

## Post Your Project, Get Funded, Receive the Goods!

Connect to a thriving community of donors that is eager to fund your classroom projects!

### ▼ Does it cost money for teachers to post projects?

Heck no! You can sign up and post a project without spending a dime. Our site is absolutely free for teachers.

### ▼ How long does the process take?

You can create your very first project in about 30 minutes (even faster when you get the hang of it!). Our team of super-screener will review and post your project in about 3 days. You can choose to keep your project posted on the site for up to 4 months, though we've seen projects funded within hours of being posted! Once your project is funded, we'll order the materials and you'll get them in about 3 weeks or less!

### ▼ What are my responsibilities?

You'll pick out materials your classroom needs and answer some short essay questions about your project. If your project meets its funding goal, we'll ask you and your students to thank your donors with [notes and photos](#) of the project in action once the materials arrive.

### ▼ Who can post a project?

If you're employed full-time in a US public or public charter school, and you work directly with students at least 75% of the time, then you're probably eligible to sign up. Teachers at over 60% of US public schools have already signed up. Check out our full [eligibility details](#).

### ▼ What happens if my project isn't fully funded?

Projects can remain on the site for up to 4 months, and over 70% of projects reach their funding goal. If a project doesn't meet its funding goal by that time, donors can redirect their contributions to support your next project.

### ▼ Who owns the resources?

Any materials or resources we send should be directly experienced by the students as described in the project essay. After they've been used, resources are property of the classroom for which they were initially requested, so future classes can continue to benefit. Give our full [materials policy](#) a look.

## DonorsChoose.org and Kidsfit FAQ

Although Kidsfit is pending approval of a registered vendor on [donorschoose.org](https://donorschoose.org), you may submit via a special request project! Special Request project allows teachers with 6 or more points to select materials or services that are not available from our vendors. You can find your points in the private info section of your account. If you have earned the 6 points needed to submit a Special Request project, you'll see the option to "Create a special request" at the bottom of the vendor list when creating your project. You will need to request an official quote from [customerservice@kidsfit.com](mailto:customerservice@kidsfit.com) and upload this quote to your project page.



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### How to Begin

1. Register your school on [donorschoose.org](https://donorschoose.org)
2. Request an official quote from [customerservice@kidsfit.com](mailto:customerservice@kidsfit.com)
3. Post your project!  
Check out a fully funded kinesthetic classroom project on page 3 **Let's Get Movin' By Mrs. Suryan**
4. Notify Kidsfit that you have posted a project, and we will help share your project with our passionate parent and teacher community!
5. Once Your Project Is Fully Funded, there are two options to proceed: Option 1: Place your order with Kidsfit. At that point, Kidsfit will provide an invoice to be paid by [donorschoose.org](https://donorschoose.org).  
OR You or your school may purchase the items and be reimbursed by [donorschoose.org](https://donorschoose.org)

# Let's Get Movin'

My students need to move and create opportunities to increase their motor pathways for learning. Having desks to support movement is crucial for brain development.

## **My Students**

A typical day in my classroom begins by greeting 22 first graders. We are a very diverse group of excited learners and our biggest challenge is focus and stamina. "If a child can't learn the way we teach, maybe we should teach the way they learn." -Ignacio Estrada

Our first grade classroom has a very diverse population. Out of our 22 children, 12 of them qualify for an Intervention group in reading or math support. We have 3 autistic children and 2 others with behavioral and emotional needs. Twenty eight percent of our school population receives free or reduced-price lunch. I have implemented movement and the use of stability balls to help build stamina and focus. There is a need to get our students moving to increase their learning potential. I have taken on the goal of creating a classroom lab for movement. Children are sitting too much. We are seeing more and more students with ADHD and behavior issues because they are not able to release the energy in their bodies. I have grown over the years to turn my classroom into a student centered classroom to meet the ever changing challenges our students face.

## **My Project**

It my goal to help children understand what their optimal learning styles are by providing different ways to learn as they are moving their bodies. I would like to create a classroom lab that offers traditional and non-traditional seating options. The brain is wired to learn through pathways of movement. Teachers who have the desks in their classrooms say the kids pay attention better and they can teach longer with less distractions. Children will be activating the BDNF, the Miracle Gro for the brain that nourishes and protects the neural pathways for learning. Our BDNF is stored in our large muscles mainly in the legs. The positive effects of physical activity last for 15-20 minutes. We need to remember that we were made to move. I have developed a passion to help our students build a solid core and vestibular system at a young age so they understand how their bodies feel different when it is calm and ready to take in new information.

Every year I see young children struggling with the expectations in a traditional classroom. I would like to open this environment to other colleagues so they too can see the importance of getting more movement into the educational setting. It's a win-win for all.

## Questions?

### Contact DonorsChoose:

[donorschoose.org](https://donorschoose.org)

### Or Contact Kidsfit:

[www.youthfit.com](https://www.youthfit.com)

[customerservice@kidsfit.com](mailto:customerservice@kidsfit.com)

843.336.5090