

Teaching NHS Sheffield Teaching Hospitals NHS Foundation Trust 73

The Challenge

To Research and embrace technology to aid cognitive stimulation and engagement with residents within the Centre and to seek out new activities and monitor their effects, having tried and tested other options including using small tablets found that these were not effective when working with the elderly and those with memory problems, we needed to seek an alternative solution.

The Solution

We trialled the My Improvement Network Technology on the large 22" touch screen unit which was portable around the Hospital environment and easy to use for the residents, carers and their families to promote interaction and engagement for our residents.

We have started to build Life Story books, involving families and friends and after the success with a number of residents, we are continuing our activity with an aim to create one for each resident.

Since the arrival of the My Improvement Network software the junior members of staff are able to interact with the patients with confidence and have a better knowledge of the individual due to the applications available on the software. They can discover things they wouldn't know otherwise, which in turn, generates a conversation and a longer session.

It embodies the very essence of person-centred care, it supports the provision of continuity of care and there is no 'Re-inventing the Wheel' with each staff change. This efficiency is able to limit the anxiety and stress for the patient as the carer learns more about the patient and promotes confidence and greater patient/carer interaction.

