



2020

SOCIAL MEDIA CALENDAR

Q3

HOW TO USE

OUR SOCIAL MEDIA CALENDAR

- Plan your digital content in advance
- Write down any important dates you want to plan for
- Take some notes along the way

PLANOLY TIP OF THE MONTH | We know to-do lists can be overwhelming! When creating your list for each day, select 2 tasks that must get done. These tasks should be the most important in helping you reach your long-term goals.

JULY

NOTES

SU	M	T	W	TH	F	S
			01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Monthly Observances

WORLD WATERCOLOR MONTH
NATIONAL ICE CREAM MONTH

PLANOLY TIP OF THE MONTH | Create a mood board for your next project. They're the perfect way to gather creative information in one place visually and helps you establish clarity for the direction of a project.

AUGUST

NOTES

SU	M	T	W	TH	F	S
						01
02	03	04	05	06	07	08
09	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Monthly Observances

BACK TO SCHOOL MONTH

BREASTFEEDING MONTH

PLANOLY TIP OF THE MONTH | Create a self-care schedule for yourself this month. Whether you're spending 5 minutes each morning meditating or scheduling a bath every Sunday night, every little bit helps you start each day with your best self.

SEPTEMBER

NOTES

SU	M	T	W	TH	F	S
		01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Monthly Observances

SELF IMPROVEMENT MONTH
SELF-CARE AWARENESS MONTH

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