Assisted Living

July 2018

Mind Over Matter

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:15 Pokeno & Prizes [3FC] 2:00 Mind Trivia Quizzes & Games [3FC] 3:00 Sunday Social "Game Activity" [FL 6:00 Sunday Evening Movie "The Week Of" [3FC]	1:30 Ride Along Adventure "Explore Buckhead (sign up required) [FL] 2:15 Spa Day Facials & Hand Massages [3FC]	Review & Chat! [3CS] 10:00 Short Stories with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:15 Brain Exercise Teasers [3FC] 2:00 Candy Bingo [3FC] 3:00 Helping Hands to Give Back "Volunteer Project" [3FC] 4:00 Craft Workshop [3FC]	9:30 Barly Bird Daily Activities Review & Chat! [3CS] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:15 Balloon Volleyball Fitness & Healthy Juice Bar [3FC] 2:00 Zumba & Cardio Class with Leiana & Fresh Smoothie Bar [2FB] 3:00 Garden Club [2FB] 4:00 Fourth of July Celebration with Live Entertainment [TR] 6:00 Classic Movie Night" Alex Strangelove Love" [3FC]	9:30	9:30	9:30
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:15 Pokeno & Prizes [3FC] 2:00 Mind Trivia Quizzes & Games [3FC] 3:00 Sunday Social with Live Entertainment [FL] 6:00 Sunday Evening Movie "The Do Over" [3FC]	Review & Chat! [3CS] 10:00 Comedy Hour with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:30 Ride Along Adventure "Atlantic Station"	2:00 Candy Bingo [3FC] 3:00 Helping Hands to Give Back "Volunteer Project" [3FC] 4:00 Puzzles [3FC] 6:00 Movie Night "Step It Up 2" [3FC]	9:30	9:30	9:30	9:30
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:15 Pokeno & Prizes [3FC] 2:00 Mind Trivia Quizzes & Games [3FC] 3:00 Sunday Social with Live Entertainment [FL] 6:00 Sunday Evening Movie "Penalty Kick" [3FC]	11:30 News Chat [3FC]	10:00 Short Stories with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:00 Lunch Outing to Goldbergs Fine Foods (sign up required) [FL] 1:15 Brain Exercise Teasers [3FC] 2:00 Candy Bingo [3FC]	9:30	10:00	9:30	9:30
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:15 Pokeno & Prizes [3FC] 2:00 Mind Trivia Quizzes & Games [3FC] 3:00 Sunday Social with Live Entertainment [FL] 6:00 Sunday Evening Movie "Naomi an Ely's No Kids List" [3FC]	Review & Chat! [3CS] 10:00 Comedy Hour with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:30 Ride Along Adventure "Georgia State Capitol" (sign up required) [FL] 2:15 Spa Day Facials & Hand Massages [3FC] 3:00 Nail Spa Polish Change (sign up required)	Chat! [3CS] 10:00 Short Stories with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:00 Shopping Outing to Family Dollar (sign up required) [FI]	9:30	Activities Review & Chat! [3CS] 10:00	Review & Chat! [3CS] 10:30 Life Reflections with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:30 Jewelry Creations [3FC]	9:30
8:30 Church Transportation [FL] 9:30 Early Bird Daily Activities Review & Chat! [3CS] 11:00 Church Live Stream Service [3FC] 1:15 Pokeno & Prizes [3FC] 2:00 Mind Trivia Quizzes & Games [3FC] 3:00 Sunday Social with Live Entertainment [FL] 6:00 Sunday Evening Movie "WildFlower" [3FC]	Review & Chat! [3CS] 10:00 Comedy Hour with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:30 News Chat [3FC] 1:30 Ride Along Adventure "Atlanta Beltline	10:00 Short Stories with Resident Care [3FC] 10:30 Chair Exercise [TR] 11:00 Lunch Outing at Piccadilly (sign up required) [FL] 1:15 Brain Exercise Teasers [3FC] 2:00 Candy Bingo [3FC] 3:00 Renaissance Assisted Living Auction (ROP bucks required to participate)	THE ARBOR COMPANY COMP	 Arts & Education Deep Connections Health & Wellness Purposeful Living Recreation & Leisure Spiritual Journey 	Location Keys 2nd Floor Balcony 2FB 3rd Fl Conservatory 3FC 3rd Floor Buckhead Crossing Dining Room 3BC 3rd Floor Chamblee Station Dining Room 3CS Front Lobby FL Lobby Dining Room DR Theater Room TR	