Lifelong Learning ıgust 2018 **Assisted Living** Sunday Tuesday Wednesday Thursdav Friday Monday Saturday 9:30 (3) Early Bird Daily Activities 9:30 (3) Early Bird Daily Activities Review & Chat! [3CS] Review & Chat! [3CS] **Activities Review &** Arts & Education **Activities Review** 10:00 C Exercise w/ Heritage 10:00 Parkinson Choir Chat! [3CS] & Chat! [3CS] Rehearsal (participation Healthcare [TR] Deep Connections 10:30 Chair Exercise [TR] THE ARBOR COMPANY 😂 11:15 😂 Current Events [3FC] by registration only) [2FB] Game Hour [3FC] Life Reflections with Resident Peachtree Road Walk & Stroll [FL] 10:30 10:30 Chair Exercise [TR] 11:30 1:15 (B) Candy Bingo [3FC] Health & Wellness **ENGAGED** Care [3FC] 11:00 C George Center Music Therapy [3FC] Classical Music with Live Opera & 2:15 **Documentary [3FC] Balloon Volleyball Fitness & Healthy** Aromatherapy [3FC] 3:00 Friday Fun Day Group Activity Purposeful Living 3:15 🙆 Bus Joyride (sign up Juice Bar [3FC] 2:00 : Floral Arrangements & Garden Club LIFESTYLE required) [FL] 3:00 One on One Activities [3FC] Recreation & Leisure 4:00 6 Show & Tell Presentation 3:30 TED TALKS & Discussion [3FC] Happy Hour "Jazz Music & Wine" 4:00 Saturday Movie Night "Mr. 6:00 Happy Hour [3FC] 6:00 Movie Night "Seven Pounds" [3FC] Spiritual Journey Woodcock" [3FC] Movie & Popcorn [3FC] Classic Movie Night "The Man Who 6:00 Knew Infinity" [3FC] **Church Transportation** 9:30 C Early Bird Daily Activities 9:30 Carly Bird Daily Activities 9:30 Carly Bird Daily Activities 9:30 Carly Bird Daily Activities Review & Chat! [3CS] **Activities Review** Parkinson Choir Rehearsal 10:00 Comedy Hour with 10:00 **Short Stories with** 10:00 C Exercise w/ Heritage 0:30 Chair Exercise [TR] & Chat! [3CS] (participation by registration Activities Review & Chat! [3CS] Resident Care [3FC] Resident Care [3FC] Healthcare [TR] Life Reflections with Resident Care only) [2FB] 11:15 📀 Current Events [3FC] 10:30 Chair Exercise [TR] 10:30 O Chair Exercise [TR] Game Hour [3FC] 11:00 Church Live Stream Service [3FC] 10:30 Chair Exercise [TR] News Chat [3FC] Shopping Trip to Walmart (sign up Peachtree Road Walk & Stroll [FL] News Chat [3FC] 1.30 11:30 11:30 1:15 😬 Candy Bingo [3FC] Pokeno & Prizes [3FC] 11:00 C George Center Music Therapy [3FC] Ride Along Adventure "Atlantic required) [FL] Classical Music with Live Opera & Mind Trivia Quizzes & Games [3FC] Balloon Volleyball Fitness & Healthy Juice 2:15 **Documentary [3FC]** Station" (sign up required) [FL] 1:15 **Brain Exercise Teasers [3FC]** Aromatherapy [3FC] Friday Fun Day Group Activity Bar [3FC] **Sunday Social with Live** 3:00 3:15 😬 Bus Joyride (sign up 2:15 O Spa Day Facials & Hand Massages 2:00 (3FC) 2:00 Dance & Groove Class [2FB] "Cooking Demo" [3FC] Entertainment [FL] required) [FL] One on One Activities [3FC] Card Game "Blackjack 21" [3FC] [3FC] 4:00 69 Show & Tell Presentation Happy 3:00 6:00 😷 Sunday Evening Movie "The Nail Spa Polish Change (sign up Happy Hour "Jazz Music & Wine" [3FC] Residents Meeting [TR] 3:00 3:00 Hour [3FC] 4:00 Craft Workshop [3FC] Saturday Movie Night 6:00 Spectacular Now" [2FB] 6:00 Classic Movie Night "1 Mile To You" [3FC] required) [3FC] Movie Night "Secrets of Noah's Ark" 3:30 TED TALKS & Discussion [3FC] Movie & Popcorn "How to lose A Guy 6:00 Nights In Rodanthe" [3FC] in 10 Days" [3FC] 4:00 Happy Hour "Wine & Chat" [3FC] [3FC] 6:00 Movie Night "The 1st Time" [3FC] Movie & Popcorn "ROOM" [3FC] 8:00 C Shabbat Service [TR] 6:00 **Church Transportation** Review & Chat! [3CS] Review & Chat! [3CS] Review & Chat! [3CS] **Activities Review &** Review & Chat! [3CS] **Activities Review &** Comedy Hour with Resident Parkinson Choir Rehearsal **Short Stories with** 0:30 O Chair Exercise [TR] 9:30 Carly Bird Daily Chat! [3CS] Chat! [3CS] Care [3FC] (participation by registration Resident Care [3FC] Activities Review & Chat! [3CS] **Life Reflections with Resident Care** 10:30 10:00 🔘 Exercise w/ Heritage Healthcare 10:30 O Chair Exercise [TR] only) [2FB] 11:15 📀 Current Events [3FC] 10:30 Chair Exercise [TR] 11:00 Church Live Stream Service [3FC] 10:30 Chair Exercise [TR] News Chat [3FC] 1:15 (2) Candy Bingo [3FC] Lunch Outing to Mary Mac's (sign up News Chat [3FC] Pokeno & Prizes [3FC] 1:30 Ride Along Adventure "Downtown 11:00 George Center Music Therapy [3FC] 10:30 Game Hour [3FC] 2:15 **Documentary [3FC]** required) [FL] Baking Club "Cheesecake" [3FC] Mind Trivia Ouizzes & Games [3FC] Balloon Volleyball Fitness & Healthy Juice Decatur" (sign up required) [FL] Peachtree Road Walk & Stroll 11:30 1:15 **Brain Exercise Teasers [3FC]** Friday Fun Day Group Activity [3FC] 3:15 🙆 Bus Joyride (sign up Style Me Suite Manicure Services (sign up **Sunday Social with Live** 2:00 **Candy Bingo [3FC]** required) [3FC] Zumba & Cardio Class with Leiana & Fresh 4:00 6 Show & Tell Presentation Happy required) [FL] Entertainment [FL] **Classical Music with Live Opera** 2:15 Spa Day Facials & Hand Massages [3FC] Smoothie Bar [2FB] 3:00 Social Hour [3FC] Hour [3FC] Saturday Movie Night " Love, 6:00 & Aromatherapy [3FC] Happy Hour "Wine & Chat" [3FC] **⊿**∙∩∩ 3:00 One on One Activities [3FC] Puzzles [3FC] Movie & Popcorn "Made In America" Man" [3FC] Wedding, Marriage [3FC] Happy Hour "Jazz Music & Wine" [3FC] 3:30 TED TALKS & Discussion [3FC] Movie & Popcorn "Some Kind Of Beautiful" Movie Night " 6 Years" [3FC] 4:00 6:00 Classic Movie Night "License To Wed" 6:00 Movie Night "Love And Honor" [3FC] 9:30 C Early Bird Daily Activities 9:30 🜐 Early Bird Daily Church Transportation 9:30 Carly Bird Daily Review & Chat! [3CS] Review & Chat! [3CS] Review & Chat! [3CS] **Activities Review & Activities Review & Chat! Activities Review** Parkinson Choir Rehearsal 0:00 **Comedy Hour with** [3CS] Chair Exercise [TR] Chat! [3CS] & Chat! [3CS] (participation by registration 10:00 🔘 Exercise w/ Heritage Healthcare Resident Care [3FC] Life Reflections with Resident Care Activities Review & Chat! [3CS] 10:00 **Short Stories with Resident Care** only) [2FB] 11:15 📀 Current Events [3FC] 10:30 Chair Exercise [TR] 11:00 Church Live Stream Service [3FC] [TR] [3FC] [3FC] 10:30 Chair Exercise [TR] 1:30 News Chat [3FC] 1:30 News Chat [3FC] 1:15 🙆 Candy Bingo [3FC] 10:30 Game Hour [3FC] Pokeno & Prizes [3FC] 11:00 George Center Music Therapy [3FC] 10:30 Chair Exercise [TR] 1:30 Ride Along Adventure "Downtown Peachtree Road Walk & Stroll [FL] 1:30 (4) Jewelry Creations [3FC] Mind Trivia Quizzes & Games [3FC] 2:00 **Balloon Volleyball Fitness & Healthy Juice** 2:15 **Documentary [3FC] Shopping Trip to Dollar Tree** 11:00 Atlanta" (sign up required) [FL] Friday Fun Day Group Activity [3FC] Bar [3FC] Classical Music with Live Opera & 3:00 **Sunday Social with Live** (sign up required) [FL] 3:15 🙆 Bus Jovride (sign up 2:15 O Spa Day Facials & Hand Massages 2:00 Zumba & Cardio Class with Leiana & Fresh 4:00 69 Show & Tell Presentation Happy Aromatherapy [3FC] **Entertainment [FL] August Birthday Party with Live** 1:00 Smoothie Bar [2FB] required) [FL] Hour [3FC] Entertainment [DR] One on One Activities [3FC] 3:00 Nail Spa Polish Change (sign up Movie & Popcorn " Birthmarked" Saturday Movie Night "The Duchess" [3FC] 2:30 Candy Bingo [3FC] Happy Hour "Jazz Music & Wine" [3FC] required) [3FC] 3:30 TED TALKS & Discussion [3FC] Chaperone" [3FC] 5:00 Candlelight Dinner [3BC] 4:00 💿 Craft Workshop [3FC] 4:00 Happy Hour "Wine & Chat" [3FC] 8:00 Shabbat Service [TR] 6:00 6:00 Movie Night "Good Kids" [3FC] Movie Night "Jenny's Wedding" [3FC] 6:00 Movie Night "Mamma Mia" [3FC] 6:00 Movie & Popcorn "Get Smart' [3FC] 6:00 **Church Transportation** 9:00 Podiatrist (please call Atlanta 12:00 Men's Discussion Group Foot Care to schedule an Review & Chat! [3CS] Review & Chat! [3CS] Luncheon "Picnic & Beer' **Activities Review & 40** Parkinson Choir Rehearsal 10:00 🔘 Exercise w/ Heritage 9:30 C Early Bird Daily Chat! [3CS] 9:30 Carly Bird Daily Activities (participation by registration Healthcare [TR] Activities Review & Chat! [3CS] **Location Kevs** only) [2FB] Review & Chat! [3CS] **Short Stories with Resident** Review & Chat! [3CS] 10:00 Game Hour [3FC] 11:00 Church Live Stream Service [3FC] 10.00 Comedy Hour with Resident Care [3FC] 10:30 Chair Exercise [TR] 10:30 2nd Floor Balcony Chair Exercise [TR] Care [3FC] 11:30 Peachtree Road Walk & Stroll [FL] Pokeno & Prizes [3FC] 11:00 George Center Music Therapy [3FC] Life Reflections with Resident Care [3FC] 10:30 Chair Exercise [TR] 3rd FI Conservatory 10:30 O Chair Exercise [TR] Classical Music with Live Opera & 3rd Floor Buckhead Crossing Dining Room 3BC Mind Trivia Quizzes & Games [3FC] Balloon Volleyball Fitness & Healthy Juice News Chat [3FC] 2.00 1:30 News Chat [3FC] 1:30 Tea Party [DR] Aromatherapy [3FC] 1:00 Bar [3FC] Assisted Living Auction (ROP bucks **Sunday Social with Live** Ride Along Adventure "Kennesaw 3rd Floor Chamblee Station Dining Room

Zumba & Cardio Class with Leiana & Fresh

Happy Hour "Jazz Music & Wine" [3FC]

Smoothie Bar [2FB]

One on One Activities [3FC]

Movie Night "Nancy Drew" [3FC]

2:00

2:00

3.00

4:00

2:30 Candy Bingo [3FC]

4:00

6:00

Puzzles [3FC]

Movie Night "America's

Sweethearts" [3FC]

Floral Arrangements & Garden Club

3:30 TED TALKS & Discussion [3FC]

6:00 Movie Night "Wild Oaks" [3FC]

required to participate) [3FC]

4:00 (5) Show & Tell Presentation Happy Hour

Movie & Popcorn "The Matchbreaker"

6:00

Front Lobby

Theater Room

Lobby Dining Room

DR

Entertainment [FL]

and Me 4" [3FC]

6:00 : Sunday Evening Movie "The Prince

Mountain" (sign up required) [FL]

Nail Spa Polish Change (sign up required)

Movie & Popcorn "In Lawfully Yours" [3FC]

2:15 O Spa Day Facials & Hand Massages [3FC]

Happy Hour "Wine & Chat" [3FC]

3:00