

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- Arts & Education
- Deep Connections
- Health & Wellness
- Recreation & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>1:00 Trip to Trader Joes (sign up required) [FL]</p> <p>2:00 Exploring Our Minds with Ed Garcia [TR]</p> <p>3:00 Walking Club "Dresden Park" [FL]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>1:00 Candy Bingo [CR]</p> <p>2:00 Great Courses- Understanding Japan: A Cultural History [TR]</p> <p>4:00 Happy Hour [BL]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>10:30 Transp. to DMV (sign up required) [FL]</p> <p>10:45 Chair Exercise [2FB]</p> <p>11:15 Tai Chi [TR]</p> <p>1:00 Activities/ Engagement Meeting [TR]</p> <p>1:30 Bank Run [FL]</p> <p>2:00 Two O'clock Tunes with Judy Boehm [FL]</p> <p>3:15 Aging and Self Care Presentation [TR]</p> <p>7:30 Poker [CR]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>11:00 Outing to Fernbank Museum of Natural History (sign up required) [FL]</p> <p>11:15 Chair Exercise [2FB]</p> <p>2:00 Classical Music: Medici TV [TR]</p> <p>2:00 Zumba &amp; Cardio Class with Leiana [2FB]</p> <p>4:00 Happy Hour [BL]</p> <p>8:00 Quarter Bingo [CR]</p>	<p>10:00 Exercise with Heritage Healthcare [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>1:00 Trip to Dollar Tree (sign up required) [FL]</p> <p>2:00 Women's Discussion Group with TED Talks [TR]</p> <p>3:00 Residents Meeting [TR]</p> <p>3:00 Walking Club "Dresden Park" [FL]</p> <p>3:30 Transportation to Emory Wesley Woods Center "Men's Transitions Senior Program Support Group" (sign up required) [FL]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>11:15 Tai Chi [TR]</p> <p>2:00 Quarter Bingo [CR]</p> <p>3:00 Current Events [TR]</p> <p>4:00 Happy Hour &amp; Specialty Cocktail [BL]</p> <p>8:00 Shabbat Services [TR]</p>	<p>9:00 Transportation to Synagogues [FL]</p> <p>10:00 Saturday Morning Exercise [TR]</p> <p>10:30 Transportation to Target [FL]</p> <p>12:00 Color Therapy "Adult Coloring Books" &amp; Painting [CR]</p> <p>1:00 Opera/ Ballet: Medici TV [TR]</p> <p>3:00 Mid Day Matinee Movie &amp; Popcorn "Hidden Figures" [TR]</p> <p>8:00 Evening Bingo [CR]</p>
<p>8:30 Church Transportation [FL]</p> <p>2:00 Transportation to Stein Mart Plaza [FL]</p> <p>2:00 Quarter Bingo [CR]</p> <p>3:00 Sunday Social with Live Entertainment by Steve Long [FL]</p> <p>4:00 Tour the World "Virtual Travel Tour" [TR]</p> <p>5:30 Dinner at Seasons 52 (sign up required) [FL]</p> <p>6:00 Outing to Ahavath Achim Synagogue "Fran Eizenstat &amp; Eizenstat Family Annual Lecture Featuring Wolf Blitzer" [FL]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>1:00 Candy Bingo [CR]</p> <p>2:00 Great Courses- Understanding Japan: A Cultural History [TR]</p> <p>4:00 Happy Hour [BL]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>11:15 Tai Chi [TR]</p> <p>1:30 Bank Run [FL]</p> <p>2:00 Arts &amp; Crafts Workshop [CR]</p> <p>3:15 Women of Valor presentation by Brandt Ross [TR]</p> <p>7:30 Poker [CR]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>11:00 Brain Masters with Heidi [CR]</p> <p>11:15 Chair Exercise [2FB]</p> <p>2:00 Classical Music: Medici TV [TR]</p> <p>3:00 12th &amp; 14th Floor Social [2FB]</p> <p>4:00 Happy Hour [BL]</p> <p>8:00 Quarter Bingo [CR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>12:00 Renaissance Cookout Picnic Trip to Michaels Crafts &amp; Home Goods (sign up required) [FL]</p> <p>1:00 Grief Support Group Presentation [TR]</p> <p>2:00 Bible Study [CONF]</p> <p>3:00 Walking Club "Dresden Park" [FL]</p> <p>3:15 Heritage Healthcare Program [TR]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>11:00 Friday Fun Day [FL]</p> <p>2:00 Quarter Bingo [CR]</p> <p>3:00 Current Events [TR]</p> <p>4:00 Happy Hour &amp; Specialty Cocktail [BL]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:00 Transportation to Synagogues [FL]</p> <p>10:00 Saturday Morning Exercise [TR]</p> <p>10:30 Transportation to Target [FL]</p> <p>12:00 Color Therapy "Adult Coloring Books" &amp; Painting [CR]</p> <p>1:00 Opera/ Ballet: Medici TV [TR]</p> <p>3:00 Mid Day Matinee Movie &amp; Popcorn "Fences" [TR]</p> <p>8:00 Evening Bingo [CR]</p>
<p><b>Father's Day</b></p> <p>8:30 Church Transportation [FL]</p> <p>11:30 Father's Day Brunch &amp; Beer [DR]</p> <p>2:00 Transportation to Stein Mart Plaza [FL]</p> <p>2:00 Quarter Bingo [CR]</p> <p>3:00 Sunday Social with Live Entertainment [FL]</p> <p>4:00 Tour the World "Virtual Travel Tour" [TR]</p> <p>5:30 Dinner at The Cheesecake Factory (sign up required) [FL]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:30 Jewelry Repair [BL]</p> <p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>1:00 Candy Bingo [CR]</p> <p>2:00 Great Courses- Understanding Japan: A Cultural History [TR]</p> <p>3:00 Writer's Group Meeting [PDR]</p> <p>4:00 Happy Hour [BL]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>10:00 Hearing Clinic with Monica [CR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>11:15 Tai Chi [TR]</p> <p>1:30 Bank Run [FL]</p> <p>2:00 Two O'clock Tunes with Steve Long [FL]</p> <p>7:30 Poker [CR]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Atlanta Symphony Orchestra 2017-2018 Season Ticket Sales [CR]</p> <p>10:00 Morning Exercise [TR]</p> <p>11:15 Chair Exercise [2FB]</p> <p>2:00 Classical Music: Medici TV [TR]</p> <p>2:00 Zumba &amp; Cardio Class with Leiana [2FB]</p> <p>4:00 Happy Hour [BL]</p> <p>8:00 Quarter Bingo [CR]</p>	<p>10:00 Exercise with Heritage Healthcare [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>1:00 Trip to Toco Hills Shopping Center (sign up required) [FL]</p> <p>2:00 Women's Discussion Group with TED Talks [TR]</p> <p>3:00 Walking Club "Dresden Park" [FL]</p> <p>3:30 Transportation to Emory Wesley Woods Center "Men's Transitions Senior Program Support Group" (sign up required) [FL]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>11:15 Tai Chi [TR]</p> <p>2:00 Quarter Bingo [CR]</p> <p>3:00 Current Events [TR]</p> <p>4:00 Happy Hour &amp; Specialty Cocktail [BL]</p> <p>8:00 Shabbat Service [TR]</p>	<p>9:00 Transportation to Synagogues [FL]</p> <p>10:00 Outing to Harrah's Cherokee Casino Resort- Cherokee, NC (sign up &amp; deposit required) [FL]</p> <p>10:00 Saturday Morning Exercise [TR]</p> <p>10:30 Transportation to Target [FL]</p> <p>12:00 Color Therapy "Adult Coloring Books" &amp; Painting [CR]</p> <p>1:00 Opera/ Ballet: Medici TV [TR]</p> <p>3:00 Mid Day Matinee Movie &amp; Popcorn "Walking with the Enemy" [TR]</p> <p>3:00 Yoga with Linda [2FB]</p> <p>8:00 Evening Bingo [CR]</p>
<p>8:30 Church Transportation [FL]</p> <p>2:00 Transportation to Stein Mart Plaza [FL]</p> <p>2:00 Quarter Bingo [CR]</p> <p>3:00 Sunday Social with Live Entertainment by Jeni Michelson [FL]</p> <p>4:00 Tour the World "Virtual Travel Tour" [TR]</p> <p>5:30 Dinner at Colonnade Restaurant (sign up required) [FL]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>12:00 Women's Discussion Group Participants Luncheon "Pizza &amp; Beer" (ticket required to attend)</p> <p>1:00 Candy Bingo [CR]</p> <p>2:00 Great Courses- Understanding Japan: A Cultural History [TR]</p> <p>4:00 Happy Hour [BL]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>11:15 Tai Chi [TR]</p> <p>1:00 June Birthday Party with Live Entertainment [DR]</p> <p>1:30 Bank Run [FL]</p> <p>2:00 Book Club Meeting [PDR]</p> <p>3:00 Let's Play Trivia [CR]</p> <p>7:30 Poker [CR]</p> <p>7:45 Evening Movie [TR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>11:00 Outing to High Museum of Art (sign up required) [FL]</p> <p>11:00 Brain Masters with Heidi [CR]</p> <p>11:15 Chair Exercise [2FB]</p> <p>2:00 Classical Music: Medici TV [TR]</p> <p>4:00 Happy Hour [BL]</p> <p>8:00 Quarter Bingo [CR]</p>	<p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>10:45 Bus Errands [FL]</p> <p>1:00 Trip to Sprouts Farmers Market (sign up required) [FL]</p> <p>2:00 Living with Strangers presentation by Brandt Ross [TR]</p> <p>3:00 Walking Club "Dresden Park" [FL]</p> <p>4:30 Candlelight Dinner 1st Seating [DR]</p> <p>6:30 Candlelight Dinner 2nd Seating [DR]</p> <p>7:45 Evening Movie [TR]</p>	<p>9:45 Transp. to MJCC Rec. Facilities [FL]</p> <p>10:00 Morning Exercise [TR]</p> <p>10:45 Chair Exercise [2FB]</p> <p>12:00 Men's Discussion Group Luncheon "Pizza &amp; Beer" [PDR]</p> <p>2:00 Quarter Bingo [CR]</p> <p>3:00 Current Events [TR]</p> <p>4:00 Happy Hour &amp; Specialty Cocktail [BL]</p> <p>7:45 Evening Movie [TR]</p>	<p><b>Location Keys</b></p> <p>2nd Floor Balcony 2FB</p> <p>Back Lobby BL</p> <p>Conf Room CONF</p> <p>Crafts Room CR</p> <p>Front Lobby FL</p> <p>Lobby Dining Room DR</p> <p>Private Dining Room PDR</p> <p>Theater Room TR</p>