







Ages 5-9



Ages10-17

The Kidsfit Story

In 1999 Kidsfit was started in a small warehouse with the dream of one day impacting the lives of thousands of kids. Today we manufacture 7 different lines of children's exercise equipment and our products are sold all over the world! At the heart of what we do is a spirit of innovation and play. In 2011 we developed Active Play Obstacle Courses that create in children an irresistible desire to get active! Thanks to you, we are able to produce products that make a difference in the lives of children everywhere. At Kidsfit we have one goal- "Motivate Kids to Move!" It is our passion and our life work. We are genuinely excited to partner with you to bring active, healthy, well balanced exercise to youth everywhere!



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Model 903 Childhood Obstacle Course (PreK-4)





As seen above this obstacle course comes complete with:

Model 901 (3) Custom Playhouses with bridges, slide, ball drop and climber Model 508 Suspended Motion Swing & Frame

Model 507 (2) Rocking Turtle Shells Model 578 Gear Action Platform w/ your custom logo

Model 521 Rainbow River Stones Model 510 (3) Interconnected Balance Beam with Hoop& slalom step

Obstacles. Model 535 Platform Steps

Model 524 Water Lily & Bridge Set (6 pieces)

Model 570 Set of 3 Obstacle Boxes Model 515 Connector Ramp Model 516 Wide Connector Ramp Model 595 Instructional Cone Set (not

shown) Model 513 Balance Board Set (Not

shown) Optional: 16' Climbing Wall Model

4000 Deluxe with Facility logo & colors

Model 547 (2) Crawl Through Tunnels Model 503 Wavy Tactile Obstacle Path Model 555 Elevated Climbing Wall Model 528 Stepping Learning Ladder Model 557 Bridge Over troubled Water Model 588 Directional Floor Arrows Model 135 Fitness Poster Set Model 136 Fitness Poster Set Model SS190 Super Small Moonwalker Obstacle Model 567 Kneel & Spin Motion Obstacle (not shown) Model 598 Obstacle Lesson Plan Ideas Model 583 4' x 8 Padded Floor Mats (2)











Includes: Model SS190 (OR Model 690 Elementary/695 Junior Moonwalker OR Model 655 Elementary Semi-Recumbent Bike) Model SS100 Super Small Bike Model 667 Kneel & Spin Model 4000 16' Custom Deluxe Climbing Wall w logo included Model 588 Directional Floor Arrows w/your logo included Model 135 Poster Set Model 136 Poster Set Model 583 Padded Floor Mats (4) Model 563 Up-N-Over Rope Climber w/ Tunnel Model 564 Free Standing Double Sided Net Climber Model 598 Lesson Plan Idea Set Model 524 6 piece Water Lily & Bridge Set Model 596 Slide & Climb Set with Climber Tower *Safety Padding required below Climber Tower. Model 510 Interconnected Balance Beam Set of 3 with Hula & Slalom Obstacles Model 571 Box & Bridge Obstacles Set Model 515 (2) Narrow Connecting Bridges Model 516 (2) Wide Connecting Bridges Model 517 Pivoting Balance Beam

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Model 907 Childlike Kingdom Obstacle Course- Open 2 Sided

Model 905 Childlike Kingdom Open 2 Sided System This system includes: Big Step Safety Platform Arched Bridge Climber Upper Level 2 Level Kidz Clubhouse Lower Level Free Motor Skill Exploration Zone & Bubble Window

HOPE

LOVE

2 Level Look-out Tower Beginner Climbing Wall Advanced Climbing Wall Connecting Tunnel Crawlers (2) Whimsical Playhouse Lower Level Crawl Through Tunnel Super Slide & Padded Landing Mat

> <u>Comes complete with:</u> 5 Padded Floor Mats Customized Logo Signage Customized Theme & Branding Obstacle Lesson Plan Ideas Youth Fitness Poster Set

*Also Available- Model 913 Complete 3 Sided Childlike Kingdom (Not Pictured).

HOPE

FAITH



Model 910 Complete 2 Sided Childlike Kingdom Obstacle Course

Model 910 Complete 2 Sided Childlike Kingdom Obstacle Course includes every item in the 905 package plus every item in the 903 package.



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MCA

Model 915 Complete 4 Sided Childlike Kingdom Obstacle Course

KIDSFIT Model 915 Complete 4 Sided Childlike Kingdom:

- 2 Level Climb & Crawl Obstacles
- Kids Lookout Towers (2)
- Kids Treehouses (2)
- Beginner Climbing Wall
- Intermediate Climbing Wall
- Advanced Climbing Wall
- Slide-Through Obstacle
- Padded Floor
- Round-a-bout Climbing Stairs
- Your Custom Logo/Branding Graphics throughout!



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*Also Available in Model 920 Complete 4 Sided Childlike Kingdom w/ Low Level Obstacle Course (not shown) This Obstacle course includes every element in Model 915 plus: All of the elements in Model 903 Low Level Obstacle Course *Custom Configurations are available- Call us with your ideas!

Model 902 "Kidz Club" Double Play House Obstacle Course XL

Model 901 "Kidz Club" Triple House Obstacle Course



Model 901 Triple House Obstacle Course

Each house is equipped with details such as gears, wood, stone, brick accents, skylights, chimneys and angled windows. House 1 starts the obstacle by requiring each child to climb into the whimsical playhouse. Bridge 1 creates a crawling obstacle as they move towards the next house. House 2 provides children the opportunity to use the ball drop that then creates incentive to crawl to the next house. House 3 requires the child to reposition their body in order to enjoy the slide area out of the house. They can retrieve the ball and repeat the process. *Available with your facility logo integrated throughout the structures! (This requires a 35" door opening).

Model 902 "Kidz Club" Double Play House Obstacle Course XL

This dual house package is maxed out with details and fun for kids of all ages. Both houses are built on a foundation with the company's logo and your character counts words or other phrases. One Play House has an elevated climbing wall obstacle leading up to the entrance and the other house has a curvy slide. The houses are uniquely designed with fun angled windows and skylights in each roof. They are connected by a tunnel so kids can travel back and forth easily as they explore. (This larger obstacle requires a 60" entrance way).

Model 904 Kidz Club Single Play House

This unit comes with:

- Climb Board
- Slide
- Circular Window
- Ball Drop
- Your Logo/Brand
- Chimney & Whimsical Gears

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Model 596 Slide & Climber Unit

This all in one corner unit has it all- a 4 rung climbing challenge that leads up to a mini house platform that connects to a slide! Built with super duty materials. This unit is the perfect addition for any kids fitness facility. *Protective flooring required beneath climber. Key Areas: Creative Play Interaction Motor Skills Development Vestibular System





Model 564 Free Standing Double Sided Net Climber

This fully adjustable system comes complete with safety mats. This net climber acts as a functional strength development tool for kids who just want to have fun! Facility operators can control the difficulty using a simple snap & clip adjustment system. *Padded floor mat required Key Areas: Balance Coordination Visual Perceptual Skills Gross Motor Development



This is the "just right challenge" for kids. Complete with climbing holds and knotted rope, each individual has the option of how they want to climb. Built in tunnel allows for for exploring and added exercise! *Padded floor mats required. Key Areas: Balance Coordination Gross Motor Skills

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Obstacle Box & Bridge Systems

OBSTACLE BOXES





Model 570 Box & Bridge Obstacle Starter Set This 5 piece starter set can be used for plyometric exercises as well as an addition to an obstacle course. Each box has several options for easy balance beam and connector attachments/. The perfect way for kids to climb, jump, and explore their environment. This set includes (1) Model 520 Box (1) Model 521 Box (1) Model 522 Box, (1) Model 516 Wide Connector Ramp & (1) 515 Narrow Connector Ramp.

Model 572 12"Add-On Box



ATTACHMENTS AND BALANCE BEAM



Model 517 Pivoting Balance Beam

The Pivoting Balance Beam fits into all of our Deluxe Obstacle Boxes. With slight motion from left to right, this balance beam gives users an added challenge as they cross from box to box.

Model 516 Wide Ramp

Connector

The Wide Ramp is a great

tool for enhancing the user's

balance. It can be set up as a

connecting bridge, an incline path leading to an obstacle box, or a decline path as

shown to the right. Optional

Hula Hoop addition is also available to give an added challenge.



Model 515 Narrow Wooden Connector

The Narrow Wooden Connector serves as the bridge between two obstacle boxes and enables kids to be challenged while improving their balance and coordination. The narrow base gives an added challenge to user's as it makes them learn how to compensate for a small surface area.

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Model 574 Obstacle Box Set: 8 Boxes 10 Attachments

Model 574 Obstacle

KIDSFIT

Box Set

*Pictured Above Includes: (8) Obstacle Boxes (1) Model 514 Ladder Attachment (1) Model 517 Pivoting Balance Beam (4) Model 516 Wide Ramp Connectors (1) Set of Hula Hoop Attachments (4) Model 515 Narrow Ramp Connectors







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Model 528 Obstacle Stepping Ladder A fun way for kids to practice their color skills, listening skills, coordination and balance. Jumping, stepping, moving laterally and rapid hops are just a few of the

rapid hops are just a few of the ways kids can participate on the learning ladder! *For use while lying flat on floor only. Key Areas: Vestibular System

Visual Motor Coordination





Model 510 Balance Beam Participants improve vestibular balance, movement coordination and concentration while

understanding their body's center of gravity. The Balance Beam also helps to improve selfconfidence, learning ability and sense of reaction. Each unit is equipped with the ability to add another beam on each end, thus 🖉 allowing facility operators to make the beam as long as they need. Each additional beam can be positioned in multiple shaped layouts including circular, zigzag, curved, etc. Key Areas: Balance Proprioception

Visual Perceptual Skills



*Also available with optional add-on hula hoops and slalom step poles.

Model 522 Balance Arch

There are many ways to play with the Balance Arch, from creating half a circle and using it as an arch walkway, forming a full circle, or placing it on it's side. The balance Arch provides an array of challenges and training fun for kids. Ages 3 & up. Key Areas: Vestibular System Coordination

Model 513 Balance Board Set of 3

Set of 3 pivoting balance boards develops balance and coordination. Children can rock from front to back and left to right. Key Areas: Balance Reaction Capacity Vestibular System

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Model 508 Suspended Swing & Frame

The Suspended Platform Swing accommodates 1-2 users while providing a firm base for movements. Steel enclosed frame makes it especially durable and padded beams make it a safe way for kids to have fun! The swinging motion is designed to stimulate the user's cerebral cortex. Age 4 years old and up.

> Key Areas: Sensory Input Proprioception



Platform Swing is available as an optional add-on with Model 508 and can be easily changed out for the Motion Swing. The Platform Swing is a unique seated swing device that is manually controlled by the user or therapist.















Model 507 Green "Rockin" Turtle Shell The Rocking Turtle Shell is designed with safety & fun in mind! The bottom has a smooth curve to prevent children from getting hurt when they rock from side to side. Key Areas: Vestibular System Social Interaction Teamwork



WISDOM WOODEN BOX SETS

Model 576 Wisdom Wooden Box Set

Kids love to climb on the oversized Wisdom Wooden Box. With 6 different places to add attachments and configure your obstacle course it is sure to add hours of fun to your facility. The box is engraved with key words that encourage strong character such as responsibility, respect, caring and honesty.

Package Options

Model 576A: Comes with 1 Wisdom Wood Box and four ramp connectors.
Model 576B: Comes with 2 boxes and 6 ramp connectors
Model 576C: Comes with 4 boxes and 10 ramp connectors
Model 576D: Comes with 6 boxes and 15 ramp connectors.



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Model 524 (6 pieces) & Model 525 (12 pieces)Lilly Bridge Set The curvy bridge board can be used to

construct a humpback bridge or a reverse bridge, allowing children to practice the actions of walking or crawling up and down and to enhance their physical coordination, dexterity and balance. The process of making changes in island heights and creating different path combinations of the Water Lily system can help children cultivate spatial concepts and improve their action planning and problem solving skills. Key Areas: Spatial Awareness

> Motor Skills Development Balance & Coordination







Model 555 Elevated Climbing Wall The elevated climbing wall gives children the chance to explore and learn about their environment while being appropriately challenged. Key Areas: Tactile Perception Gross Motor Skills Vestibular System

Model 586 Animal Parade 8 Pieces

This 8 piece set includes a set of 2 dinosaur themed steps, 2 flying fish slopes, 2 seal themed wavy slopes and 2 square platforms. Soft, safe and comfortable material is perfect for young children. The Animal Parade stabilizes toddlers steps by training them to walk on the slope. Develops young children's motor skills such as crawling, walking and going upstairs/

> downstairs, etc. Key Areas: Motor Skills Development Exploration of the Environment **Tactile Perception**



Model 547 Crawl Through Tunnel

The tunnel is a fun way for kids to explore their environment while crawling and climbing. This is a great addition to any children's facility since it is easily portable and requires very little space

> (Set of 2). Key Areas: Sensory Input Visual Motor Coordination





Model 503 Tactile Stepping Pathway (8 pieces)



Model 521 Colored Rock Obstacle (6 pieces)

Helps to promote an interest in learning while simultaneously enhancing stimulation of vestibular balance. The Rainbow River stones can be arranged in a wide variety of unique ways. Children have a blast while working on their movement & coordination. Includes 6 pieces. Key Areas: Vestibular System Tactile Perception Spatial Awareness This 8 piece set can be arranged into curvy or linear patterns to provide users with multiple play arrangements. The slight slopes on the 4 sides of the board not only offer balance control for the front and back of the body, but also stimulate balance on the left and right sides of the body.





Model 578 Gear Action Platform

This unit lets patrons know that your facility is serious about active play and kids fitness! Your individual logo/ brand and tag line reminds users that they have entered a special place. Kids love to create their own combinations of gear movement. The heavy-duty platform is stable but portable. Plastic parts are easily interchangeable.

> Key Areas: Tactile Stimulation Teamwork Problem Solving Skills Fine & Gross Motor Skills



*Your Logo Goes Here!



Tactile Perception

Model 592 Sand & Water Table

The Sand & Water Table stimulates children's sense of touch and calms them down while enabling them to learn about the properties of sand & water. The tub can be lifted right out for easy cleaning and the lid fits snuggly and easily on top of the tub. The lid can be used as a writing or drawing surface when filled with sand, or a storage shelf when placed underneath the tub on the rack. The water flow can be controlled by the drainage plug.





Model 560 Blue Large Hurdle

PARALLEL CLIMBING BARS

Model 518 Floor Parallel Bars

The floor parallel bars allow the body to incorporate flexion and extension while improving upper body strength and

> posture. Key Areas: Postural Control Stability Proprioception Strength



This set of 3 arches allows kids of all ages to practice their jumping and acceleration skills. Participants can increase their explosiveness and reaction time while enhancing coordination and agility. Walk through slowly for a warm-up or jump over all 3 for a fast paced workout. Each arch is equipped with rubber foot pads to prevent scratching of all floor surfaces.

These welded units can handle

up to 250lbs of weight!

Hurdles & Jumps

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Model 559 Green Medium Hurdle & Model 560 Blue Tall Hurdle

The medium green hurdle creates a unique climbing challenge for kids. With 3 stepping rungs, participants have to use their balance and coordination to get to the other side. Using upper body strength to propel themselves forward, the hurdle is the perfect challenge for kids to help build foundational skills. Welded frames make these ideal for institutional use!

> Key Areas: Balance Proprioception Upper Body Strength Gross Motor Visual Motor Skills

Model 519 Set of 2 **Parallel Bars** Set of 2 parallel bars allow kids to climb, balance swing, suspend, and sway-just to name a few! Kids can incorporate controlled body movements while playing on the parallel bars. *Also available separately. Key Areas: Spatial Awareness

> Visual motor System www.kidsfit.com

Vestibular System

Coordination

Postural Stability & Control

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Model 543 Jog In Place

Trampoline

Time for kids to jump their way to

health! This mini trampoline comes

with a safety handrail. A great way to

improve cardiovascular health and

balance. It is the perfect piece of

equipment for your jumpers!

Key Areas: Balance

Timing

Model 546 Barrel Jump

Set of 2 big barrel jumps works on participants lateral jump, balance, speed, acceleration, reflexes and timing. Make your children the best they can be! Kids love using their imagination while challenging their body. Key Areas: Coordination Balance Timing Proprioception





544 Obstacle Jumps Set of 3

A great way to get a cardio workout while fine tuning motor skills, the Obstacle Jumps can be used as a stepping exercise or a high intensity trio of jumps.What makes this exercise so special is that it can be used for anyone. For smaller children and beginners it can be used as a tool to warm up and get adjusted with small movements. For more advanced exercisers, it can be a fast paced circuit of explosive jumping and cardiovascular challenges. Add it to your existing obstacle course or use it as a stand alone station! All welded construction. 250lb

> capacity! Key Areas: Reaction Timing Sequencing Coordination



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Model 514 Ladder Attachment

The ladder attachment is an add-on apparatus that fits onto the platform steps and obstacle course boxes. It offers users a unique way to improve motor skills as they are trained to walk skillfully up and down a gradual slope.





Model 545 Wood Plyometric Platforms (Set of 3)

This set includes 3 platform obstacles ranging from 6 inches to 10 inches to 14 inches. Each platform is powder coated in a bright primary color and has a colored non-slip grip surface. These units are ideal for strength, rehab and cardio classes for children.



Model 525 Platform Steps

The sturdy solid wood frame is the perfect way for participants to practice walking up and down, & side to side while enhancing their physical coordination, dexterity and balance development. One side of the stairs offers 3 large platform steps for increased stride length, while the other side offers 6 smaller steps to challenge balance & spatial awareness.

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Model 557 Bridge Over Troubled Water

The bridge to imagination starts here! This intricately designed bridge is filled with details including the life-like stone on either side of the bridge, a pool of water with alligators and frogs, and thick rope intertwined between sturdy beams. Children's imaginations will come to life as they use creative play and motor skills to traverse the bridge.

Key Areas: Motor Skills Development Tactile Perception



Model 523 Mini Balance Bridge

The Mini Balance Bridge stimulates sensory input as children walk up the incline and maneuver down the bridge. With a raised, padded center kids can choose to walk on either side of it or challenge their balance and walk directly on the orange pad. Created with durability in mind, the Balance Bridge is perfect for high traffic facilities. Key Areas: Balance Sensory Input Tactile perception

Model 562 Incline Rope Bridge

The Incline Rope Bridge is a sturdy connecting apparatus that can be used with any of the box sets or as a stand alone floor level activity. Comes equipped with parallel side railings for safety and support. With it's fun design, kids are able to get from one point to another while working on motor skills and tactile perception. Key Areas: Tactile Stimulation Motor Skills Development



KIDS

GET YOUR HARD HATS READY.... INTRODUCING THE BULLDOZER



Model 577 Bulldozer

This spectacular piece of equipment is a children's dream! Let their imagination soar as they climb, explore and control their very own Bulldozer. This life-size Bulldozer comes equipped with a tunnel, climbing platforms, a padded seat, gears and buttons to keep kids busy and active for hours. The Bulldozer allows kids to improve their motor skills, tactile perception, proprioception, and balance. Handmade from wood, plastic and steel this unit is a "one of a kind" crafted piece of children's equipment!

> www.kidsfit.com 22



The Kidsfit Bulldozer has all the details of a real bulldozer from the exhaust pipe to the levers on the inside console.

Moveable joy stick and control panel equipped with buttons and multiple gages.



Comes fully equipped with elevated seat, padded handrails and safety support beam.





Model 527 Fruit & Veggie Obstacles Set of 3

Motivate kids to move and eat healthy! This set of 3 Obstacles acts as a balance station, a plyometric circuit and a mini obstacle course for kids! Life-like fruit and vegetable images make it extra appealing for children. Each piece is built for high traffic facilities and the set is easy to rearrange if needed. *Also Available in a 5 or 8 piece set. (Model 528 5 piece Set. Model 529 8 piece set).

> Key Areas: Balance **Reaction Timing Body Awareness**



Model 585 Mushroom Obstacles

Mushroom Obstacles promote climbing and motor skills development. Four padded mushrooms sit atop a lush green grass pad which stimulates creativity and imagination in kids. Children can explore, crawl and climb over this obstacle as they learn how to stabilize their body weight and use their body in a controlled way. The frogs and lizards add to the fun!

> Key Areas: Stability Balance **Controlled Movements**



Themed Active Play

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Model 4600 Mini Climbing Wall This 4 panel climbing wall comes complete with a multitude of hand grips and foot holds to support participants as they climb and scale the wall. Users can climb up the wall of from left to right for an added challenge. (16 x 6 x 4 ft panels). Key Areas: Proprioception Motor Skills Stability



Back View



Model 4700 Free **Standing Climbing Cave** A true favorite amongst kids, this climbing wall sparks

kid's imagination while challenging their climbing skills. The back side is a large, creative mural of a backyard tree house scene and the front is a built-in climbing wall fully equipped with multi-sized foot holds and hang grips. Kids can be creative and active all in one! The Climbing Cave comes with safety floor mats and skylights. Key Areas: Balance & Coordination Visual Perceptual Skills

Climbing Wall Surface Options



Model 4003 Jacobs **Climb Economy Climbing Wall Panel**

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Model 4002 Jacobs **Climb Deluxe Climbing Wall Panel**



Model 4000 Jacobs Climb **Customized Deluxe Climbing Wall** Comes with your facility logo!

Wall The elevated climbing wall gives children the chance to explore and climb while being appropriately challenged. Key Areas: Tactile Perception Gross Motor Skills Vestibular System

Model 555 Elevated Climbing



Model 587 Soft Elevated Climbing Pad

The Soft Elevated Pad offers children an incline and decline surface to crawl up and down on. With circular holds to facilitate climbing, kids can explore their environment and be challenged while tactile perception is stimulated. Key Areas: Tactile Stimulation Motor Skills Balance



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Model 4800 Hollow Climb Tree

The Hollow Climb Tree offers participants a fun and challenging upper body workout. This carved out tree is filled with foot holds, hand grips and a centersuspended rope for users to climb up. The tree is surrounded in bark and topped with life-like greenery. *Requires large facility access

Key Areas: Balance Planning Skills Motor Skills Development



Model 565 Custom Logo

Activity Center

We take your brand or logo

and turn it into an activity

center for children! The

Activity Center comes

board, fun mirrors, steering wheel and more! Kids stay

Model 567 Toddler Block Slide The Toddler Block Slide includes lifesize building blocks stamped with brightly colored lettering, character counts words such as honesty, respect, caring and responsibility, and your custom logo. In the middle of this deluxe unit is a fun slide built specifically for toddlers. Kids have a blast climbing and sliding on this unit built just for them!

ACTIVITY CENTERS

Model 566 Tree of Life Activity Center

Add a burst of life to your facility! This tall custom tree is made of life-like bark, lush green branches and a carved face to add a touch of imagination. In the center of the tree is a hands-on activity center that engages not only the body, but also the mind. Kids are able to put on their thinking cap as they twist and turn gears, and maneuver the activity board pieces around the maze.







Model 583 4'x 8' Padded Mat

The padded mat can be used for different body movements and stretches during exercise. It is designed to encourage good balance and confidence while protecting children as they engage in fitness activities.

Model 579 Play Table Set

Set includes 1 table and 4 chairs which are ergonomically designed to help correct children's posture and maintain a healthy spine. The vent on the back allows ventilation and easy carry for kids. Each chair has high stability plastic slipresistant pads on each foot to avoid floor scratches. Table comes equipped with 3 fine motor skill activities to engage children's learning and adaptability skills.



Model 504 School Set of 25 Balls

This set is sure to get your kids hopping, rolling and having a ball! Comes complete with a unique variety of shapes and sizes. Add variety and fun to your facility or school! *Pump not included. Key Areas: Coordination Balance



Model 593 Fitness Seating Bench Introducing the super sturdy Fitness Bench! Built with kids in mind, the Fitness Bench stands up to wear and tear and remains durable even in the most used facilities. *Built for High-Traffic Facilities *Extremely Portable *Maximizes Seating Capacity *Does not require much space *Perfect for Locker Rooms, Classrooms, & Fitness Facilities *Rubber foot caps prevent floor scratches



Model 594 Puzzle Piece Custom Counter

This deluxe counter is the perfect accessory to your fitness facility. A brightly covered base supports a curvy edged counter top with plenty of space for activities. Built for both adults and kids!



Model 512 Cardio Recovery Board

The perfect addition to your fitness facility! It is efficient, uses a small amount of space and helps participants maintain their heart rate during exercise. With countless activities to do such as high knees, running in place and stretching, kids are sure to have a blast during exercise! Key Areas: Balance Coordination Proprioception VIsual Motor





Apple 2 Model Learning Kiosk











Model 598 Lesson Plans

Lesson Plans help teachers and students fully engage in fitness while following a set of fun & creative guidelines. Lesson Plans include Warm-Ups, Activity Instructions and Cool Down ideas to get participants fit while having a blast!

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Model 136 Fitness

Posters

This complete set of 9 Fitness Posters comes with

tools and tips to get kids living their best life! From nutritional guidelines to

> Model 135 Fitness Posters Nutritional & Motivational Fitness Posters come in sets of 9 and are a great way to teach kids about living a healthy lifestyle! A great addition to any classroom or facility, posters are a great visual aid for students.



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The Learning Kiosk is a great way to supplement what students are learning in the classroom. While exercising, students are prompted on the kiosk with questions and answers on topics they have been learning about in their classes. From science to geography, students are challenged and topics are reinforced which equates to higher test scores, better behavior in the classroom and a more fit brain!



Learning Kiosk

Model 595 Instructional Cones Set Our set of 5 cones comes with 10 Instructional Drill Cards as seen below. Drill cars get kids excited about exercise and depict the exercise in a way that is easy for children to understand. Drill cards include everything from running in place to toe touches! This is the perfect addition to your fitness facility as it maximizes the amount of participants and exercises within a small space.



Model 506 Red Rocking Seesaw

This seesaw has a rubber anti-slip design on the bottom that prevents injury. The left to right movement promotes coordination and balance development. Key Areas: Balance Coordination

Visual System

Model 588 Directional Floor Arrows Ideal to create ever- changing obstacle courses. These directional arrows are made of a colorful tough rubber.



Model 511 Double Incline Obstacle Board

The Obstacle Board helps to increase balance and coordination by challenging the user to walk up and down an incline board. User's learn how to coordinate body movements as they learn to discover & maintain their center of gravity. Key Areas: Balance Stability



Model SS190 Super Small Moonwalker The same Moonwalker you love in elementary & junior models is now available in a super small model! A great lower body tool for kids to work on balance, stability, and flexibility. Key Areas: Vestibular System Visual Motor Proprioception Flexion & Extension

The twin walker uses the strength exerted by the body weight to make it move forward. It allows two to play together, enhancing the development of teamwork. 66.5 x 50.5 x 72.5 cm Maximum Weight: 220lbs.

Model 500 Dual Walker

Key Areas: Coordination Communication Balance

www.kidsfit.com 30 Model SS100 Super Small Bike

The world's smallest bike! Bike is fully adjustable and extremely portable. Comes with adjustable foot straps, adjustable tension, mini computer and supported back pad. This bike is designed for early age elementary children (K-3rd grade). The SS100 is also used extensively by pediatric physical therapists for rehab and fitness work with very small children. (Ages 3 through 9.) (L=36" W=24" HT=48") Shippng Weight: 80lbs + 25lb pallet=105lbs 36x36x55

Model 667 Kneel & Spin

Unique movement exercises the external oblique and entire range of central core muscles including transversus abdominis back and pelvis while providing a complete cardiovascular and/or fat burning workout. Contoured kneeling pads ensures child will always be properly positioned on the unit. Child size crank arms provide proper fit for children to push and pull utilizing the entire upper body.





Custom Children's Active Fitness Area If you have a design or an idea let us work with you to create the custom room of your dreams.

CUSTOM CHILDREN'S ACTIVE FITNESS AREA



















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*Be sure to checkout our other Kidsfit Catalogs for a complete look at all our fitness equipment!