## Healthcare NHS University Hospital Trust Westhaven Hospital



## **The Challenge**

The provision of meaningful activity as a way of stimulating patients & reducing risk of falls.

## **The Solution**

We purchased the technology and this has been deployed on Radipole Ward.

The Radipole Ward is a 34-bedded ward, caring predominantly for elderly people requiring rehabilitation, palliative care, stroke and dementia care. We also accept direct GP admissions and patients who require IV therapy as Day Care. Radipole Ward also accepts admissions from Dorset County Hospital and those further afield in certain circumstances. We have a full-time doctor, nurse practitioner, occupational therapist, physiotherapist and a community rehabilitation team in attendance.

The technology is being used extensively and has been very well received by both patients and staff. It has proved to be very useful in occupying the patients and providing valuable stimulation. We have patients that have

been very prone to wandering and therefore increasing the risk of falls. Being able to occupy the patients by using the technology and the incredible array of options available within the system, has had the ability of keeping patients occupied for long periods of time, whereby previously it would have been difficult to provide this level of stimulation and engagement. One such patient was very upset at being in the hospital and wanted to try and leave at every opportunity, the system offered her purposeful activity and she became calm, it reduced her agitation and became stimulated and engaged with the technology. This resulted in her sleeping at night and as a result less prone to wandering and reducing her risk of falls.

## **OUTCOME**

Films and music have proved to be very sociable, encouraging patients to talk to each other and sing together, it reduced isolation and created more interest around mealtimes, helping with nutrition and hydration. Everybody gets involved.

