

We Offer 3 Types of Sessions for Triathletes, Competitive Swimmers and Learn-to-Swim Adults

VIDEO STROKE ANALYSIS

Using our cutting edge technology, your SwimLabs coach captures a 360° video of your stroke providing instant visual feedback. All video recordings, screen shots, instructor notations and drawings from the session, along with side-by side comparative analysis to world class swimmers will be compiled into a media file and sent to you for your review & reference.

COMPETITIVE LESSONS

Triathletes, Competitive Swimmers, Master Swimmers will benefit from our cutting edge technology by receiving instant visual feedback for stroke development & swim efficiency. Interaction with the SwimLabs coach will be similar to a Video Stroke Analysis - however - all of the videos, screen shots, notations, etc., from the session will not be recorded.

LEARN-TO-SWIM LESSONS

These lessons are for Adults who want to learn to swim; maybe need to overcome a fear of the water; would like to learn any/all of the 4 strokes; maybe getting ready for a first Triathlon; would like to swim short distances without becoming fatigued quickly; or maybe are planning to swim while on vacation and would like to be confident in the water.

VIDEO STROKE ANALYSIS

Lesson Type	Per Session	Cost
Single Session	\$95.00	\$95.00
Tri-Pack	\$80.00	\$240.00
Packages may not be shared, all listed prices are per person		

COMPETITIVE LESSON

Lesson Type	Per Lesson	Cost
Single Lesson	\$76.50	\$76.50
5 Pack of Lessons	\$69.75	\$348.75
10 Pack of Lessons	\$68.25	\$680.25
Packages may not be shared, all prices listed are per person		

Auto-Payment for Competitive Swim Lessons		
Monthly Fee based on 4 week month - fees adjusted based on the number of weeks/month.		
Private	Monthly Fee*	Per Lesson
1x week	\$252*	\$63.00
2x week	\$504*	\$63.00

LEARN-TO-SWIM LESSONS

Lesson Type	Per Lesson	Cost
Single Lesson	\$75.00	\$75.00
5 Pack of Lessons	\$350.00	\$70.00
10 Pack of Lessons	\$650.00	\$65.00
Packages may not be shared, all prices listed are per person		

COMBO PACKAGE OFFERINGS FOR THE COMPETITIVE SWIMMER

Combo Packages offer a discounted combination of Video Stroke Analysis Sessions along with Competitive Lessons: Resulting in long-lasting stroke refinement, technique development and to swim faster, faster!

Package Type	Per Pack	Discount*
<u>Sprint Pack</u> (2 Video Stroke Analysis Sessions and 1 Competitive Lesson)	\$238.50	10%
<u>Performance Pack</u> (2 Video Stroke Analysis Sessions and 3 Competitive Lessons)	\$356.00	15%
<u>Endurance Pack</u> (2 Video Stroke Analysis Sessions and 4 Competitive Lessons)	\$386.00	22%
Packages may not be shared, all listed prices are per person		