Assisted Living — December 2017 — Winter Wonderland

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December cont'd **31** **NEW YEARS EVE!!** 8:30 Church Transportation [FL] 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 1:00 **Scrapbooking & Memories (bring your photos) [2FB]** 2:00 **Relax & Color [2FB]** 6:00 **Sunday Evening Movie [3FC]**	THE ARBOR COMPANY ENGAGED LIVING Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey				**1** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:00 **Atlanta Symphony Orchestra Musicians Holiday Concert [TR]** 2:00 **Holiday Tree Decorating [3FC]** 4:00 **Karaoke & Happy Hour [3FC]** 6:00 Movie & Popcorn [3FC] 8:00 **Shabbat Service [TR]**	**2** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 11:15 **News Views Chat [2FB]** 1:15 Candy Bingo [2FB] 2:30 **Short Stories/ Journal Writing & Snacks [2FB]** 3:15 **Bus Joyride [FL]** 6:00 **Saturday Movie Night: Leap Year [3FC]** 6:00 Saturday Movie Night [3FC]
3 8:30 Church Transportation [FL] 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 1:00 **Scrapbooking & Memories (bring your photos) [2FB]** 2:00 **Relax & Color [2FB]** 3:00 **Hot Chocolate Social [FL]** 6:00 **Sunday Evening Movie: " The Secret" [3FC]**	**4** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:30 **Shopping: Kroger! (Sign up required) [FL]** 2:30 **Healthy Juice Bar & Health Tip [3FC]** 3:00 **Pretty Nail Spa [2FB]** 4:00 **Wine & Chat! [3FC]** 6:00 **Movie & Popcorn:" Sister Cities" [3FC]**	**5** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:15 **One on One Activities w/ FUN CART! [3FC]** 2:00 **Candy Bingo [2FB]** 3:15 **Jewelry Making w/Terricka! [2FB]** 6:00 **Old Time Classic Movie:" On Golden Pond" [3FC]**	**6** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **George Center Music Therapy [3FC]** 10:30 **Chair Exercise [TR]** 1:30 **Spa Day Facials & Aromatherapy [2FB]** 2:30 **Fresh Fruit Smoothie Bar & Nutrition Tip [3FC]** 4:00 **Wine Down Wednesday w/ Live entertainment Valerie Hines!!! [3FC]** 6:00 **Classic Movie Night: "Turner & Hooch" [3FC]**	**7** **Pearl Harbor Remembrance Day!** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:00 ***Exercise w/ Heritage Healthcare [TR]*** 10:30 **Mid Day Documentary & Popcorn: " Attack on Pearl Harbor" [3FC]** 11:30 ***Lunch Buffet (ends at 1:30pm) [DR]*** 1:00 **Classical Music with Live Opera & Aromatherapy [3FC]** 2:00 **Floral Arrangements & Coffee!!! [3FC]** 6:00 **Movie Night: " No Reservations" [3FC]**	**8** **National Brownie Day!** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:30 **Baking Club: "Brownies" [3CS]** 4:00 **Karaoke & Happy Hour [3FC]** 6:00 **Movie & Popcorn: " London Has Fallen" [3FC]**	**9** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 11:15 **News Views Chat [2FB]** 1:15 Candy Bingo [2FB] 2:30 **Short Stories/ Journal Writing & Snacks [2FB]** 3:15 **Bus Joyride [FL]** 6:00 **Saturday Movie Night: "Little Boy" [3FC]**
10 8:30 Church Transportation [FL] 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 1:00 **Scrapbooking & Memories (bring your photos) [2FB]** 2:00 **Relax & Color [2FB]** 3:00 **Gloria Jacobson Suzuki School Student Violin Performance [TR]** 6:00 **Sunday Evening Movie: "Romeo & Juliet" [3FC]**	**11** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:30 **Ride Along Adventure [FL]** 2:30 **Healthy Juice Bar & Health Tip [3FC]** 3:00 **Pretty Nail Spa Polish Change [2FB]** 4:00 **Wine & Chat! [3FC]** 6:00 **Movie & Popcorn: "The Longest Week" [3FC]**	**12** **Hanukkah First Candle Party (TBD)** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:15 **One on One Activities w/ FUN CART! [3FC]** 2:00 **Candy Bingo [2FB]** 3:00 **Craft Workshop: " Mosaic Heart" [2FB]** 6:00 **Old Time Classic Movie!!!! [3FC]**	**13** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **George Center Music Therapy [3FC]** 10:30 **Chair Exercise [TR]** 2:00 **Zumba w/ Leiana [2FB]** 2:30 **Fresh Fruit Smoothie Bar & Nutrition Tip [3FC]** 4:00 **Wine Down Wednesday!! [3FC]** 6:00 **Classic Movie Night [3FC]**	**14** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:00 ***Exercise w/ Heritage Healthcare [TR]*** 11:00 **Trivia [2FB]** 1:00 **Classical Music with Live Opera & Aromatherapy [3FC]** 2:00 **Floral Arrangements & Coffee!!! [3FC]** 3:00 **Residents Meeting [TR]** 3:00 **Documentary & Discussions [3FC]** 6:00 **Movie Night!!! [3FC]**	**15** **National Ugly Christmas Sweater Day!!** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:30 Baking Club [3CS] 4:00 **Karaoke & Happy Hour [3FC]** 6:00 Movie & Popcorn [3FC]	**16** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 11:15 **News Views Chat [2FB]** 1:15 Candy Bingo [2FB] 2:30 **Short Stories/ Journal Writing & Snacks [2FB]** 3:15 **Bus Joyride [FL]** 6:00 Saturday Movie Night [3FC]
17 8:30 Church Transportation [FL] 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 1:00 **Scrapbooking & Memories (bring your photos) [2FB]** 2:00 **Relax & Color [2FB]** 3:00 **Angel Tree Gift Gathering with Residents & Staff [FL]** 6:00 **Sunday Evening Movie [3FC]**	**18** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:30 **Ride Along Adventure [FL]** 2:30 **Healthy Juice Bar & Health Tip [3FC]** 3:00 **Pretty Nail Spa [2FB]** 4:00 **Wine & Chat! [3FC]** 6:00 Movie & Popcorn [3FC]	**19** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:00 **December Birthday Party Celebration with Live Entertainment [DR]** 3:00 **Candy Bingo [2FB]** 4:00 Craft Workshop [3FC] 6:00 **Old Time Classic Movie!!!! [3FC]**	**20** **National Sangria Day!** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **George Center Music Therapy [3FC]** 10:30 **Chair Exercise [TR]** 1:30 **Spa Day Facials & Aromatherapy [2FB]** 2:30 **Fresh Fruit Smoothie Bar & Nutrition Tip [3FC]** 4:00 **Wine Down Wednesday: "Fresh Sangrias" [3FC]** 6:00 **Classic Movie Night [3FC]**	**21** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:00 ***Exercise w/ Heritage Healthcare [TR]*** 11:00 **Trivia [2FB]** 1:00 **Classical Music with Live Opera & Aromatherapy [3FC]** 2:00 **Floral Arrangements & Coffee!!! [3FC]** 3:00 **Documentary & Discussions [3FC]** 4:00 **Christmas Holiday Party** 6:00 **Movie Night!!! [3FC]**	**22** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:30 **Jewelry making w/Terricka [2FB]** 4:00 **Karaoke & Happy Hour [3FC]** 6:00 Movie & Popcorn [3FC] 8:00 **Shabbat Service [TR]**	**23** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 11:15 **News Views Chat [2FB]** 1:15 Candy Bingo [2FB] 2:30 **Short Stories/ Journal Writing & Snacks [2FB]** 3:15 **Bus Joyride [FL]** 6:00 Saturday Movie Night [3FC]
24 **Christmas Eve** 8:30 Church Transportation [FL] 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 1:00 **Scrapbooking & Memories (bring your photos) [2FB]** 2:00 **Relax & Color [2FB]** 3:00 **Sunday Social with Live Entertainment by Steve Sadowitz [FL]** 6:00 **Sunday Evening Movie: "Trading Places" [3FC]**	**25** **Merry Christmas!** **Transportation Closed** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:30 **Ride Along Adventure [FL]** 2:30 **Healthy Juice Bar & Health Tip [3FC]** 3:00 **Pretty Nail Spa Polish Change [2FB]** 4:00 **Wine & Chat! [3FC]** 6:00 **Movie & Popcorn:" Angels in The Snow" [3FC]**	**26** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 1:15 **One on One Activities w/ FUN CART! [3FC]** 2:00 **Candy Bingo [2FB]** 6:00 **Old Time Classic Movie!!!! [3FC]**	**27** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 2:00 **Cardio w/ Leiana [2FB]** 2:30 **Fresh Fruit Smoothie Bar & Nutrition Tip [3FC]** 4:00 **Wine Down Wednesday!! [3FC]** 6:00 **Classic Movie Night [3FC]**	**28** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:00 ***Exercise w/ Heritage Healthcare [TR]*** 11:00 **Trivia [2FB]** 1:00 **Classical Music with Live Opera & Aromatherapy [3FC]** 2:00 **Floral Arrangements & Coffee!!! [3FC]** 3:00 **Documentary & Discussions [3FC]** 6:00 **Movie Night!!! [3FC]**	**29** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 10:30 **Chair Exercise [TR]** 4:00 **Karaoke & Happy Hour [3FC]** 6:00 Movie & Popcorn [3FC]	**30** 9:30 **Early Bird Daily Activities Review & Chat! [3CS]** 11:15 **News Views Chat [2FB]** 1:15 Candy Bingo [2FB] 2:30 **Short Stories/ Journal Writing & Snacks [2FB]** 3:15 **Bus Joyride [FL]** 6:00 Saturday Movie Night [3FC] Continued at top