

# Training FAQ

## I'm interested but not ready to sign up yet

*No problem! Just send an email to [customerservice@kidsfit.com](mailto:customerservice@kidsfit.com). Let us know the names of the people you would like to pencil in. This will hold your spot for the training up until 30 days prior to the event. If we have not received your registration form at that point, your spot will be released for other attendees, and no penalty to you!*

## Travel Arrangements

- 1. Flights - Charleston Airport (CHS) 5500 International Blvd, Charleston, SC 29418.**  
We recommend you fly into CHS airport the evening before the training. We do have quite a few attendees extend their stay to enjoy CHS. If you decide to do so, let us know so we can make sure you receive an extended group rate!
- 2. Rental Cars-** We highly recommend a rental car for this training. We have found past attendees have appreciated the ability to explore Charleston during the evening, as well as flexibility to travel between the hotel and training site.
- 3. Hotel - Home2 Suites by Hilton 1650 James Nelson Rd, Mt Pleasant, SC**  
The hotel is chosen each training based on convenience to you - We take into account the proximity to the airport, the training site, distance from local restaurants, and of course, affordability and fabulous reviews. Because of this, we do recommend booking through the Group Rate. "Charleston" encompasses a wide range of smaller cities within it, so if you are not familiar with the area, it may become misleading when booking at another hotel in the area.
- 4. Training Site - Kidsfit 2130 Cainhoy Rd. Huger, SC 29450**  
Please note the training is held at our manufacturing facility. This way, attendees are able to experience the kinesthetic desks, and action based learning equipment firsthand throughout the training! The facility is about 20 minutes from the host hotel, in an industrial zone. For those flying from out of town, we do recommend a rental car for this training.

## Attire

Casual- We will be moving throughout the day, so make sure to dress comfortably! Charleston is known for frequent changes in weather throughout the day, so layering is always the best option!

## What to Bring

An extra notebook to take notes, Laptops are optional

## Food

Lunch will be provided on-site each day, as well as snack bars and water bottles. If there are any special dietary requests or allergies, we MUST be alerted at the time of registration. We cannot guarantee a special meal request if the restaurant is not alerted in advance.

## What age groups does this training target?

*PreK-University Level, PT/OT, Administrators, district coordinators, principals, PE, daycares, etc. ANYONE in the education realm! It is very important to be as detailed as possible on your registration form! Our trainers spend time preparing to meet your specific needs prior to and during the training.*

## # of Attendees per event:

*Our priority is to ensure this is a highly personalized and very hands-on training. For this reason, the maximum number of attendees we allow at one time is 30. The smaller the group, the deeper we are able to dive into your specific needs and apply Action Based Learning strategies directly to your environment.*

## Cancellations

*Cancellations 30 days prior to the training: A full refund will be provided.*

*Cancellations within 7 days of the event: will be credited towards a future training that you may attend. The credit will be valid for 24 months.*

## Registration and Payment Details

1. Download and Submit registration form from our [training page](#)
2. Send Purchase order ([orders@kidsfit.com](mailto:orders@kidsfit.com))
3. Pre-payment is required without an official purchase order:

Pay by phone: 843-336-5090 ext 3

Pay online: [Online Store](#)

Checks: payable and mailed to *Kidsfit 2130 Cainhoy Road Huger, SC 29450*