

Transcript of the Video:

Welcome to this course on 'HOW TO BE AN EFFECTIVE MENTEE IN FE  
A COURSE FOR PRACTITIONERS'

Engaging with a mentor or coach is a highly effective method for improving teaching practice, building confidence, and experiencing greater job satisfaction in the Further Education sector.

This course serves as an introduction to becoming an effective mentee. It will provide insights into what you can expect and how to maximise the benefits of your mentoring or coaching relationship.

Here we dive into preparing for Mentoring, Mentoring Techniques and how to keep the mentoring relationship on track. You'll explore definitions of mentoring, how to be a mentee, ways to prepare for meetings, ask the right questions, visualise your career and discover what to do if the mentoring relationship goes wrong. You'll also get a unique chance to visualise your career and plan for the future.

While the topics here primarily focuses on one-to-one mentoring conducted by colleagues within the teaching profession, the principles discussed can be applicable to other forms of mentoring as well.

We hope you find this course enriching as you delve into the realm of effective menteeship.