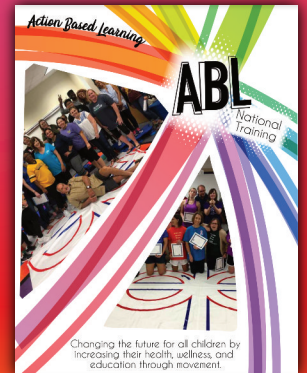
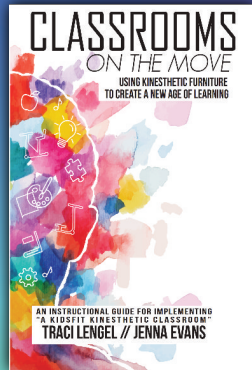
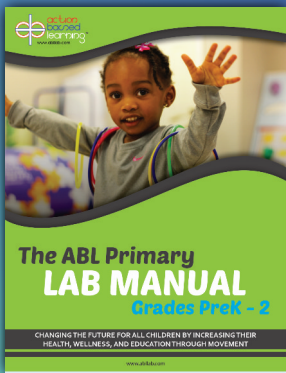


# action based learning

CHECK OUT OUR COMPLETE LINE OF YOUTH FITNESS & ACTIVE LEARNING BROCHURES!



## PREPARING THE BRAIN TO LEARN BY CREATING OPTIMAL LEARNING ENVIRONMENTS

315 INDUSTRIAL ROAD  
SUMMERVILLE, SC 29483

843-879-2201

CUSTOMERSERVICE@KIDSFIT.COM

# WWW.ABLLAB.COM

# YOUTH FITNESS

- FULLY RECUMBENT BIKE
- BALANCE BEAM
- BALANCE BOARDS -SET OF 5
- SNOWBOARDER
- SUPER SMOOTH CLIMB PANEL
- SEMI-RECUMBENT BIKE
- SWIM & SPIN
- SKIER
- STARWALKER
- MOONWALKER
- CROSS COUNTRY SKIER

## SUPER SMALL

K-2ND



## ELEMENTARY

3RD-5TH



## JUNIOR

6TH-8TH



## VARSITY

9TH-12TH





# ACTION BASED LEARNING



ACTION BASED LEARNING LABS ARE DESIGNED TO PREPARE THE BRAIN FOR LEARNING. EACH ACTIVE LEARNING STATION IN THE LAB, APPLIES WHAT WE KNOW ABOUT THE BRAIN BODY CONNECTION BY FOCUSING ON THE 12 FOUNDATIONS OF LEARNING READINESS

FOR EXAMPLE, THE BODY'S VESTIBULAR SYSTEM CONTROLS BALANCE AND SPATIAL AWARENESS. STRENGTHENING THESE FOUNDATIONS FACILITATES THE STUDENTS ABILITY TO PLACE WORDS AND LETTERS ON A PAGE. WHEN A STUDENT WALKS OR CRAWLS IN SPECIFIC PATTERNS, THE BRAIN'S ABILITY TO ENCODE SYMBOLS IS INCREASED. PROPER DEVELOPMENT AND REMEDIATION OF THESE SYSTEMS ARE CRITICAL TO A CHILD'S ABILITY TO LEARN.

# KINESTHETIC CLASSROOM

Available in K-12th grade

FLEXIBLE SEATING  
PEDAL DESKS  
STRIDER DESKS  
BALANCE DESKS  
KNEELING DESKS  
MOBILE DESKS

VARIETY DESKS  
STEPPER DESKS  
PEDAL STOOLS  
STANDING DESKS  
ADULT DESKS  
SIT/STAND DESKS





# TRAINING



ACTON BASED LEARNING INVITES PASSIONATE TEACHERS, PRINCIPALS, ADMINISTRATORS, AND HEALTH PROFESSIONALS, TO ATTEND OUR NATIONAL TRAINING EVENTS! FULFILL YOUR PASSION AND PURPOSE AND CHANGE THE WAY WE TEACH OUR CHILDREN! EVERY SCHOOL AND EVERY EDUCATOR HAS THE SAME DREAM FOR THEIR STUDENTS: WELL BEHAVED, BETTER ENGAGED, MORE ATTENTIVE STUDENTS-USE THE LATEST RESEARCH TO MAKE EDUCATION MORE EFFECTIVE. BRAIN SCIENCE SHOWS THAT IF A CHILD IS SITTING ALL DAY, THEY ARE MISSING OUT ON VITAL MOVEMENTS TO INCREASE BRAIN FUNCTION AND ACTIVITY. THIS TRAINING IS HIGHLY RECOMMENDED FOR ANYONE WHO WANTS TO BECOME A GAME-CHANGER IN THE WORLD OF CHILDREN'S HEALTH AND EDUCATION.

## FULFILL YOUR PASSION & PURPOSE!

## CUSTOM CHALLENGE COURSES

## SENSORY SPIRIT

REHAB/OT/PT

ACTION BASED LEARNING MANUFACTURES A WIDE VARIETY OF THERAPEUTIC MOBILITY PRODUCTS THAT OFFER A MULTITUDE OF THERAPEUTIC BENEFITS INCLUDING THE PROMOTION OF GROSS MOTOR CONTROL, ENHANCED MUSCLE ACTIVATION AND STRENGTHENING OF ANTI-GRAVITY MUSCLES

