

The Royal Wolverhampton NHS Trust

New Cross Hospital



The Challenge

We are committed to improving the patient experience for those with dementia and raising morale for both patients and staff. We are keen to offer stimulation to reduce boredom and to help reduce the risk of falls with the hospital.

The Solution

We introduced the My Improvement Network technology into our Acute Dementia Ward as a way of creating interest and stimulating our patients. Families had reported that they felt their relative appeared bored, so we wanted to look at ways to alleviate this. The software has many features including 3 minute video clips from the BBC and music by decade and genre.

The system has definitely contributed to a positive lift in mood as the patients joined in with sing-a-long through the karaoke feature on the system. Another patient loved using the painting feature and became very occupied.... lots of smiles as she passed the time in a much more qualitative way. The Comedy videos in the

BBC content had another patient, laughing as he recalled memories of films he used to watch.

One of the significant areas was to try and reduce the risk of falls due to patients becoming constantly unsettled in their environment. The hospital can be a very scary place for somebody with dementia, so the need to ease and calm agitation is so important. The use of the system in calming and stimulating patients with the staff has been very positive and has enabled greater opportunity for them to sleep at night as a result, reducing the risk of falls.

Staff have reported that everyone, including visitors were singing in one of the Bays, creating a memorable, relaxing atmosphere.

OUTCOME

Reducing Boredom by stimulation has been very effective.

