

# Bridges

## Mini Balance Bridge and Water Lily Bridge

### Physical Activity:

- Students explore the bridges through tactile learning and proprioception. Students can crawl or walk over the mini balance bridge. Students can walk over the water lily bridge.
- Students can use forward and backward movement.

### Academics:

- Say alphabet while going over the bridges.
- Count or say multiplication facts
- Recite poems, state/capitols, continents, parts of a flower

### Safety:

One person at a time. Move safely. Go one direction.