY BURGERS

"A la carte"  
Served with a pickle spear, choice of potato chips or carrots & celery.  
Choose one: Cup of Keys soup, cole slaw, french fries, onion rings, tator tots, sweet potato fries, waffle fries, side salad or caesar salad for 2.00

**Dana Turkey Burger**  
Third-pound burger on grilled homemade bread with Swiss, provolone and grilled onion...8.75

**California Turkey Burger**  
Third-pound burger with lettuce, tomato and mayonnaise...8.75

\*Fresh Keys Ground Turkey with just the right mixture of celery, garlic and onion.

### CAFÉ BURGERS

**Keys' Burger Deluxe**  
Half pound grilled Certified Hereford Beef patty with American and provolone cheese, lettuce, tomato, mayonnaise and onion...11.95

**Dana Burger Deluxe**  
On grilled homemade bread with Swiss, provolone and grilled onion...10.75  
a la carte ... 7.95

**California Burger Deluxe**  
With lettuce, tomato and mayonnaise...10.00 w/cheese...10.50  
a la carte ...7.20 w/cheese...7.70

**Mushroom Swiss Burger Deluxe**  
Topped with Swiss cheese and mushrooms...10.75  
a la carte...7.95

**Cheeseburger Deluxe** ...10.00  
a la carte ...7.20

**Bacon Cheddar Burger Deluxe**  
Topped with cheddar cheese and bacon...11.00  
BBQ sauce on side. a la carte...8.20

**Southwestern Burger Deluxe**  
Cajun Style topped with grilled ham, onion rings and pepper jack...11.00  
BBQ sauce on side a la carte...8.20

**Deluxe...** 1/3 lb Certified Hereford Beef served with french fries or onion rings, pickle spear and Keys cole slaw.  
Upgrade a third pound burger to a half-pound burger for 1.50

### SIDE ORDERS

Steamed Broccoli & Cauliflower.....4.50  
Stuffing with Keys Gravy.....4.00  
Mashed Potatoes with Gravy.....4.00  
Gravy choices; turkey and beef.  
Keys Cole Slaw.....2.95

Small Fruit Cup...\$4.95 Bowl.....5.95  
Onion Rings.....6.50  
Tator Tots.....5.95  
Waffle Fries.....5.95  
French Fries.....5.95  
Sweet Potato Fries.....5.95

### BEVERAGES

Keys Café fresh ground "Breakfast Blend"  
Bottomless cup.....2.35  
Hot Tea regular and herbal .....2.45  
Iced Tea w/ lemon Free refills...2.45  
Hot Chocolate .....2.75



Shakes & Malts made with caramel, Hershey's chocolate, strawberry, banana, blueberry or raspberry..... 5.25  
Milk...2%, Skim or Chocolate small...2.10...large...2.60  
Juices..... Orange, Apple or tomato small...2.60...large...3.10  
Lemonade... 2.60

www.Keyscafe.com  
For Info & Locations

We accept

Gift Cards Available



### Keys Cafe Catering Services

Keys Cafe is proud to offer you "the food you grew up with" at home or at work.

We also offer a full dinner menu available for pick up or delivery.

Keys White Bear Catering .....651-426-2885  
contact Celine

Keys Spring Lake Park Catering...763-785-6004  
contact Sergio

Keys Forest Lake Catering..... 651-982-2929  
contact Noelle

You can also pick up Keys Cafe & Bakery  
Cookie Dough through  
Kowalski's



### Take Home Items

Bring some of Keys' favorites home with you.

Keys' Cookie Dough quart...\$6.95  
Soup selections in quarts.....\$9.50

Homemade Wheat or White Bread.....\$2.75  
Keys' Homemade Jelly ..8oz.....\$4.00



# Keys Café

## KEYS FOREST LAKE

### Takeout Menu



"the food you grew up with"

Keys Cafe was voted Best Breakfast, Best Value, Best Bakery and Best Comfort Food by Mpls/St.Paul Magazine Readership Poll.

Thank You for Choosing KEYS

www.keyscafe.com

### KEYS CAFE TWIN CITY LOCATIONS

Spring Lake Park  
8299 University Ave.  
Spring Lake Park, MN 55432  
Tel: 763-785-6004

White Bear Lake  
2208 4th St.  
White Bear Lake, MN 55110  
Tel: 651-426-2885

Forest Lake  
1960 West Broadway  
Forest Lake, MN 55025  
Tel:651-982-2929

Minneapolis  
114 South 9th St.  
Minneapolis, MN 55402  
Tel: 612-339-6399

Roseville  
1682 Lexington Avenue N.  
Roseville, MN 55113  
Tel: 651-487-5397

St. Paul on Robert St.  
500 N. Robert Street  
St. Paul, MN 55101  
Tel: 651-222-4083

St. Paul Original  
767 Raymond Avenue  
St. Paul, MN 55114  
Tel: 651-646-5756

Woodbury  
1750 Weir Drive  
Woodbury, MN 55125  
Tel: 651-731-5397

Hudson, Wi.  
840 Carmichael Rd.  
Hudson, Wi.  
Tel: 715-377-0004

## BREAKFAST

Generous helpings served all day and prepared with the finest, freshest ingredients... they are everything you've heard about!

### THE USUAL

Served with homemade wheat, white, rye, English muffin, sourdough or multi-grain toast and Keys jam. Gluten Free add 1.00  
Egg whites add \$.85 per egg

- No. 1 - Two fresh eggs, hash browns or American fries and toast ...7.75 with choice of meat ...10.55
- No. 2 - Two fresh eggs, beef Italian or corned beef hash and toast ...10.75
- No. 3 - Two fresh eggs. Choice of two cakes or French toast. ....7.75 cinnamon French toast ...8.25 (does not include toast) add choice of meat ...2.80
- No. 4 - Two fresh eggs and toast ...4.95 • with choice of meat ...7.75
- No. 5 - One fresh egg and toast ...4.00 • with choice of meat ...6.80



### ✧ SIGNATURE BREAKFASTS ✧

#### **Veggie Scrambler**

Two scrambled eggs mixed with hash browns, choice of 3 vegetables and choice of cheese...10.75 Includes toast and keys jam.  
With choice of meat ...13.25

#### **Potatoes, Etc.**

American fries or hash browns with vegetables, topped with cheddar and provolone cheese...10.50  
With choice of meat add...13.00

#### **Celine's Scrambler**

Two eggs scrambled with tomato, spinach, onion and provolone cheese. Served with fresh fruit and toast...10.95

#### **Biscuits & Gravy**

Two buttermilk biscuits smothered with homemade pork sausage gravy. Served with two eggs and hash browns...10.95

#### **Country Fried Steak**

Fried beef steak fritter smothered with homemade gravy. Served with two eggs, hash browns and toast...10.95

#### **Traditional**

Two basted eggs, grilled Canadian bacon on English muffin with hollandaise sauce.  
Served with hash browns...10.95

#### **Florentine**

Two basted eggs, tomato and steamed spinach on English muffin with hollandaise sauce.  
Served with fruit...11.50

### ✧ PANCAKES, WAFFLES, & FRENCH TOAST ✧

"Pancakes as big as manhole covers" Don Bonmeyer, St. Paul FOUNDER/OWNER

Add blueberry, raspberry, apple, peach or nuts for an additional 2.25. Fresh strawberry add 2.95  
Add ham, bacon, sausage, Keys Italian sausage or links for an additional 2.80.

**French Toast** made with homemade Keys bread dipped in egg batter. Topped with powdered sugar.

- One ...3.50 • Two ...5.25 • Three ...6.50
- One ...5.00 • Two ...7.00 • Three ...9.00

**Buttermilk Pancakes** Our scratch recipe

- One cake ...4.25 • Two cakes ...5.95
- One cake ...5.00 • Two cakes ...7.00

GF Gluten Free

### HOT CEREAL

All cereal includes toast and Keys jam. Add raisins or banana for a 1.00 more.

An "old reliable" on a cold day.  
Served with Brown Sugar and milk.  
Bowl ... \$5.50



### BREAKFAST SIDES

Keys Pecan Roll.....3.75	Toast or English Muffin w/jelly .....2.25	Hash Browns or American Fries.....3.75
Keys Cinnamon Roll.....3.50	Peanut Butter..... 75	with melted cheese.....4.95
Keys Caramel Roll.....3.50	Keys grilled Cinnamon Toast.....2.75	Fresh Fruit Cup.....4.95 Bowl.....5.95
Steak with mushrooms and onions.....9.00	Side of Keys Salsa(4 oz)..... 75	One Egg.....1.75
Ham, Bacon, Italian Sausage, Pork Sausage Patty or Links and Key Ground Turkey	Hollandaise or Country Gravy.....2.00	Two Eggs.....2.50
Patty.....4.25	Sausage Gravy or Loon Sauce.....2.25	

## ✧ OMELETS ✧

There are omelets, and then there are Keys Café omelets.  
For over thirty five years, the biggest and the best omelets in the area.  
Served with homemade wheat, white, rye, English muffin, sourdough or multi-grain toast and Keys Jam. Gluten Free add 1.00

- Egg whites add .85 per egg •

No substitution, please. It just wouldn't be the same!



**Keys Original** formally known as "the Everything"  
Barb Hunn created this one 40 years ago!

Three eggs with ham, bacon, Keys Italian sausage, broccoli, cauliflower, mushrooms, onions, green peppers, tomatoes, hash browns and cheddar cheese...12.75

### "You Build It"

Two eggs and your choice of any five Keys Original Omelet ingredients.  
Also available wild rice, spinach, turkey, sunflower seeds, jalapeño peppers, black olives, pork sausage, provolone, Swiss, American, aged white cheddar, feta and pepperjack cheese...10.95

### Loon

Two eggs with Minnesota wild rice, mushrooms, onions, tomatoes, provolone cheese. Smothered in a mushroom cream sauce...11.50

### Garden

Two eggs with broccoli, cauliflower, tomatoes, onions, mushrooms, green peppers, hash browns and cheddar cheese...10.95

### Spinach

Two eggs with spinach, bacon, tomatoes, onions, mushrooms, sunflower seeds and provolone cheese...10.95

### Mexican

Two eggs with sautéed green peppers, onions, tomatoes and cheddar cheese. Smothered in Keys Chili.  
Served with sour cream, chips and salsa...10.95

### Honey Smoked Salmon

Two eggs with honey smoked salmon, scallions and cream cheese. Served with fruit...11.50

### Greek

Two eggs with Gyro meat, onions, tomato, black olives and feta cheese. Served with Tzatziki sauce and hash browns...11.50



### 85th Street

Two eggs with Keys roasted turkey, broccoli, onions, hash browns and Swiss cheese...10.95

### Farmers'

"Harvest this one!" Two eggs with ham, onions, hash browns and cheddar cheese...9.95

### Cheese

Two eggs and choice of three cheeses.  
Cheddar, American, pepperjack, aged white cheddar, Swiss or provolone...7.50

Add 1.50 for one additional ingredient.

## KEYS SOUPS, CHILI, & SALAD

Made fresh every day in Our Kitchens

Try a bowl—you'll come back for more!

Cup of Keys Soup ...4.95

Served with bread and butter.



Cup of Keys Chili ...5.95

With cheese, and choice of bread or tortilla chips.

Bowl of Keys Soup ...5.95

Bowl of Keys Chili ...6.95

**Dinner Salad...4.75...With Roasted Turkey...7.00**

Mixed greens, tomatoes, cucumbers, onion, black olive and cheddar cheese.

**Side Caesar Salad...4.75...With Chicken Breast...7.00**

Romaine, croutons and Parmesan.

## ✧ ICE BOX SANDWICHES ✧

Served on our Keys white, wheat, rye or multi grain bread, lettuce, tomato and mayonnaise.  
Served with a pickle spear, choice of potato chips or carrots & celery.

Choose one: Cup of Keys soup, cole slaw, french fries, onion rings, tator tots, sweet potato fries, waffle fries, side salad or caesar salad for 2.00

**Keys Chicken Salad... 7.95**

**Keys deli-style Turkey Breast... 7.95**

**Deli-style Ham... 7.95**

**Keys Tuna Salad..... 7.95**

**Bacon, Lettuce & Tomato.... 7.95**

**Keys Egg Salad... 7.95**

**Deli beef..... 8.25**

### BEST DEAL COMBO

Keys Soup, sandwich or salad combo meal.  
Create your own meal by selecting two items from the choices below and get a Keys dessert to boot!.....10.95

1. Our famous Keys homemade soup served with crackers.
2. Sandwich choices: Any of Keys ice box sandwiches or grilled cheese.
3. Salad choices: dinner or caesar salad.

Any other grilled sandwich substitutions add \$1.00  
Substitute Keys Chili for soup add \$1.00



## SPECIALTY SANDWICHES

Served with a pickle spear, choice of potato chips or carrots & celery.  
Choose one: Cup of Keys soup, cole slaw, french fries, onion rings, tator tots, sweet potato fries, waffle fries, side salad or caesar salad for 2.00

### Grilled Chicken, marinated, plain or cajun

Served with lettuce and tomato...8.95

### B.B.Q. Chicken

Served with cheddar cheese, lettuce, tomato and bacon...10.00

### Monte Cristo topped with powdered sugar

Batter-dipped bread grilled with Swiss cheese, turkey and ham. Served with homemade jam...10.00

### Philly Cheese Steak

Thinly sliced beef sirloin steak grilled with onions, green peppers and mushrooms. Topped with melted provolone on our homemade bun... 10.00

### Grilled Reuben

Grilled Rye bread, corned beef, Swiss cheese, sauerkraut and Keys thousand island dressing.  
Served with cole slaw...9.95

### Grilled Rachael

Same as Reuben-only made with roasted turkey...9.95

### Grilled Veggie

Sauteed veggies, served on grilled bread with basil and cheese or alfredo sauce...10.75

With grilled chicken add... 2.50

## GRILLED SANDWICHES

Served on Keys wheat, white, rye or multi-grain bread.  
Served with a pickle spear, choice of potato chips or carrots & celery.

Choose one: Cup of Keys soup, cole slaw, french fries, onion rings, tator tots, sweet potato fries, waffle fries, side salad or caesar salad for 2.00

### Grilled Chicken Salad

with tomato and Swiss...9.00

### Grilled Tuna Salad

with tomato and Swiss...9.00

### Grilled Ham & Cheese

with American, cheddar and provolone...8.95

### Grilled BLT

with mayo cheddar, American and provolone.9.00

### Grilled Cheese

with cheddar, American and provolone.....6.50  
with Tomato...7.00

### Grilled Turkey

with Swiss...9.00

### Grilled Bacon & Cheese

with cheddar, American and provolone...8.95

### Pesto Grilled Cheese & Tomato

with cheddar, American and provolone...8.95

## SPECIALTY SALADS

Served with bread and butter...Add a cup of Keys Soup for 2.00

Salad dressings...French, blue cheese, ranch, chipotle ranch, Italian, taco, lemon poppy, hot bacon, caesar, honey mustard, fat free french and ranch.

### Minnesota Wild Rice Salad

Minnesota wild rice salad with turkey and roasted almonds served with mixed greens, olives, tomatoes and onions...11.50

### Chicken Salad

Keys chicken salad on mixed greens with fresh fruit and roasted almonds...11.50

### Bleu Cheese and Sugared Pecan Salad

Romaine mixed with blue cheese dressing, sugared pecans, purple onion, cucumbers and strawberries...11.00  
with grilled or crispy chicken add...2.50  
Wellness Salad..... 11.25

Keys chicken salad on mixed greens with sugared pecans, sliced apples, dried cranberries and purple onions.  
Served with lemon poppy dressing.  
Substitute a chicken breast for the chicken salad.  
Add bacon for 2.50

### Spinach Salad

With mushrooms, cucumber, egg, bacon, black olives, tomatoes, onion, parmesan, sunflower seeds, croutons and our own hot bacon dressing...11.00

### Bacon Free...with mandarin oranges and lemon poppy seed dressing

**Chef's Salad**  
Mixed greens with ham, turkey, tomatoes, green pepper, purple onion, cucumber, egg, black olives, croutons and cheddar cheese...11.50

### Caesar Salad

Fresh romaine, parmesan, purple onion, black olives and croutons tossed with caesar dressing and garnished with egg...10.50  
with grilled or crispy chicken add...2.50

### Marinated Chicken Salad

6 oz. grilled marinated chicken breast on mixed greens with mandarin oranges, black olives, sunflower seeds, tomatoes, purple onion, cheese and croutons...11.50

## ✧ TACO SALADS ✧

Served with Keys Taco dressing

### Traditional Taco Salad

Seasoned chicken or beef on mixed greens with tomatoes, purple onion, black olives and cheese served on a bed of tortilla chips...11.95

### Black Bean Veggie Taco Salad

Sauteed Black bean veggie burger, onions and corn on mixed greens with tomatoes, black olives, and white cheddar cheese served on a bed of tortilla chips...11.95

### Turkey Burger Taco Salad

Sauteed turkey burger, onions and corn served on mixed greens with tomatoes, black olives and white cheddar cheese served on a bed of tortilla chips...11.95