



## Station: Keyboard Mat

### Brain Body Benefits:

\*The brain learns best when more of the five senses are involved. New learning with color, sounds, music and navigating space are better remembered. Learning perceived as “FUN” is increased.

\*The mat uses eye tracking skills which are important for reading and copying information from the board to paper.

\* It also practices using peripheral vision to increase eye fitness.\*

### Sample Activity #1: Feet Typing

Instruct the students to hop from one letter to the next while they spell their site words out loud. Modify this activity by partnering students. Have 1 partner read a vocabulary word while the other partner “types” it out by walking to each letter on the keyboard mat.

### Sample Activity #2: Bounce to Spell

Add a bounce to the keyboard mat by having students gently use a ball to “type” on each letter of the keyboard. This activity can be modified based on age group starting out by going through individual letters of the alphabet and progressing to spelling vocabulary words.

### Sample Activity #3: Math Equations

Use the top of the keyboard mat to practice solving math problems. Use cue cards with math equations and have the student stand on the number that answers the equation correctly.

