Assisted Living

February 2018 Gift of Kindness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE ARBOR COMPANY ENGAGED LIVING	Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey	ruesuay	veuriesuay	9:30 Early Bird Daily Activities Review & Chat! [3CS] 10:00 Exercise w/ Heritage Healthcare [TR] 10:30 Game Hour [2FB] 1:00 Classical Music with Live Opera & Aromatherapy [3FC] 2:00 Floral Arrangements & Coffee!!! [3FC] 3:30 TED TALKS & Discussion [3FC] 6:00 Movie Night! "Away From Her" [3FC]	9:30	9:30
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:00 Remember When [3FC] 2:00 Picture Memory [3FC] 3:00 Sunday Social with Live Entertainment [FL] 6:00 Sunday Evening Movie Letters To Juliet" [3FC]	9:30	9:30	9:30	9:30 Barly Bird Daily Activities Review & Chat! [3CS] 10:00 Exercise w/ Heritage Healthcare [TR] 10:30 Game Hour [2FB] 11:30 News Chat [3FC] 1:00 Classical Music with Live Opera & Aromatherapy [3FC] 2:00 Black History Month Celebration Program [3FC] 3:30 TED TALKS & Discussion [3FC] 6:00 Movie Night!! "Get Low" [3FC]	9:30	9:30 Barly Bird Daily Activities Review & Chat! [3CS] 11:15 Current Events [3FC] 1:15 Candy Bingo [3FC] 2:15 Documentary [3FC] 2:30 Bus Joyride (sign up required) "Agnes Scott College" [FL] 6:00 Movie Night!! "Midnight In Paris" [3FC]
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:00 Pictionary [3FC] 2:00 Alphabet Raffle Bingo [3FC] 3:00 Sunday Social with Live Entertainment [FL] 6:00 Sunday Evening Movie " Happy Tears" [3FC]	9:30	3:00	9:30 © Early Bird Daily Activities Review & Chat! [3CS] 10:30 © George Center Music Therapy [3FC] 10:30 © Chair Exercise [TR] 11:30 News Chat [3FC] 1:30 © Spa Day Facials & Aromatherapy [3FC] 2:00 Zumba & Cardio Class with Leiana [2FB] 2:30 © Fresh Fruit Smoothie Bar & Nutrition Tip [3FC] 4:00 Wine Down Wednesday!! [3FC] 5:00 Valentine's Day Candlelight Dinner [3CS] Movie Night:- "The Notebook" [3FC]	9:30	Chat! [3CS] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:30 Baking Club [3FC] 3:00 Friday Fun Day Group Activity [3FC] 4:00 Karaoke & Happy Hour [3FC] 6:00 Movie & Popcorn:" The	9:30 Barly Bird Daily Activities Review & Chat! [3CS] 11:15 Current Events [3FC] 1:15 Candy Bingo [3FC] 2:15 Documentary [3FC] 3:15 Bus Joyride (sign up required) [FL] 6:00 Saturday Movie Night "Something's Gotta Give" [3FC]
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:00 Remember When [3FC] 2:00 Picture Memory [3FC] 3:00 Game Hour [FL] 6:00 Sunday Evening Movie " The Straight Story" [3FC]	9:30	9:30	9:30	Activities Review & Chat! [3CS] 10:00 Exercise w/ Heritage Healthcare [TR] 10:30 Game Hour [2FB] 11:30 News Chat [3FC]	9:30	9:30
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:00 Pictionary [3FC] 2:00 Alphabet Raffle Bingo [3FC] 3:00 Sunday Social with Live Entertainment [FL] 6:00 Sunday Evening Movie "Drillbit Taylor" [3FC]	9:30 Dearly Bird Daily Activities Review & Chat! [3CS] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:15 Bus Shopping Trip "DOLLAR TREE" (sign up required) [FL] 2:30 Healthy Juice Bar & Health Tip [3FC] 3:00 Pretty Nail Spa [3FC] 4:00 Wine & Chat! [3FC] 6:00 Movie & Popcorn "Carol" [3FC]	9:30 Early Bird Daily Activities Review & Chat! [3CS] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:00 February Birthday Party with Live DJ "Sock Hop Theme" [DR] 3:00 Candy Bingo [3FC] 4:00 Puzzles [3FC] 6:00 Movie Night "Grease" [3FC]	9:30 © Early Bird Daily Activities Review & Chat! [3CS] 10:30 © George Center Music Therapy [3FC] 10:30 © Chair Exercise [TR] 11:30 News Chat [3FC] 2:00 Zumba & Cardio Class with Leiana [2FB] 2:30 © Fresh Fruit Smoothie Bar & Nutrition Tip [3FC] 4:00 Wine Down Wednesday!! [3FC] 6:00 Movie Night "Seeking A Friend for the end of The World" [3FC]	Location Keys 2nd Floor Balcony 2FB 3rd Fl Conservatory 3FC 3rd Floor Chamblee Station Dining Room 3CS Front Lobby FL Lobby Dining Room DR Theater Room TR		