



2017 DR. DISH™ COACHES CLINIC

SATURDAY, OCTOBER 14, 2017 | 10:00AM - 2:00PM
THE DISHLAB 1701 W 94TH STREET BLOOMINGTON, MN

COST:

FREE! (\$50 Value)

SCHEDULE:

✓ 9:30 - 10:00am

CHECK IN AND REGISTRATION

✓ 10:00 - 10:45am

IMPORTANCE OF MAXIMIZING SKILL DEVELOPMENT AND POTENTIAL

Jefferson Mason, Dr. Dish Basketball

✓ 10:45 - 11:15am

DEVELOPING AN IN-SEASON PERFORMANCE PLAN

Dr. Grant Norland, Inspired Athletx

✓ 11:15 - 12:00pm

CATERED LUNCH & DR. DISH DEMO/Q&A

✓ 12:00 - 1:00pm

MANAGING EGOS AND BUILDING A CHAMPIONSHIP CULTURE

Coach Larry McKenzie, Minneapolis North

✓ 1:00 - 2:00pm

SUCCESSFULLY IMPLEMENTING THE RUN AND JUMP DEFENSE

Coach Ed Andrist, UW-Stout

✓ 2:00 - 2:30pm

BONUS: TEAM SHOOTING DRILLS

Coach Ed Andrist, UW-Stout

**HARD WORK
BEATS TALENT WHEN TALENT DOESN'T
WORK HARD**



FEATURED SPEAKERS:



JEFFERSON MASON

Coach Mason played college basketball at MSU-Mankato where he was named to four All-American teams and help lead his team to the Final Four in his senior year. He then went on to play professionally in Europe for 4 years and was drafted in the NBA D-League by the Dallas Mavericks in 2012. He has trained players of all skill levels for the past 10 years and has had the opportunity to direct camps and clinics all over the country. Coach Mason now serves as the Training Specialist for Dr. Dish Basketball and works to maximize training efficiency with coaches everyday.



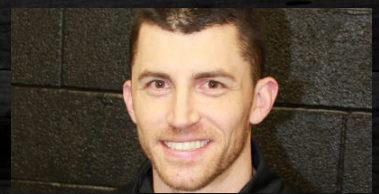
EDDIE ANDRIST

Coach Andrist has had an incredible coaching career with 3 national collegiate championships, two international basketball championships, nine national tournament appearances, six collegiate final fours, six collegiate conference championships, and 584 head coaching victories and counting. He will begin his 18th season as head coach for the UW-Stout Blue Devils this season and his 43rd season overall in coaching. A strong contributor to his sustained success is his speciality of implementing the run and jump defense.



LARRY MCKENZIE

Coach McKenzie continues his legendary coaching career at Minneapolis North where he's won the last two Class A Minnesota State Championships (2016 & 2017). Coach McKenzie also won 4 consecutive Class AAA State Championships with Minneapolis Patrick Henry from 2000-2003 and led a very successful Holy Angels program as well for 5 seasons. Coach McKenzie's mission is to develop a foundation for a championship program and use basketball as a tool to empower young men to be champions in the classroom, in their families, and their communities.



DR. GRANT NORLAND

Grant Norland is the founder and CEO of Inspired Athletx. Dr. Grant is a Certified Strength and Conditioning Specialist through the NSCA as well as a Certified Golf Fitness and Medical Professional through the Titleist Performance Institute. Grant specializes in manual physical therapy, sport performance, 3-D motion analysis, and corrective exercise. Dr. Grant is an expert in movement assessment and functional manual therapy, which enables him to help athletes achieve their peak performance and recover from injuries faster by optimizing the way they move.

REGISTER TODAY AT: DRDISHBASKETBALL.COM/DISHCLINIC

Please call us at (888) 887-7453 with any questions.