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**SYMETRIA RECOVERY® CHIEF MEDICAL OFFICER ABID K. NAZEER, M.D.
AND PROGRAM DIRECTOR PETER MOTT TO PRESENT AT
2019 NAADAC ANNUAL CONFERENCE**

CHICAGO, Tuesday, September 24, 2019 – **Symetria Recovery®** announced today that two members of its leadership team will present at **NAADAC's 2019 Annual Conference: Navigating the Addiction Profession**, to be held in Orlando, Florida. The six-day conference runs from Saturday, September 28 through Thursday, October 3 at the Renaissance Orlando at SeaWorld.

Abid K. Nazeer, M.D., Symetria Recovery's chief medical officer, will lead a breakout session on the topic of **"Co-occurring Disorders – Psychiatry and Substance Use,"** from 10:00 – 11:30 a.m. on Sunday, September 29. Dr. Nazeer will discuss the high prevalence rate of comorbidity between mental illness and substance use disorder (SUD), and how interactions between the illnesses affects the course and prognosis of both.

Peter Mott, MA, LCDC, ICPS, CDERT and program director for Symetria Recovery's Jersey Village and Spring, Texas locations, is one of the conference's **featured speakers**. He will participate in an afternoon keynote panel titled, **"The Opioid Epidemic: A 360 View,"** from 4:15 – 5:30 p.m. on Sunday, September 29. Mott will join three other leading addiction experts to give an overview of the opioid crisis and discuss appropriate pathways to treatment for long-term recovery. This presentation will also be part of the conference's day-long plenary session on Saturday, September 28.

NAADAC, the Association for Addiction Professionals, represents the professional interests of more than 100,000 addiction counselors, educators and other addiction-focused health care professionals in the United States, Canada and abroad. NAADAC's members are addiction counselors, educators and other addiction-focused health care professionals who specialize in addiction prevention, treatment, recovery support and education. An important part of the healthcare continuum, NAADAC members and its 47 state and international affiliates work to create healthier individuals, families and communities through prevention, intervention, quality treatment and recovery support.

Symetria Recovery's Naperville and Des Plaines, IL locations have been recognized by Blue Cross and Blue Shield of Illinois (BCBSIL) as two of the first facilities to receive the **Blue Distinction® Center for Substance Use Treatment and Recovery** designation. Blue Distinction Centers are nationally designated facilities that show a commitment to delivering improved patient safety and better health outcomes, based on objective measures that were developed with input from the community and leading accreditation and quality organizations.

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About Symetria Recovery

Symetria Recovery® is an innovative network of outpatient opioid treatment centers committed to providing state-of-the-art, evidence-based treatment that addresses the whole person, not just the addictive behavior. Its unique approach to opioid dependency is known as The Symetria Method®. This method combines medication-assisted treatment (MAT), psychiatry, and support from behavioral health professionals to reduce the risk of relapse and give patients sustainable results. Symetria Recovery's highly-successful outcomes have been validated by an independent, retrospective analysis of more than 1.5 billion commercial claims from 3+ million OUD patients for the past five years. The analysis demonstrated superior results on all metrics when compared with treatment as usual.