



# THE BENNY'S

Served w/hash browns or Fruit  
all Benny's served w/ *basted eggs on an english muffin & topped w/ hollandaise sauce* *avocado 1.89*

Traditional 14.  
HAM

**Salmon Avocado** 15.29  
Grilled Salmon

Florentine 14.  
SPINACH & TOMATO

## PANCAKES - FRENCH TOAST - WAFFLE

\*Special house battered homemade white or cinnamon bread

**French Toast**  
(1) 4.09 (2) 6.79 (3) 8.69

**Buttermilk or Buckwheat**  
(1) 5.79 (2) 6.99 (3) 8.29

**Specialty Pancakes Flavors** - blueberry, raspberry, raspberry or blueberry bran, caramel apple, apple bran walnut

\* Top w/ fresh strawberries or banana 2.25 add whip cream .60

\* add ham, bacon, sausage, Keys Italian sausage, links, turkey patty or chirizo... 4.75

**Cinnamon French Toast**  
(1) 4.59 (2) 7.59 (3) 9.29

**Specialty Pancakes**  
(1) 7.29 (2) 9.29 (3) 11.09

**French Toast**  
(1) 3.75 (2) 5.6 (3) 7

**Pancakes**  
(1) 5.95 (2) 8.25 (3) 10

## OMELETS

There are omelets, & then there are Keys Omelets.

Served w/multigrain toast *toast... add 2.* *pumpnickel, rye, sourdough, cinnamon, home made wheat or english muffin add .70*

**Keys "Everything" Omelet** 3 eggs, ham, bacon, sausage, Keys Italian Sausage, broccoli, mushroom, onion cauliflower, green pepper, tomato, hash browns & cheese 13.59

add avocado to your omelet 1.89

omeletes are made w/ 2 eggs

**Farmers' Omelet** 11.59  
hash browns, onion, ham & cheese

**Veggie Omelet** 12.59  
broccoli, cauliflower, tomato, onion, mushroom, green pepper, hash browns & cheese

**Spinach Omelet** 13.29  
spinach, bacon, tomato, mushroom, sunflower seeds onion & Swiss

**Mexican Omelet** 12.79  
green pepper, onion, tomato & cheese, topped w/ Keys chili (salsa & sour cream)

**Create Your Own Omelet** 13.29  
Your choice of 5 Everything Omelet Ingredients also - avocado, wild rice, spinach, turkey, sunflower seeds, chirizo

**Loon Omelet** 13.59  
wild rice, turkey, mushroom, onion, tomato & Swiss. Covered w/mushroom cream sauce

**Chorizo Omelet** hash browns, cheddar & mozzarella cheese, chirizo 12.99  
add salsa or sour cream .60 add avocado 1.89

## BREAKFAST SIDES

**Oatmeal** ....4.79  
add raisins or nuts 1.  
add fruit 1.29

**Grits** ....4.79  
add cheese 1.29

**Rolls**  
caramel - cinnamon 4.25

**Fruit** cup 5.59 - bowl 7.29

**Hash Browns or American fries** 5.25  
add melted mixed cheese 1.50

loon sauce 2.5  
hollandaise sauce 2.5

Biscuits(2) & gravy 7.

**Breakfast Meat** 5.5

ham - Keys Italian Sausage  
bacon- links -sausage-  
turkey patty, turkey sausage

Angus Steak 7.5  
cream cheese .95  
peanut butter .95

**Toast** wheat, white, sour dough

pumpnickel, rye,  
multi grain 2.5  
cinnamon 3.

english muffin 3.  
toast 3.

## SOUPS & CHILI

served w/ our homemade bread or *bread...add 2.*

**Soup**  
Cup 6. Bowl 7.

*soups - ask your server*

**Beef Chili & White Chicken Chili**  
Cup 8. Bowl 9.

\*topped w/ the works - cheese & sour cream

## BEST DEAL COMBO 12.59

Sandwich, Soup & Salad pairings ....& a cookie

**Pick 2** - Garden or Caesar Salad - Soup - Sandwich

**Sandwich** - chicken or Tuna salad, grilled cheese, blt, turkey lighter appetite - cup of soup, small salad, 1/2 sandwich 10.89

\*chili for soup add 1.

## CAFÉ BURGERS

**ANGUS BEEF BURGERS** or **The IMPOSSIBLE Burger**

Choice of homemade white or a pretzel bun *bun or bread add 2.*

*a la carte - w/chips or carrot & celery sticks or Deluxe - w/fries & slaw*

*start w/ soup 3.5 Keys chili 4.5 or slaw, fries, o'rings, salad, cottage cheese or sweet potato fries 2.95*

**Keys Burger Deluxe** (1/2 lb) american & swiss, lettuce, tomato, onion & mayo 13.5

**Hamburger**  
*a la carte 7.59 Deluxe 11.59*

**California**  
lettuce, tomato & mayo  
*a la carte 7.99 Deluxe 11.99*

**Mushroom Swiss Burger**  
*a la carte 8.09 Deluxe 12.09*

**Morning After Burger**  
bacon & cheddar, over easy egg  
*a la carte 9.29 Deluxe 12.29*

**Dana**  
burger patty between grilled homemade wheat w/grilled onion & melted cheese  
*a la carte 9.59 Deluxe 13.59*

**Steakhouse**  
juicy beef patty w/ melted provolone mushrooms, chipolte lime aioli & crispy battered onion ring  
*a la carte 9.59 Deluxe 12.59*

add bacon 2.5 - Cheese .60 - avocado 1.89

**BaconBlue Burger**  
Bacon, bbq sauce, cheddar avocado, home blue cheese dressing battered onion ring  
*a la carte 9.49 Deluxe 12.49*

**Turkey Burger** Keys special ingredients recipe. w/ lettuce, tomato & mayo

**Black Bean Veggie Burger** Best selling spicy black bean burger w/ lettuce, tomato & chipolte lime aioli

*a la carte 8.09 Deluxe 12.09*  
add -bacon 2.5 - Swiss .60 - avocado 1.89



Tuna Salad 8.29  
Chicken Salad 9.29

Roast Turkey 11.  
Roast Beef 11.  
Cold Meatloaf 11.  
Bbq Beef 11.5  
Clubhouse 12.  
BLT 9.29

## SANDWICHES

avocado 1.89

choice of potato chips or carrots & celery

All Sandwiches on home wheat *bread or bun add 2.*

*start w/ soup 3.5 Keys chili 4.5 or slaw, fries, o'rings, salad, cottage cheese or sweet potato fries 2.95*

## SPECIALTY SANDWICHES

**Roast Beef or Chicken Philly** 12.59  
grilled onion, green pepper, mushrooms & melted Swiss on a bun

**Monte Cristo** 12.59 *served w/ Keys jam*  
Turkey, ham & melted swiss between battered & grilled sour dough  
Sprinkled w/ powder sugar

**Blackened Salmon Sandwich** seasoned Salmon w/ tomato, onion. lettuce & chipolte lime crema on a bun 14.59  
add swiss .60 - avocado 1.89

**Steak Sandwich** 14.59

grilled onion & mushrooms on homemade wheat toast  
*served w/ fries & slaw*

**Grilled Checonbar** 12.59  
Chicken breast, bacon, bbq sauce & avocado on grilled sourdough w/ melted swiss cheese

**Marinated Chicken** 11.

lettuce, tomato, mayo on a bun  
grilled mushrooms & swiss only add .59  
add bacon 2.5 or avocado 1.89

**Gr Vegetable Sandwich** 11.  
Grilled vegetables set atop homemade grilled wheat w/ melted cheese  
*served w/ fries*

## GRILLED SANDWICHES

*Grilled to perfection on homemade wheat add avocado 1.89 - tomato .60 - bacon 2.5 - pumpnickel, rye, white & sourdough also available - bread add 2.*

**Grilled Cheese** 7.29  
**Gr Bacon OR Ham** 10.59  
**Gr Turkey & Swiss** 10.59  
**Grilled BLT** 10.59  
*Reuben or Rachel 12.59 Gr Chicken Salad 10.59 Gr Tuna Melt 10.59 add turkey 1.5*

## SIDES

**Thing of Fries** 4.79  
**Sweet Potato Fries** 4.99  
**Onion rings** 6.

**House Cole Slaw** 3.29  
**Cottage Cheese** 3.29  
**Fruit-cup** 5.59 bowl 7.29

**Dinner or Caesar Salad**  
large 7. small 6.  
**Seasoned Brewers Base Ale Cod (3)** 6.99

**Mashed Potatoes w/Gravy** 4.29  
**Stuffing w/Gravy** 4.29  
**White Meat Chicken Cutlet (3)** 6.99

## SALADS

add avocado to any salad 1.89

**Chef Salad** 13.09  
Turkey, ham, tomato, mushrooms, onions, green pepper & croutons

**Raymond Ave** 12.99  
grilled vegetables topped w/ melted Swiss & sunflower seeds

all Salad are Gluten Free / exclude crispy chicken or croutons

**Taco Salad** 13.09 (w/chips, salsa & sour cream)  
seasoned beef or chicken tomato & cheese

**Spinach Salad** 12.99 (w/ hot bacon dressing)  
mushroom, tomato, onion, bacon, egg black olive, sunflower seeds & parmesan

served w/ homemade bread or gf bread...add 2.

**Cobb Salad** 13.09  
turkey, bacon, onion, avocado, tomato, egg & blue cheese crumbles

**Caesar** 9.59  
tomato, parmesan, onion, black olive, boiled egg on romaine

add grilled or crispy chicken 3.79...**New** Seasoned Salmon 4.99

**Hudson Steak Salad** Seasoned Sirloin, tomato, onion, black olive, blue cheese crumbles, w/ blue cheese dressing 14.99

**Chicken Strawberry Salad** grilled chicken, blue cheese crumbles, onion, strawberries, avocado & croutons 14.99

## WRAPS

12.99  
Rolled in a flour tortilla  
add avocado to any wrap 1.89

**Clubhouse Wrap**

Roast Turkey, bacon, tomato, cheddar & mozzarella cheese & mayo

**Philly Wrap** grilled tortilla

Seasoned sirloin or chicken, grilled onion, green pepper & mushrooms & melted swiss

w/ a choice of Fries, sweet potato fries or fruit

## SUPER BOWLS

12.79

**The Western Bowl**

Penne Noodles smothered in a creamy cheese sauce w/ roasted bbq beef, cheddar & mozzarella & onion rings

**Roast Beef Philly Bowl**

roast beef, grilled onion, green pepper & mushrooms on a mound of mashed potatoes covered in cheese sauce

**Crispy Tender Bowl** Chicken Tender, turkey gravy, corn bacon & mixed cheese over mashed potatoes

**Loaded Mac & Cheese** 4 cheese cream sauce over penne noodles topped w/ crispy bbq chicken bacon, broccoli & parmesan cheese  
**Mac & Cheese** - 4 cheese cream sauce w/out the load 9.99

## DINNERS

"Best Turkey Dinner" by St. Paul Pioneer Press

**Oven Roasted Turkey** 13.  
w/ sage dressing & cranberries

**Tender Roast Beef** 13.

**Signature Meat Loaf** 13.

**Angus Been Chop Sirloin Dinner** 13.  
w/ grilled onion & mushrooms

ask for no gravy or dressing  
sub creamy cheese sauce for gravy

All served w/ mashed potatoes, gravy, vegetable & bread

Lunch Portion available all hours for 12.

**Crispy White Meat Chicken Cutlet** 12.29  
fries, slaw, sourdough toast & bbq sauce

**Brewers Bass Ale Cod** w/ fries & slaw  
Seasoned Deep Fried Cod 12.29

**Seasoned Grilled White Fish** 13.99  
mashed potatoes w/ turkey gravy  
Served w/ broccoli

**Chicken Quesadilla** grilled chicken, onion, green pepper & melted cheese between flour tortillas 13.29

**Fish Taco's (2)** seasoned crispy or grilled, slaw, cheddar & mozzarella cheese, tomato, avocado & chopolte lime crema 12.59  
(comes w/ tortilla chips)

served w/ salsa, sour cream & avocado

## HOT SANDWICHES

12.59 Lunch Portion available all hours for 11.59

**Oven Roasted Turkey**  
w/ sage dressing & cranberries

**Tender Roast Beef**

**Signature Meat Loaf**

choice of meat between homemade bread, mashed potatoes & smothered w/ gravy

## BEVERAGES

Specialty Coffee - see coffee board

**Organic** fresh ground Hot Tea Regular & Herbal 3.5

Bottomless Coffee 3.5 Fresh Brewed Iced Tea 3.5

**New** Raspberry Lemonade or Iced Tea 3.75

Hot Chocolate 3.5

Lemonade 3.25

Shake or Malt 6.5

vanilla, chocolate, caramel

Milk - 2% or Chocolate 3.25

Juice- Oj, cranberry, apple, tomato 3.5

Soda 3.5



# THE ORIGINAL



"The Food you grew up with"

## BREAKFAST

Generous helpings served all day



Served w/ multi grain toast

pumpnickel, rye, sourdough, cinnamon, home made wheat or english muffin add .70 gf toast... add 2.

- 2 eggs, Hash browns or American fries & toast 8.29 w/meat 12.29
- 2 eggs, Italian, Beef or Turkey Hash & toast 12.79.
- 2 eggs & 2 cakes or french toast 9.29 w/meat 13.39 gf pancakes or french toast 12.29 w/ meat 16.29 (no toast)
- 2 eggs & toast 4.79 w/meat 8.69
- 1 eggs & toast 4.29 w/meat 8.29

\*meat choices - ham - sausage - bacon - Keys Italian sausage - links - turkey patty

## SIGNATURE BREAKFASTS

**The Ranch Breakfast** 14.09

2 eggs, hash browns or american fries, seasoned Steak smothered w/ grilled onion & mushrooms & toast

gf **Veggie Scrambler** 13.09

hash browns w/grilled veggies & scrambled eggs covered w/melted cheese

add ham, bacon, sausage or Keys Italian sausage 3. add avocado 1.89

gf **Potato Etc.** 12.09

American Fries or hash browns combined w/ grilled veggies & topped w/ melted cheese

gf **Keys Italian Hash** 10.89

Keys Italian sausage, tomato, mushroom, green peppers, onion & hash browns

top w/melted cheese for 1.59 add avocado 1.89

gf **Roast Beef or Turkey Hash** 10.89

Roast beef or Turkey combined w/ grilled onion, celery & hashbrowns

add avocado 1.89

**Cajun Skillet** 13.79

Hash browns, green pepper, onion, mushrooms, andouille sausage & scrambled eggs w/ hollandaise sauce

**Keys Eggswich** over hard eggs w/melted cheese, a choice of meat on a homemade bun, served w/ hash browns or fruit vegetarian style...w/ tomato & avocado only 12.89

meat choice - ham, bacon, turkey burger, sausage or Keys Italian sausage add avocado 1.89 or tomato .60 gf bread add 2.



**Country Fried Steak Sandwich** 13.59

A golden Fried Chop steak topped w/ sausage gravy, cheese & maple syrup drizzle, topped w/ a basted egg on a bun

served w/ hash browns or fruit

**Chorizo Breakfast** 13.09

scrambled eggs, hash browns & chorizo served w/ 2 corn or flour tortilla top w/melted cheese for 1.59

add salsa or sour cream .60 add avocado 1.89

**Biscuits & Gravy** 12.59

sausage gravy smothered over buttermilk biscuits

**Country Fried Steak** 13.99

a golden fried Chop Steak smothered in sausage gravy

Both served w/ scrambled eggs & hash browns

## DESSERTS

Visit the Cases or ask your server what we have to offer