## The Royal Free London NHS Foundation Trust 68

## The Challenge

The Royal Free London is committed to improving the patient experience by offering better outcomes for patients and carer. We are keen to introduce new initiatives that embrace technology and will help patients with dementia feel less agitated.

## The Solution

The introduction of the My Improvement Network Technology has been able to help us positively assist in help patients with challenging behaviour. It has allowed them to become much less agitated. Being able to stimulate and engage with these patients via the technology has etc complimented the work we do by allowing us to make the best use of our resource and improving the delivery of our care.

It is an excellent tool for therapeutic interactions. Patients have responded particularly well to the wide range of photographs and videos that the software includes and these have provided a stimulus for conversation.

UCLPartner

The Royal Free

Main reception

The large touchscreen is a great benefit and aid for those patients with visual impairments. The fact that the unit is compact and portable and complies with infection control is a great asset to the wards.



We had a case of an elderly male patient who had learning difficulties and dementia. He Had presented with very challenging behaviour and could be very aggressive to others. Previously he had to be isolated for the protection of others. The Ward Sister had suggested that he be introduced to the technology and try a session on the unit. The patient spent 4 ½ hours on the system moving through the various modules on the system. His mood significantly improved as a result. He became calm, stimulated and engaged. What was particularly worthy of note was, that the following day, he made his way to the office and remembered how to use the system on his own and showed others how to use it.

> We are delighted with the effects we are being able to realise through embracing this innovative technology.

