

KIDSFIT™

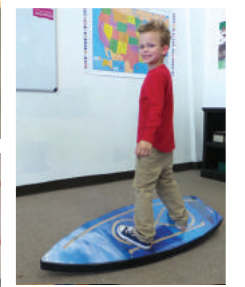
International Youth Fitness

Changing The Future For All Children By Improving
Their Health, Wellness, And Education Through Movement!



LABS: TRANSFORM YOUR SCHOOL WITH AN ACTIVE LEARNING LAB

see more labs by visiting www.kidsfit.com



Available Activities *(25 to choose from)*

- 503 Tactile Stepping Pathway
- 802 Step Up Station
- 807 Veggie Boxes
- 805 Fit Kart
- 808 Mini Balance Bridge
- 809 Balance Beam
- 811 Keyboard Mat
- 812 Learn N Move Mat
- 813 Patterned Walking Mat
- 816 Frog Hopper
- 817 Hundred's Wall Chart
- 822 Mini Surfboard
- 524 5 Piece Lily Bridge Set
- 825 Platform Steps
- 826 Elevated Climbing Wall
- 833 Balance Rope
- 830 Balance Boards



OPTIONAL
TEACHER STOOL

KC-34 6 person special pedal desk (Inset (KC-99)
*Also available in 5 person (Model number KC-36)

PEDAL DESKS FROM \$595

Recommended for 1st grade-6th grade

The simple, resistance free, motion is bulletproof and designed to meet the demands of continuous daily use! The Pedal Desk is manufactured with extremely simple turn and twist seat and table adjustments. It comes with a one-piece welded pedal crank system. The mechanism is built to be extremely user friendly, using only 2 bolts! Children are fully protected from all moving parts by side cover guards. Kid-powered-no external power required.

- Great for teachers that want focused alert and engaged students! It enhances teamwork.
- Increases attention span. Promotes peer interaction and socialization.

ADD ONS: Optional pivoting arm with Ipad/Nook/kindle, sensory tactile strip



KC-39 Double Rectangular Pedal Desk
• Also available in 4 Person
(Model Number KC-38)



Recommended for
1st-3rd grade



Trainer: Stacey Shoecraft

Stacey Shoecraft is an Action Based Learning Certified Trainer and fifth grade math and science teacher. She has created the first kinesthetic classroom in the nation. Her mission is to enhance learning for all students by incorporating movement into today's classroom environment. In 2015, Stacey debuted the first kinesthetic classroom book titled "Teaching Through Movement".



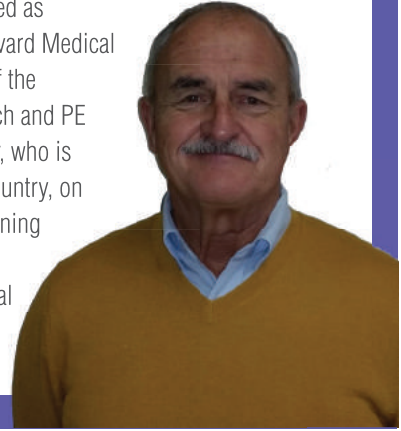
ph: 843.336.5090
www.kidsfit.com





Trainer: David Spurlock

David Spurlock, director of active education group, is hailed as “one of the titans of physical education in the US,” by Harvard Medical School researcher and author Dr. John Ratey, “he is one of the biggest reformers in this country.” Spurlock, a retired coach and PE teacher and administrator is now an experienced presenter, who is regularly asked to speak at conferences, throughout the country, on how the integration of daily physical activity improves learning and behavior. His practical application of movement in the classroom is currently a subject of research by The Medical University of South Carolina and Johns Hopkins University School of Medicine.



Adult Wobble Stool



Varsity Pedal Desk



Standing Desk

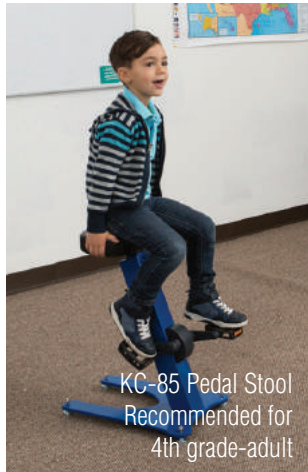
**HIGH SCHOOL
AND
MIDDLE SCHOOL
DESKS**



851 Wobble Chair 14"
Recommended for K-4th Grade



KC-87 ABC Standing Desk
Recommended ages 6-adult
Add Ons: Optional Stool



KC-85 Pedal Stool
Recommended for
4th grade-adult



Foot Rocker

Save the Date KC TRAINING SESSIONS:

WHEN? March 28-29, 2016

WHERE?

Hilton Garden Inn 300 Wingo Way Mt. Pleasant, SC 29464

TIME? 8:30 a.m. - 4 p.m.

EVEN CONTACT INFORMATION:

Kidsfit Main Office (843) 336.5090

A Comprehensive approach to the Kinesthetic Classroom, Including:

Kidsfit invites your team to help transform the way our children learn! Seminars benefit teachers of all levels, nurses, OTs, PTs, parents, administrators, curriculum developers and decision makers. Anyone who attends, will walk away with valuable information which has the power to change lives and transform the future of education. Fulfill your passion and purpose! Each Master Trainer brings their own expertise to our innovative workshops. Our Master Trainers train teachers, principals, and school administrators how to link academics to the movement, with or without kinesthetic desks.

MINION CHAIRS



Available in three colors:

Licorice, Bubble Gum and Sour Apple.

**Plus,
Adult Sizes!**



KC-10 Balance Desk
Recommended for 2nd grade-adult

Ellipse KC-40



Recommended for 2nd grade-adult
— Also available in 2, 3, 4, and 6 person desks!

KC-20 Stepper Desk
Recommended for
middle school-adult



Trainer: Mike Kuczala

Mike Kuczala is the director of instruction for the Regional Training Center, an educational consulting firm based in Randolph, New Jersey. As an adjunct professor of graduate education at Gratz College of Pennsylvania and The College of New Jersey, and an in-demand keynote presenter, he regularly facilitates professional development programs in the areas of motivation, using movement to enhance the learning process, brain-based instruction, differentiated instruction, enhancing student thinking, multiple intelligences, and topics related to wellness and stress management.





KC-96 Seated Strider
Available in two sizes K-1st grade 2nd grade and up!

Underneath KC-50 Strider Desk
Recommended for grades 2nd grade-adult
- Also available in 2, 3, 4, or 6 person desks!



Trainer: Erin Frizzell

Erin Frizzell is a physical education and health teacher who most recently was named OAH-PERD's 2015 Health Teacher of the Year for the state of Oklahoma. She was selected as teacher of the year for her school and has received the OKC Heartland Rotary Club Work for Peace award. After spending ten years in the classroom, she moved to the gym seven years ago searching for a way to link academic content to movement. Erin became an Action Based Learning Certified Trainer who has created and currently coordinates two state-of-the-art Kidsfit kinesthetic learning labs in her district. She educates and trains teachers and administrators looking to implement "Brain Gyms" and conducts workshops on classroom management and mentoring. Giving exercise and movement a voice outside of the gym energizes Erin to broaden the impact of her current work with Kidsfit.





KC-6ST Standing Variety Desk

Recommended for grades 2nd grade-high school

Includes: 2 Ellipse Stations, 2 Pedal Stations, 2 Stand N Spin Stations



KC-27 Ergo Spin Desk

- Recommended for grades 4th grade-adult

- Also available in 2, 3, 4, or 6 person desks!

Trainer: Dana Chambers

Dana Chambers currently leads the Action Based Learning sector of Schools for Healthy Lifestyles in Oklahoma and presents at schools all over the nation. Chamber's achievements include receiving the Oklahoma SHAPE Honor Award, Elementary Teacher of the Year, Health Educator of the Year, Newcastle's Teacher of the Year, PEP Grant Director from 2012-2015, member of OK Shape America, consultant for Head Start Body Smart (2009-2012) and VP of PE for Shape America's Board and Council.





KNEEL N SPIN

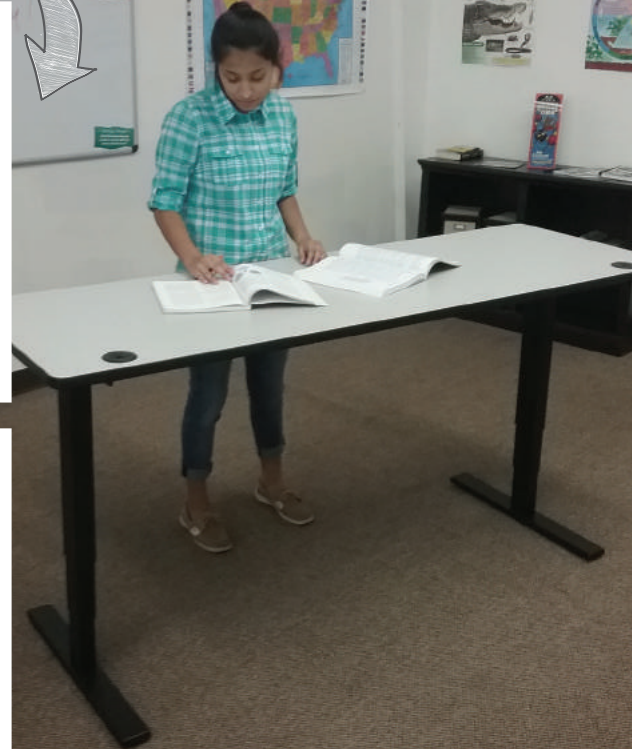
THE KINESTHETIC CLASSROOM

Add a **BEAN BAG** to ANY Room **ONLY \$188!** KC-7



Recommended for Kindergarten - 4th grade

YOUR CHOICE OF STOOL!



XL Electric Standing Desk KC-100
Includes KC-85 pedal stool or KC-99 teacher stool - your choice!

KC-101 Hydraulic adjustable table—
includes KC-85 pedal stool or KC-99 teacher stool - your choice!

ACTIVE BRAIN LAB

Items Available for Labs:

655 Elementary Snowboarder

690 Elementary Moonwalker

676 Elementary Deluxe Skier

601 Elementary Elliptical

610 Platform Steps

655 Elementary Semi-Recumbent Bike

667 Elementary Kneel N Spin

685 Elementary Starwalker

709 Elementary Treadmill

KC-35 Pedal Desk



The Active Brain Lab Package comes with complete teacher trainings offered on-site for the entire school.

How Do Active Brain Labs Work?

Classes rotate thought the day in short sessions tom study before a test, go over math facts, vocab words, read, etc. The lab is also used for after school tutoring sessions or for students to come do their homework.

TO SEE MORE LABS, VISIT WWW.KIDSFIT.COM!



ph: 843.336.5090
www.kidsfit.com



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**CHANGING THE FUTURE FOR ALL CHILDREN BY IMPROVING
THEIR HEALTH, WELLNESS, AND EDUCATION THROUGH MOVEMENT!**

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