

# ACTION BASED LEARNING

NY/NJ/CT



## In the Spotlight

Port Jervis Central School  
District



Changing the future for all  
Children through  
movement!

We are so proud to work with the Warwick and Goshen School Districts and have them proudly implement ACTION BASED LEARNING labs and programs concepts. For example, Mr. James Yap, Assistant Superintendent for Curriculum and Instructional Services, is hosting a radio talk show and featuring our co-founder of Action Based Learning programs, Ms. Cindy Hess. Cindy will discuss how brain compatible movements enhances student's learning capabilities. Principal Mr. Gregory Voloshin from the Goshen schools is hosting our National Training Summit this August using his school's ACTION BASED LEARNING LAB.

Now we turn our attention to the magnificent **strides The Port Jervis School district** has accomplished with Action Based learning in their Elementary schools.

Since the installation of Action Based Learning Labs in both elementary schools, they have continued to implement a variety of activities/programs with Action Based Learning concepts. We were ecstatic to have had Cindy present at their recent Superintendent's Day for professional development.

Many thanks to Superintendent Mr. Mike Rydell and Mr. Nic Pantaleone, Assistant Superintendent of Instruction and their magnificent team. We honor their work for students. We salute THE PORT JERVIS SCHOOL DISTRICT- they are GAME CHANGERS---Don't miss reading all about their implementation of ACTION BASED LEARNING concepts and Labs that follows.

We are all Educational Game Changers- together let's celebrate our success. READ ON and be a part of us!

Have a wonderful summer!

*John Rutigliano*



## Mike Rydell, Superintendent of schools



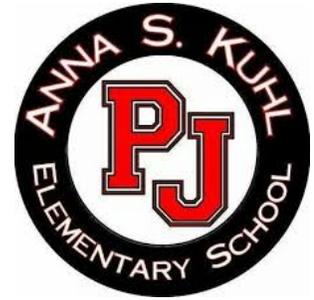
The Port Jervis City School District is committed to providing every student with the tools and modalities to hone the skills and attributes that are necessary for success in the realms of social, emotional, physical, and academic development. The Kinesthetic Learning Labs in the elementary schools provide a platform that allows our students to incorporate movement in the learning process, while also contributing to further their development both physical and cognitive. The success and efficacy of this modality is further enhanced by the emotional connections that are provided through such a learning opportunity. The Action Based Learning Labs have proven to be an excellent addition to our learning community and the programs we can offer our students.

## Nick Pantaleone, Assistant Superintendent of Instruction

Our Kinesthetic Labs are designed to engage our students and infuse movement into our instruction. Each active learning station in the lab applies what is know about the brain-body connection by focusing on a set of twelve foundations for learning readiness. For example, strengthening a child's balance and spatial awareness can help improve a student's ability to place letters and words on a page. The implantation of Kinesthetic Labs into our elementary schools complements the practice of utilizing "brain breaks" within our regular classroom activities and our Zero Hour Physical Education Program that we are piloting this academic school year.



# Anna S. Kuhl Elementary



At ASK, we recognize that all students come to school each day with different skills, needs, and learning styles. We wanted to bring something to our school that would have students develop the necessary skills for learning, experience the curriculum through kinesthetic connections, and make learning fun for kids.



Shannon Johnson, School  
Psychologist,  
A.S.K Elementary School

## **These Students are participating in activities**

weekly based on the training and manual Mrs. Fontana received from Action Based Learning during our most recent Superintendent's Conference Day. The activities are providing these students with the opportunities to gain more foundational skills to ensure a positive overall learning experience.

**-Theresa Fontana's 1st grade Reading AIS, A.S.K. Elementary School**

## **At Anna S. Kuhl Elementary School,**

We are extremely excited and feel very fortunate that we have been able to add such an amazing learning space to our school. The Kinesthetic Learning Lab has truly brought a new level of learning style to our school and our students are thriving.



### **At ASK, we strive to promote**

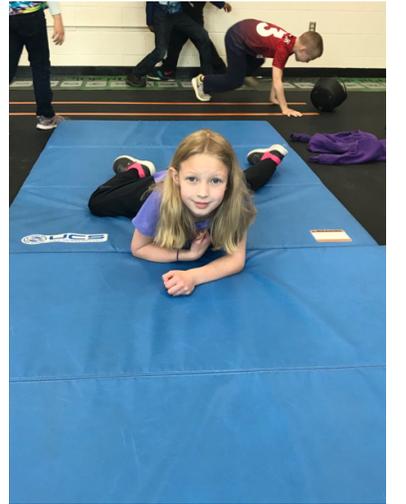
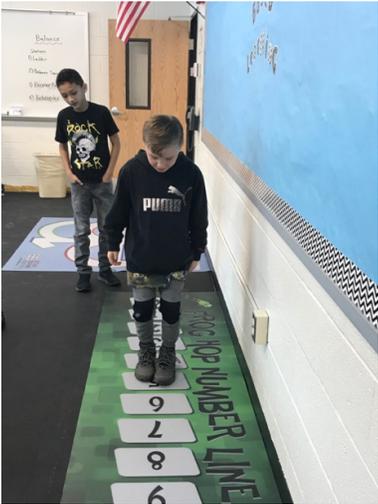
Educating the whole child with the “whatever it takes” mentality. This space fosters that philosophy by providing an opportunity for students to learn through the help of movement, coordination, and balance activities. The partnership we created with Action Based Learning has been tremendous. They are absolutely wonderful to work with and have provided high-quality training to our entire staff!

## **Maura Brady Wilson & Victoria Becker - 3rd Grade Co-teach Inclusion Class**

We begin every day in Kinesthetic Lab. The students report to the lab directly off of the busses. We begin with a quick warm-up and then with a preassigned partner the students cycle through ten timed teacher made stations. The stations incorporate important physical skills such as balance, crossing the midline and fine motor tasks. These are paired with academic concepts such as skip counting, multiplication, and division, rhyming and spelling. The students are enthusiastic and often claim that the “Kin Lab” is the favorite part of their day. We have seen an increase in focus and energy level when we return to the classroom, and as an added bonus we feel that student tardiness has decreased because they don’t want to miss the activities.



Students at A.S.K Elementary School get moving in their Action Based Learning Lab



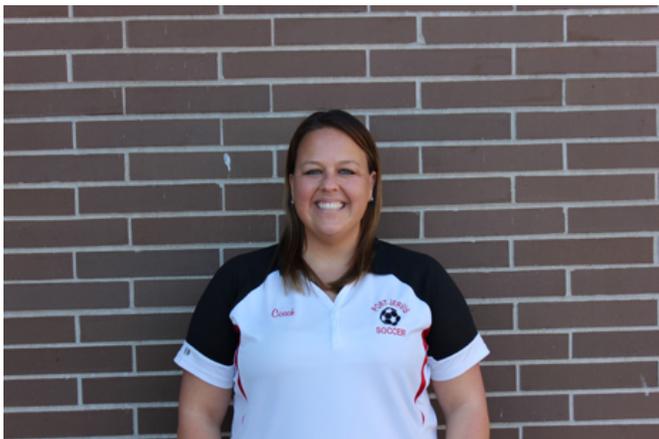
# Hamilton Bicentennial Elementary



Jared M. Kahmar, Principal



David S. Marr, Assistant Principal



Coach Nikki Beam, PE Teacher



Coach Jon Foley, PE Teacher

At Hamilton Bicentennial Elementary (HBE), each of our physical education classes rotates through the ABL lab one time per week with the aid of a PE teacher. There is also additional time embedded in the schedule for visits with homeroom teachers to utilize the lab. This gives our students multiple opportunities to take advantage of the ABL lab and all it can offer each week. The 12 Foundations of Learning Readiness are so fundamental to student achievement and growth that we chose to incorporate them as a component of our before school Zero Hour Physical Fitness Education Class. No longer tethered to a desk, our school's mentality is shifting towards a movement based culture and access to the Kin Lan is becoming a major part of that! This opportunity gives our students the edge to succeed physically and academically.

# ABL SUMMIT

## 2019 DATES

[www.abllab.com](http://www.abllab.com)  
315 Industrial Road  
Summerville, SC 29483  
T: 843-879-2201  
[customerservice@kidsfit.com](mailto:customerservice@kidsfit.com)

# 6/4

Houston, TX



# 6/19

Tulsa, OK



# 6/24

Wilmington, NC



# 7/17

Charleston, SC



# 8/5

Goshen, NY



## UPCOMING

**April 16-17, 2019**

ABL Workshop | 2-day | Charleston, SC

**May 23-24, 2019**

3L Workshop | 2-day | Charleston, SC

**June 26-28, 2019**

ABL Summit | 3-day | Indianapolis, IN



To register for an event click:  
<https://www.youthfit.com/abl-trainings>