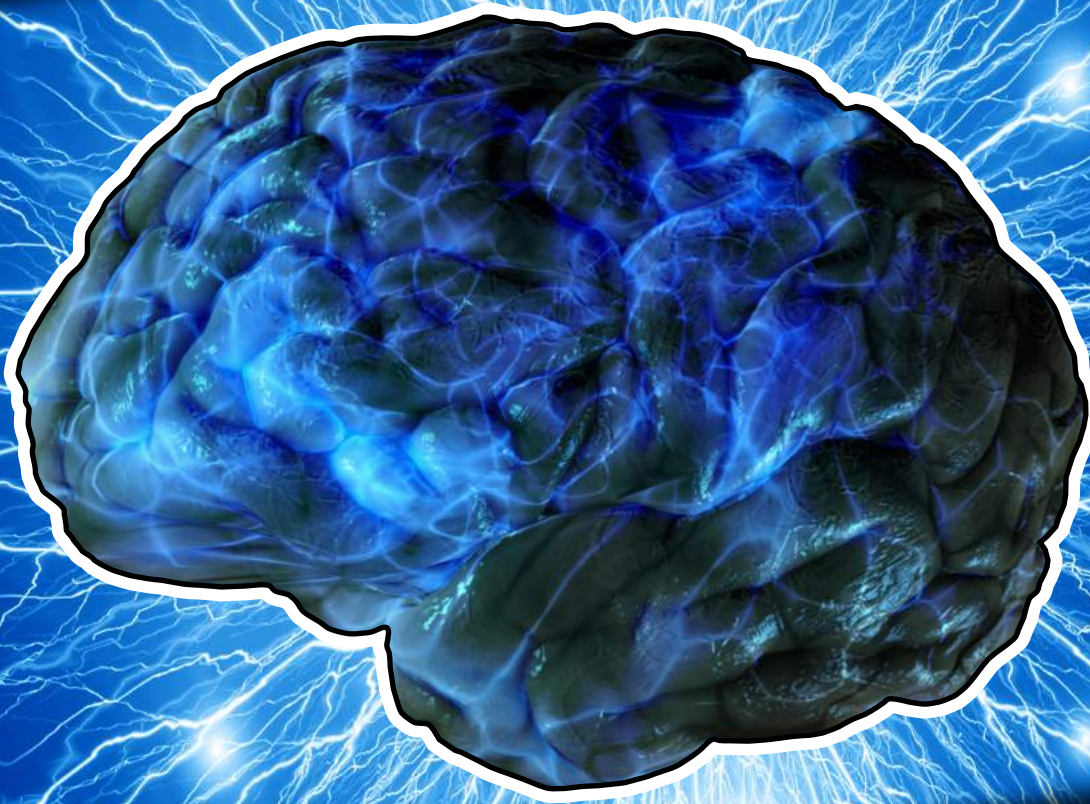


action
based
learning™
www.abllab.com



NEURO-NASIUM™

ABL Lab Grades 6-12

OUR MISSION:

CHANGING THE FUTURE FOR ALL CHILDREN BY INCREASING THEIR HEALTH, WELLNESS, AND EDUCATION THROUGH MOVEMENT

Our 3L Mission: Continually striving to reach children who are the Last in line, Lost in the school system, and deemed Least likely to succeed



759 - VARSITY ONE SPIN BIKE



711 - VARSITY ONE TREADMILL



214 - VARSITY ONE AB CRUNCH



202 - VARSITY CHIN-UP TRAINER



703 - VARSITY ONE ELLIPTICAL

ACTION BASED LEARNING PRESENTS: **NEURO-NASIUM ABL LAB**

Students engaged in Action Based Learning™ improve memory retention, reinforce academic concepts, balance brain chemicals while experiencing whole-brain, whole-body learning. Educational research suggests that about 85% of school age students are predominantly kinesthetic learners



717 - VARSITY CORE TRAINER



772 - VARSITY CORE STEPPER



781 - VARSITY ONE ROWER



787 - VARSITY FULL BODY STRIDER



770 - VARSITY DUAL ACTION



KC-59 - 3 PERSON STRIDER DESK



KC-3 - 3 PERSON BALANCE DESK



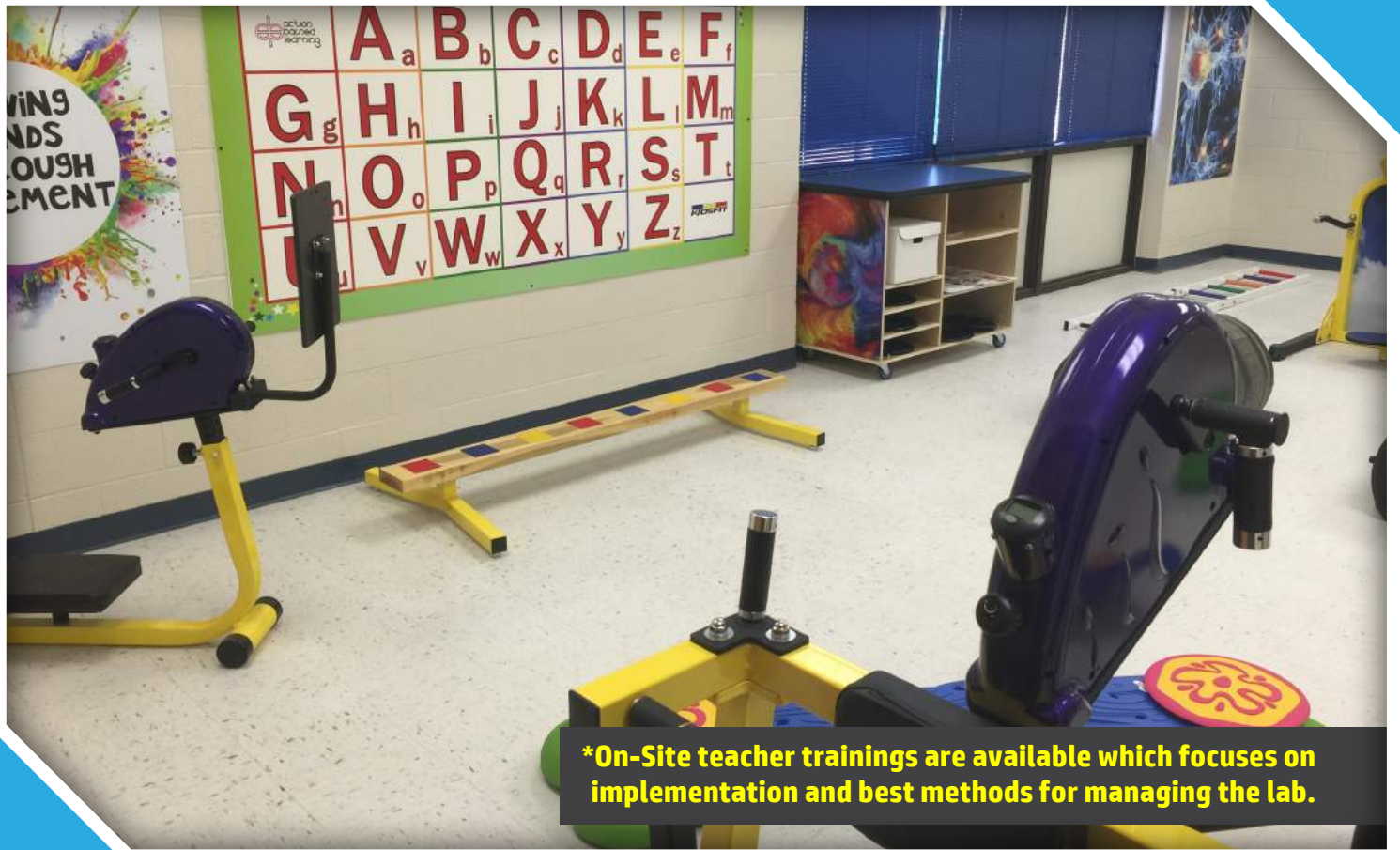
KC-756 - 6 PER SEMI-RECUMBANT



KC-73 - 3 PERSON PEDAL DESK



762 - FULLY RECUMBANT BIKE



BRAIN-NASIUM ABL LABS: How does it work?

On-Site teacher trainings are available which focuses on implementation and best methods for managing the lab. Typically students will spend 2-5 minutes at each station, rotating at the sound of the buzzer. Some of the stations include flip chart holders. The content of the flip chart holders can be customized based on the curriculum for that day or teachers can use the provided flip card curriculum. This is great for students reviewing facts before tests! Students can also pair up and work with partners - One student will be moving while the other is quizzing them.





:SUPPORT MATERIALS INCLUDE:

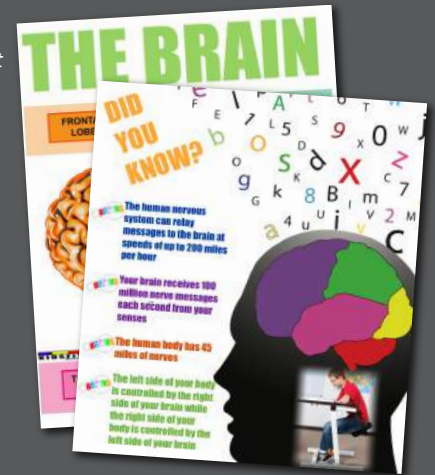
STATION CUE CARDS

These cards are packed full of great information on the science behind the activity as well as instructions on running the stations



SUPPORT POSTERS

*These posters are great additions that create energy and a sense of movement



VIDEOS



ABL ASSESSMENT GUIDE



2017 ABL TRAINING PROGRAMMING WORKSHOPS

2 DAY TRAININGS:
March 20-21 Charleston, SC

3 DAYS TRAININGS:
June 12-14 | Mon - Wed | Oklahoma City, OK
June 12-14 | Mon - Wed | Phoenix, AZ
June 19-21 | Mon - Wed | Houston, TX
July 10-12 | Mon-Wed | Charleston, SC
July 13-15 | Thurs - Sat. | Charleston, SC
July 31-Aug 2 | Mon - Wed | Port Washington, NY

RESERVE YOUR SPOT BEFORE ITS TOO LATE!

