Teacher Training
Become an Action Based Learning Expert - Bring the concepts of ABL back to your district! Leave with new tools and teaching techniques to use while working with your students. Network with a community of passionate teachers just like yourself! Meet with the professionals to develop a custom plan and next step for your school!

16 HOURS
INTENSIVE PROFESSIONAL DEVELOPMENT HOURS

FEATURING MASTER TRAINER
Cindy McGarvey Hess

- Co-founder of Action Based Learning
- Recognized as a leader in Physical Education and the Pennsylvania Elementary Physical Education Teacher of the Year Award Recipient
- State Professional Honor Award Recipient
- Featured on ABC's Good Morning America "Getting Kids Moving in School"

WHAT'S INCLUDED?
- 2 Days of Action packed movement!
- 16 hours CEU's
- Prizes & Giveaways
- Take Home Resource
- Lunch on-site

REGISTER TODAY
www.youthfit.com/abl-trainings
or email lah@kidsfit.com

EARLY BIRD RATE
Before May 24:
Use Promo Code GABOGO and bring a colleague for 1/2 off!
$495/per person

SUMMIT LOCATION
Compton Elementary School
3450 New Macland Road
Powder Springs, GA 30127

HAVE QUESTIONS?
Call: 843-879-2201 x3
email: lah@kidsfit.com

FOLLOW US
To stay up to date on upcoming ABL events!
How do I know if this training is right for me?

Are you a teacher, administrator, principal, OT/PT, Program Coordinator, After School Facility, YMCA, Health Dept or Parent?

Have you ever said any of these statements?
- I want to transform my classroom.
- I want to learn how to better impact these children.
  I need motivation!
I want to renew my passion and purpose in what I do.
  I want to change the world.
I want to meet other like-minded individuals.
I want direction and hands-on training from the best!
I am ready to take my good school and make it great.
I am ready to go from a good teacher to a great teacher!

Reserve Now, Pay Later
$495/per person
Reserve your spot by May 24th and bring a colleague for half off!
Use promocode GABOGO

What is included with this training?
2 days of energizing, dynamic training, 16 hours to use towards your professional development credits,
lunch provided both days, and various resources to take back to your classroom for an amazing
upcoming school year! Plus, fun games and giveaways!

E-mail: fab@kidsfit.com
www.abllab.com
843-879-2201 x3
315 Industrial Road
Summerville, SC 29483
THE MISSION
To change the future for all children, by increasing their health, wellness, and education through movement! Our “3-L” vision is to reach the Least, Last, and Lost children. The children least likely to succeed in the classroom, the children last in line and the children lost in the system, and turn them into First, Foremost, Found.

THE VISION
To reach the lives of 25 million children by 2025.
How do we measure this? The “1 teacher = 300 students” formula. If we can reach 1 teacher and he/she can reach 300 students through ABL.
AGENDA

1. Why Action Based Learning?
2. Filling Developmental Gaps
3. The 12 Foundations of Learning Readiness
4. Assessment & Identification of Developmental Gaps
5. ABL Case Studies
6. Research & Data
7. Action Based Learning & Disruptive Student Behaviors
8. Obstacles & Solutions to the implementation of Action Based Learning
9. The Kinesthetic Classroom Solution
Your training was the best we have ever been to!

-Andrew

My students LOVE ABL, and so do I because they want to be in my English classroom, even writing.

-Brandi

Our teachers left today feeling great about the year, excited about doing things a little differently, and hopefully inspiring our other teachers to have kinesthetic classrooms.

-Gina

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