

KINESTHETIC FURNITURE & FLEXIBLE CLASSROOMS CATALOG

Creating An ADVANTAGE for Students to Learn!

Factory Direct Pricing - Save \$\$



CHECK OUT ALL OF OUR **NEW!** PRODUCTS FOR YOUR DREAM CLASSROOM

LAI D BACK LEARNING CHAIRS



ROCKIN' READING TURTLE SHELLS



STANDING MARKERBOARD TABLE



COLLABORATIVE STUDY DESKS



Our Mission

Our "3-L" vision is to strive to reach the Least, Last and Lost children. The children least likely to succeed in the classroom, the children last in line and the children lost in the system.

OUR MISSION: Changing the future for all children, by increasing their health, wellness, and education through movement.



Our Trainings

Action Based Learning training has developed a team of Master Presenters, providing workshops worldwide, for teachers of all levels, principals, OTs, PTs, parents, administrators, curriculum developers, and youth program coordinators.

The workshops present on the topic of Action Based Learning and kinesthetic classrooms. These courses review brain research that supports the link between physical activity and increased brain development. We explain how movement in the classroom can create improvement in academics, student behavior and the physical well-being of students.

CONTENT GUIDE:

- Flexible Seating & Accessories.....5
- Flexible Tables..... 18
- Kinesthetic Desks..... 30
- ABL Support Materials..... 49
- ABL Learning Lab.....51
- Training..... 52



Online at ABLLAB.COM
 Phone: 843-336-5090
 Fax: 843-730-2419

PROUDLY MADE IN THE USA UTILIZING THE LATEST DIGITAL FABRICATI



HANDCRAFTED FABRICATION



DIGITAL AND WOOD/PLASTIC CNC FABRICATION TOOLS

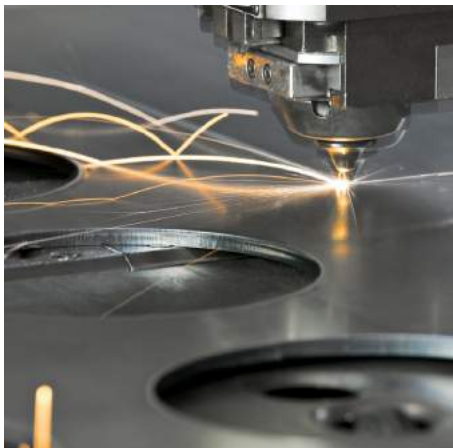


MULTI-SURFACE UV PRINTING

WELCOME TO THE CLASSROOM OF THE FUTURE!



ON EQUIPMENT AT OUR MANUFACTURING PLANT IN SUMMERVILLE, SC.



DIGITAL LASER CUTTING



WIDE FORMAT GRAPHIC PRINTING



HI-DEFINITION PLASMA CUT PARTS



NEW!

*See Page 12



NEW!



*New Printed Tables see page 19

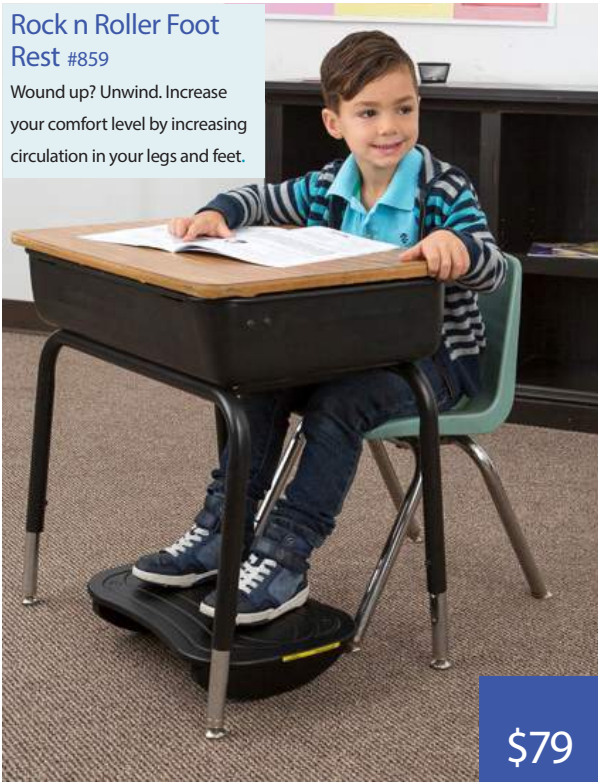
FLEXIBLE SEATING AND ACCESSORIES

We Believe Learning Should Be Flexible!

Flexible seating can be used underneath a traditional desk, under a standing desk, or by itself for reading! It allows the student comfort and freedom of movement within their desk area! The portability of the flexible seating allows teachers to rearrange their classroom with ease.

Rock n Roller Foot Rest #859

Wound up? Unwind. Increase your comfort level by increasing circulation in your legs and feet.



\$79



Available in lime green and pink. Seat is Adjustable within a 5.5" height range. 15"L x 17"W x 26"H

Scooter Stool #KC-6 The Scooter Stool is a fun way to incorporate alternative seating in the classroom. It can be used underneath a traditional desk or by itself for reading. The portability of the scooter allows teachers to rearrange their classroom with ease and even move to different classrooms.

\$105

Reading Balance Boards #830 (set of 5)

Use the balance boards in your "reading" corner while reviewing flash cards!

\$119
set of 5



FLEXIBLE SEATING & ACCESSORIES



Minion Movement Chair #855

Students can “bounce” their way to success in the classroom. Minion chairs help kids get excited to learn.

Our Minion chairs are available in 2 sizes; small (17”H) perfect for small children and Large (23”H) to accommodate older children and adults. Choose Mesh or Vinyl fabric.

Shown:

- Green small mesh
- Pink small mesh
- Blue large mesh
- Black large vinyl

Weight limit: 250 lbs

\$243



Reading Rockin Turtle Shell #507

The Green Reading Rockin Turtle Shell can be used as a reading pod in any classroom. It enhances the development of the Vestibular System with it’s gentle rocking motion. Can also be used for stretching when it is flipped over for kids to lay across.



\$196ea

Set of 4
\$749



“Grow With Me” Adjustable Wobble Chair

#854 (set of 5)

“Grow With Me” adjustable wobble chairs are the perfect addition to the classroom, library or desk. Ideal for children with ADD or ADHD. Provides an outlet for restlessness and creates a secondary focus.

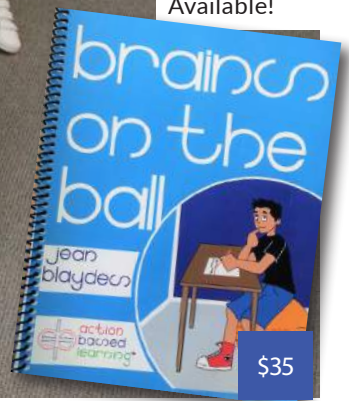
Seat height is adjustable between 15.5” - 21.5” H. Seat dimension is 11” Diameter. Available in Blue, Green, Black, Purple, Red, Yellow, Dark Gray, Dark Blue. Sold in Sets of 5.

\$569
Set of 5





"Brains on the Ball" book to use with your Stability Balls Available!



Stability Ball (2 sizes)
#877 (set of 5) 65cm - 25.5"
#876 (set of 5) 55cm - 21.5"

\$125

These therapy balls improves behavior and work productivity.



*Shown with Non_Adjustable Marker Board Table #KC-601. See page 27 for details.

Varsity Wobble Chair #853 18"- 25"

Our Varsity Wobble Chairs allow user to rock and move without leaving the seat. Offers an outlet for fidgets and helps relieve stiffness. Chair is adjustable between 18" - 25".

\$219 each



The wobble chair transforms the boring conventional seat into a chair that really rocks!

WOBBLE CHAIRS

The wobble chairs are Action Based Learning's most popular flexible seating option! The wobble chair transforms the boring conventional seat into a chair that really rocks. Traditional chairs force kid's bodies to conform to an unnatural posture, this doesn't have to be the case with the innovative Wobble Chair! The chair allows one's knees, hips, and back to find comfortable and ever-changing positions. Great for all ages from 3-adult!

Wobble Chair

#850 10" (Set of 6) Toddler

\$289

Wobble Chair

#849 12" (Set of 6) PreK

\$359

Wobble Chair

#851 14" (Set of 6) K-1

\$398

Wobble Chair

#852 16" (Set of 5) Elementary

\$398

Wobble Chair

#846 18.7" (Set of 5) Middle School

\$429



\$295

Swivel Core Chair #KC-302 23"

Swivel Core Chairs provide ample movement as it allows users to swivel and lean. Helps support better posture and balance. 360 degrees swivel base includes an anti-burst 17.5" Exercise ball covered in mesh. Sold individually and available in Black, Green, Orange, and Blue.

1.5"D x 17.5"W x 23"H

PEDAL STOOLS

Pedal stools are easily portable to fit in a sensory corner, under a desk or as a Kinesthetic Learning Station in the library. Available in 2 sizes: Elementary (Blue) and Middle School (Gray). Seat is also adjustable.



Pedal Stool #KC-84 Elementary

(Blue) Our pedal stool allows users to add movement under their existing desks!

\$595ea



Pedal Stool #KC-85 Middle School-Adult

(Speckle Gray) Our pedal stool allows users to add movement under their existing desks!

\$595ea



\$359
set of 5

Sensory Seat Cushion #864
13" (Set of 5) Provides sensory enhancement, relieves tension, and increases emotional stability.

\$495
set of 3

Sensory Floor Cushion #865
Lg 23" (Set of 3) Provides sensory enhancement, relieves tension, and increases emotional stability.

Accordion MOVE Stools

The Accordion MOVE Stool is perfect for working and relaxing. Use it in offices, schools, libraries, dorms, hotels, healthcare facilities... the possibilities are endless. It is also great for public seating. And it's compact enough for the smallest space. MOVE Stools compresses slightly when you sit on it to the height of a standard chair, which makes it perfect for a standard desk height. Because you can adjust it by tilting the seat or scooting backwards or forwards, the standard size is suitable for people from 5' - 6'4" tall.

Starting @
\$75 ea



*Shown with MarkerBoard Collaborative Table. See page 26 for details
*Orange is currently unavailable

Teacher Tip:
"My students not only love to sit on these chairs, they enjoy flipping them over on their side and rolling back and forth on them to add some movement while I teach"

SMALL #KC-315
Pink
Yellow
Blue

Orange
Green
Purple

\$75

LARGE #KC-320
Black
Purple
Black

\$100

ADULT #KC-321
White
Red
Black

\$139



\$525

ABL Pathways Mat #886

The patented design helps the student to learn the symbols of the alphabet. An instructional manual is included. The included teacher key 11"x17" card is two-sided with the same design as the mat printed on the front and the key showing letter placement printed on the back.



Learn N MoveMat #812

Learn numbers 0-9, addition, subtraction, multiplication, and division with the learn N move mat! Also sign language and spanish.

\$425

Teacher Stool #KC-99

This high top portable teacher stool is a great addition to our standing desks. One-on-one teaching is an exceptionally effective approach to instruction customized to the needs of the student. Adding our Teacher Stool will allow for one-on-one teaching in your classroom!

Dimensions: 25" x 25" x 47"

Sold Individually and upholstered in black for easy maintenance and cleaning.

\$199



Classroom Reading Chair - Gray Leather

#KC-310

Learn or work in comfort and style with this awesome chair that comes with Tablet Arm, Front Wheel Casters and Cup Holder! The perfect addition to the classroom, library or collaborative learning space. Increase academic success by offering flexible work areas for students. Easily portable and sold individually in natural Beige.

\$489

*Shown with Rockin Turtle Shell. See page 6 for details

FLEXIBLE SEATING & ACCESSORIES

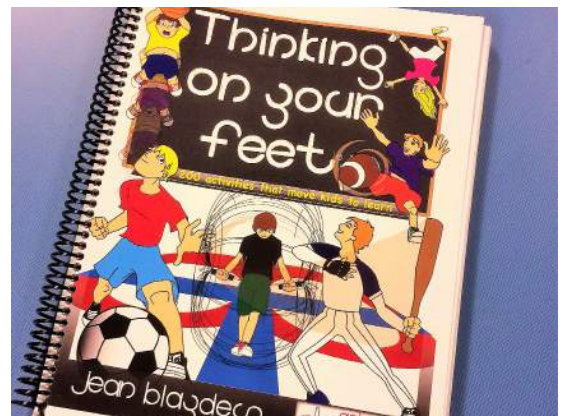


Laid Back Learner Chair #KC-326

Our Laid Back Learner Chairs offer a creative seating area for the modern learner. Allows light movement with its rhythmic swivel motion propelled by the user.

Sold individually in blue.

\$425



Thinking on Your Feet

by Jean Blaydes Moize #KC-355

Thinking on Your Feet has over 200 lesson plans using kinesthetic teaching strategies to teach academics.

\$79



NEW!



*Height Adjustable

Mobile Sit/Stand Desk #KC-904

Mobile Sit/Stand Desk with 28.25" Wide top
 Allows students and teachers to move around the classroom or even from room to room with ease and minimal disruption. Large desk surface is perfect for tablets, laptops and schoolbooks. Also available in a 2 person sit/stand version.

Adjustable Range 29" - 41"

\$479ea

Need Training? We've got you covered!



This group of teachers went crazy over our Kinesthetic Classroom training!

We offer 2 day, 3 day and on-site trainings as well as professional development presentations for your entire school. *See page 51 for more information!

Contact us to Customize an Onsite Training for you!

FLEXIBLE SEATING & ACCESSORIES



ABL Learning Ladder Package
#827
Ladder Package Includes Ladder Cards, Manual, & sample Activities.

\$485

ABL Learning Ladder
#528
Practice balance & motor planning. (Does not include cards). Ladder Only.

\$295



Sensory Spaceship Swivel Chair
#KC-328
Sensory Spaceship Chair is the cozy reading pod for the classroom or the Sensory Intervention for students. Perfect addition to create a calming environment.
Sensory Spaceship Corner includes: (1) Sensory Spaceship (1) Sensory seat cushion. Swivels 360 degrees. Retractable vinyl.

\$189




Big Bean Bag Chair
#KC-7
Create a calming environment as students snuggle into the sensory bean bag. Great addition to a sensory corner.

\$184



Designer Wobble Chair
#KC-301



3 Colors to choose from!

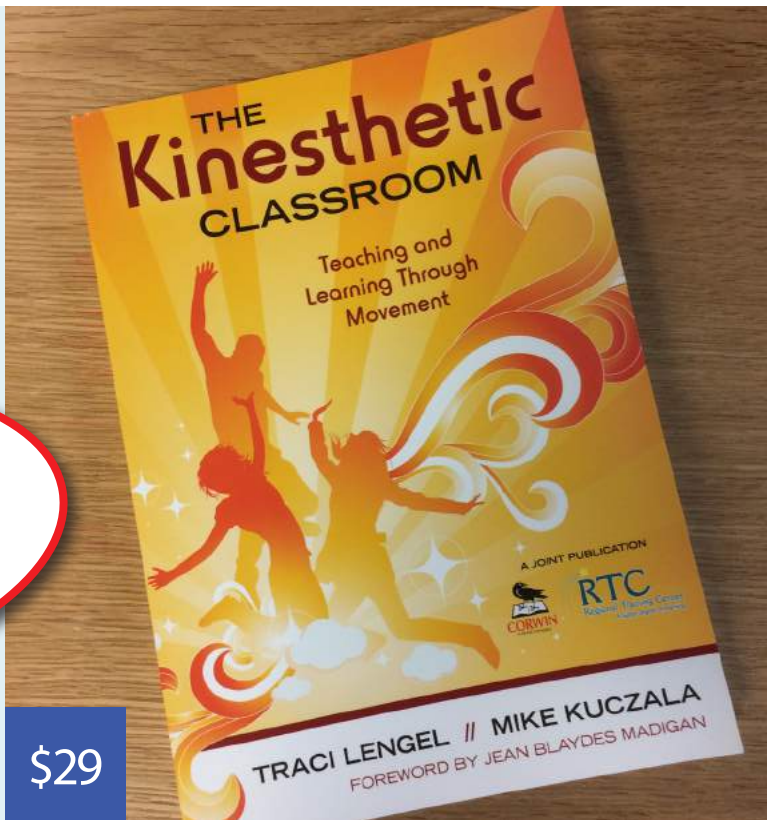
\$175 each
Set of 4 \$675

*Shown with Deluxe Adjustable Marker Board Table #KC-601
See page 27 for details.

"The Kinesthetic Classroom"
by Traci Lengel and Mike Kuczala
#KC-351

"Teaching and Learning Through Movement"
With an emphasis on teaching the whole child, this book shows how movement can improve students' mental and physical well-being and contribute to their joy in learning.

**MORE GREAT BOOKS
ON PAGE 49!**



\$29

FLEXIBLE SEATING & ACCESSORIES

**LEARN
MATH**



Keyboard Letter Learning Mat #888

Children can learn their numbers, letters, punctuation, and more!

\$595

***NEW FOR 2018 ALL MATS NOW PRINTED INDUSTRIAL POLY-VINYL!**
- USA made. Super durable, easy to maintain and install. Indoor/Outdoor use.



ABL Pathways Mat #886

The patented design helps the student to learn the symbols of the alphabet. An instructional manual is included. The teacher key 11"x17" card is two-sided with the same design as the mat printed on the front and the key showing letter placement printed on the back.

\$525

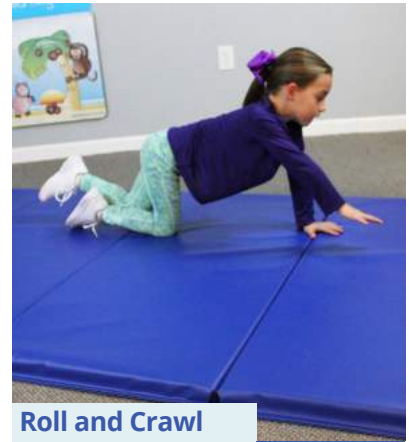


LEARNING MATS!



Geo Color Hop Mat #881
Right foot on the red circle. Left foot touches the green heart. Jump, stretch and identify with colorful shapes.

\$395



Roll and Crawl Mat Set #818

The folding mats allow easy transport and storage. The vinyl cover is fire retardant, mildew, and puncture

\$695

Pattern Walking Mat #889
Grapevine, heel-toe and right-left steps help students with gross motor skills ,problem solving and crossing midline.



\$545



Learn N MoveMat #812

Learn numbers 0-9, addition, subtraction, multiplication, and division with the learn N move mat! Also sign language and spanish.

\$425



ABL Math Mat #885

Mathematics and Telephone Mat to help learn numbers 0-9, cardinal direction, and simple math equations.

\$395



Frog Hop Number Mat #884

Get kids hopping with our Frog hop number mat! Hop from numbers 0-20!

\$545



FLEXIBLE TABLES

We Believe Learning Should Be Flexible!

Flexible tables offer the user a way to engage in the learning process while adding an element of movement and creativity. Perfect for a variety of height differences, most of these tables are adjustable and portable.



Shapes Table #KC-401

What shape is a stop sign?

How many sides does a triangle have? Make learning fun!

\$499



Seasons Table

#KC-407

From the snowfall at winter to the crashing waves during summer, students learn to identify each of the seasons.

\$499



NEW!

Alphabet Table

#KC-402

Learn the building blocks of spelling with this foundational table.

\$499



Yoga Table

#KC-411

Studies have shown that students who have time set aside for mindfulness perform better academically. Table includes 4 sensory cushions. Table measures 42" in diameter.



\$499



Kinesthetic Clock Table

#KC-405

Teaching students how to tell time has never been so fun! The clock face table allows an interaction with the units of time for kinesthetic learners to grasp the concepts quickly.

\$499

FLEXIBLE TABLES



\$945

Standing Foot Fidget Desk #KC-11
An outlet for fidgeters, and easily distracted students

\$1495

2 Person Fidget Desk #KC-14
Add this collaborative learning table to maximize student attention spans in your classrooms.



\$595

2 Person Standing Desk #KC-86
Height Adjustable - For many students everyday classroom life involves trying to sit still, taking focus away from learning. With the standing desks, students are able to stand up during the school day and move without being a distraction to their classmates or teachers, while also improving their concentration.





Complete Set
\$2195

Collaborative Student Table Set of 4 #KC-429

Collaborative learning desks allow for flexible learning stations. Take apart to work in small groups or combine multiple tables for group classwork.



Student Table with Yin/Yang Table Design #KC-430

Can be used alone or with additional tables to create a large or small table surface.

\$695



Student Table with Wave Table Design #KC-431

Can be used alone or with additional tables to create a large or small table surface. Tables can be laid out in different configurations to create variety for the modern learning classrooms.

\$795



Folding Table with Wheels #KC-950

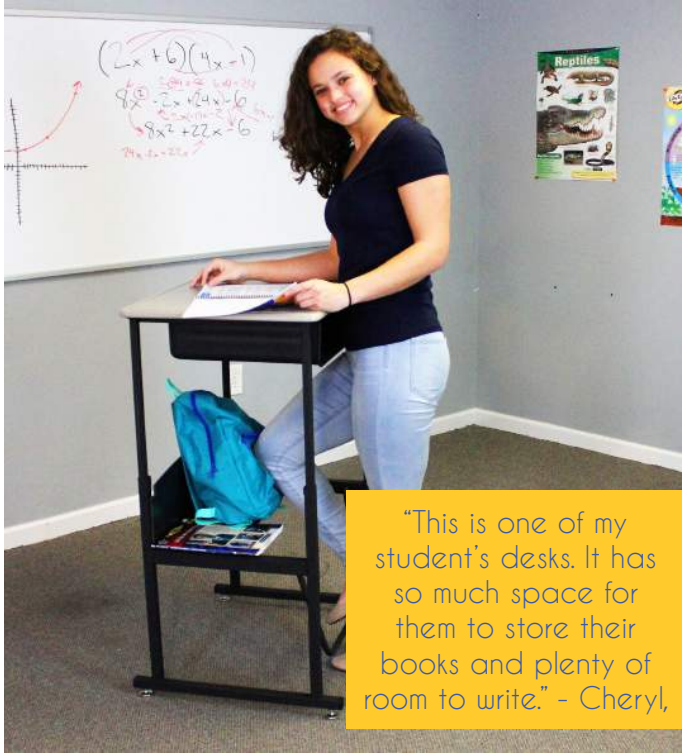
Portable, foldable and easy to store. This folding desk is the solution for small spaces.

Teachers can create unique collaborative spaces with these tables. Allows user to move from classrooms to closet to auditorium.

\$595



FLEXIBLE TABLES



"This is one of my student's desks. It has so much space for them to store their books and plenty of room to write." - Cheryl,

ABC Single Standing Desk With Book Box & Foot Swing Bar

#KC-87

With the ABC desk, students have a new desire to learn. Designed for students in grades 3-12, the ABC Desk easily adjusts from 26" to 42" height to allow students the choice to stand or sit while in the classroom. With the footrest bar, students have a new way to sway. The footrest allows students to swing their feet providing extra movement to burn off excess energy. In addition, it helps to correct posture. The steel frame with black powder coat finish is built for long lasting durability. The MDF top is covered with extremely durable Beige 3D thermoplastic laminate. The steel book box stores books and supplies and a lower shelf provides additional storage space.



\$435

Square Adj. Table #KC-901

Versatile workstation is perfect for teachers, media centers, students and collaborative classroom. Can be used as a computer station or as a writing stations.

\$149



Table Top Add-on

#KC-8

If you need a standing desk but are on a budget then this product raises the bar. This add-on table allows you to stand while at your standard height table.

\$149



Sit/Stand ICE II Desk #KC-902
 Easily transition from sit to stand with the simple hand lever. No cables, no motor and no tools necessary. Designed for ages 9 and above. Desktop supports 20 lbs. Light Gray with Adjustable Top (Adjustable Range 29" - 40.75")



\$395



\$103

Sit/Stand Mobile Workstation #KC-9

Wheels allow complete freedom to take your mobile workstation with you, wherever you go! This portable, lightweight workstation is great for small spaces, and a favorite among those who are constantly on the go!



FLEXIBLE TABLES



Peanut Pod Table
#KC-421

Take collaborative learning to a whole new level with the wavy design built for team-building. Includes 4 sensory seat cushions.

\$345



Triangle Table
#KC-420

Reinforce shape identification, enhance team building in the classroom and more! This portable table is perfect for a kinesthetic corner and helps maximize small spaces. *3 small tables total. Chairs sold separately*

\$795

NEW!



\$795

**ADJUSTABLE ACTIVITY TABLE
With Wheels
PART #KC-603**



Activity Tables (Available in Adjustable and Non-Adjustable models)

Bring the fun back into the classroom! This table comfortably fits 6 people and can be used as a standing desk or used with our tall teacher stools as a sitting desk. Large workspace tables encourage teamwork and classroom collaboration. Built in floor levelers maintain a sturdy base and prevent wobbling. Portable wheels make the unit easy to move anywhere in the classroom.

NEW!

\$725



**NON-ADJUSTABLE ACTIVITY TABLE
With Wheels
PART #KC-600**



FLEXIBLE TABLES

PORTABLE MARKERBOARD ACTIVITY TABLE NON-ADJUSTABLE PART #KC-601

NEW!



MarkerBoard Activity Tables (Available in Adjustable and Non-Adjustable models)

Bring the fun back into the classroom! This table comfortably fits 6 people and can be used as a standing desk or used with our tall teacher stools as a sitting desk.

\$895

NEW!



DELUXE ADJUSTABLE MARKERBOARD ACTIVITY TABLE (STATIONARY) PART #610

MarkerBoard Activity Tables (Available in Adjustable and Non-Adjustable models)

Bring the fun back into the classroom! This table comfortably fits 6 people and can be used as a standing desk or used with our tall teacher stools as a sitting desk.

\$2895

This larger Deluxe model has all the bells and whistles including an adjustable table height crank, Industrial Grade markerboard top, chrome footbar and a built-in marker tray!

BOOMER BOARD Part# 867

\$195

The Boomer Board is a fun tool for students to experience both the physical and neurological benefits of bouncing.

Ideal for: Restless students, test taking anxiety, fidgeters, and students who have trouble listening and paying attention in class!

What are the benefits of the Boomer Board? An added benefit of this board is the increased focus students will experience after they engage in this bouncing motion. Activities done on the motion board also help to calm and regulate students, which prepares the student for optimized learning.





SEATED

Hydraulic Sit/Stand Activity Tables

#KC-500

Our hydraulic tables offer the user a simple way to adjust the height of the table. With the push of a small lever attached under the table, the table top rises to comfortably fit the user.

\$1895



H.S. Fidget Standing Desk #KC-91

Take notes on the tempered glass surface. Back panel can be used for storage. Adult friendly, noise-free footrest bar allows for natural movement while standing at desk.

\$483



ABL Math Mat #885

Mathematics and Telephone Mat to help learn numbers 0-9, cardinal direction, and simple or complex math equations.

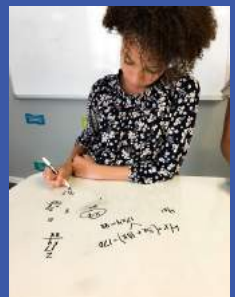
\$395



KINESTHETIC DESKS

Kinesthetic desks are our most popular product! Action Based Learning is the only company to manufacture a multi-person kinesthetic desk including 2, 3, 4, 5 and 6 person desks for your classroom. The kinesthetic desks are noise-less so they will not interfere with the learning process. The desktop is adjustable so it fits a wide variety of students.

•Optional: ABL markerboard top available



Blue base signifies K-2nd grade size



*KC1-KC-36 Page 34

White base signifies elementary 3-5th grade size



*KC-36 Page 32

Grey base signifies 6th grade and up and comes w/resistance



*KC-755 Page 36

5 Person Pedal Desk w/ Half Moon Table Top

#K1-KC-36

Students pedal while they participate in regular classroom activities, and since the pedals are silent, they don't interfere with classroom instruction. -Accommodates up to 5 students.

\$4495



THE K 1 PEDAL DESK

The pedal desk is our most popular desk! The pedal motion is similar to a bicycle and kids love it! Children with pedals under their desk can move their legs while they work. From the single person desk to the six-person variety desk, there are plenty of options to choose from.

* pictured above and to the right are K-2nd grade sized desks.*



3 Person Round Pedal Desk #K1-KC-65

Create small group learning with the 3-person, noise free round desk.

\$3195

PEDAL DESKS

ACTION BASED LEARNING GIVES YOUR STUDENTS AN ADVANTAGE TO LEARN!

\$1045



Single Pedal Desk
#K1-KC-35

Portable, adjustable and noise-free, this is the perfect addition to your class. Table top is adjustable. Does not come with resistance. (Model KC-757 is available with resistance, see page 36-37 for more details)

NEW!



*Available w/ ABL Markerboard Desk Topper

*PART #KC-35M



\$149

\$2045



2 Person Pedal Desk
#K1-KC-37

Table top is adjustable. Large work space is perfect for tablets, books and group classwork. *size shown is K-2nd grade*



\$4495

5 Person Pedal Desk w/ Half Moon Table Top

#KC-36

Students pedal while they participate in regular classroom activities, and since the pedals are silent, they don't interfere with classroom instruction or activities. -Accommodates up to 5 persons.



Single Pedal Desk #KC-35

Portable, adjustable and noise-free, this is the perfect addition to your class.

\$1045

THE KC-35 PEDAL DESK

The pedal desk is our most popular desk! The pedal motion is similar to a bicycle and kids love it! Children with pedals under their desk can move their legs while they work. From the single person desk to the six-person variety desk, there are plenty of options to choose from.



PURPOSEFUL MOVEMENT RESULTS IN WELL BEHAVED, BETTER ENGAGED, AND MORE ATTENTIVE STUDENTS WHO TEST HIGHER!



2 Person Pedal Desk

#KC-37

Perfect for partner work and collaborative spaces.

\$2095



3 Person Round Pedal Desk #KC-65

Create small group learning with the 3-person, noise-free round desk. Table top is adjustable.

\$3195



5 Person Pedal Desk w/ Half Moon Table Top w/ Resistance #KC-755

One of the biggest sellers, this noise-free 5 person pedal desk is ideal for collaborative learning classes. Comfortable upholstered seats with adjustable height caters to a variety of student sizes.

\$4695



Single Pedal Desk w/ Resistance #KC-757

Ideal for middle and high school students. Includes resistance with an easy to use tension knob.

\$1345

THE 757 VARSITY PEDAL DESK

Simple, with resistance motion, it does not require an external power source. Designed for educational settings, and available in single or multi-use options.



3 Person Round Pedal Desk w/ Resistance

#KC-758

Create small group learning with the 3-person, noise free round desk.

\$3495



2 Person Pedal Desk w/ Resistance

#KC-751

Perfect for partner work and collaborative space.

\$2495



3 Person Round Kneel & Spin

#KC-33

\$2195

Kneeling Desks

*RECOMMENDED FOR K - 2ND GRADE

The twisting motion is a natural movement among younger children. The smooth spinning of the seat pad allows the student to achieve a level of control over their learning environment, which makes the student more comfortable and ready to learn.

2 Person Kneel & Spin

#KC-29

Comfort kneeling pad makes this Kinesthetic desk a comfortable option for K-3rd graders. Noise-free and adjustable tabletop come standard.



\$1495

Single Kneel & Spin Desk

#KC-28

Time to twist the torso at this station. Develops core strength in young learners.

The twisting motion is a natural movement among younger children. The smooth spinning of the seat pad allows the student to achieve a level of control over their learning environment, which makes the student more comfortable and ready to learn.



\$1195





3 Person Ergo Spin Desk Round #KC-58

Add this collaborative learning table to maximize stations in your classroom. The noise-free, controlled swinging motion will have students engaged throughout the school day.

**Also available in rectangular

\$3195

*RECOMMENDED FOR MIDDLE, HIGH SCHOOL AND UNIVERSITIES

Ergo Spin Desks

LET'S TWIST AND SHOUT!

The smooth spinning of the seat pad allows the student to achieve a level of control over their learning environment, which makes the student more comfortable and ready to learn.

ERGO SPIN DESKS

ACTION BASED LEARNING GIVES YOUR STUDENTS AN ADVANTAGE TO LEARN!



2 Person Ergo Spin #KC-57

The ergonomically friendly seat spins, to allow the student the option to move while learning. The ergo design creates a natural sitting position and relieves spine compression.

\$2195



Single Ergo Spin Desk #KC-28

Allow students controlled movement right at their desks.

\$1095



CAN BE USED INDOORS AND OUTDOORS!!

Keyboard Letter Learning Mat #888

Boring spelling words are a thing of the past. Learn Kinesthetically with the Keyboard Letter Learning Mat. Practice typing, spelling, mathematics and more! Great group cohesion activity.

\$595



Active Desks

*RECOMMENDED FOR 3RD GRADE - UNIVERSITY

In 2012 Kidsfit began working with a team of Brain Research Experts, Educational Consultants and Classroom Teachers to develop a new way for children to learn and interact in their classrooms. What came out of our research and classroom testing is a line of "kinesthetic" - motion desks and tables that allow children to be in motion while they learn! This is not exercise equipment - this is an entire teaching methodology that utilizes standing tables, motion chairs and numerous simple movements that allows teachers to actually have more control in their classrooms while providing a classroom experience that is far more conducive to learning than traditional methods. This equipment comes with formal training and classroom certifications for schools and after school learning centers

STRIDER DESKS

PURPOSEFUL MOVEMENT RESULTS IN WELL BEHAVED, BETTER ENGAGED, AND MORE ATTENTIVE STUDENTS WHO TEST HIGHER!

STRIDERS

The strider desk is great for those who require continual movement. It allows students to utilize core and lower back muscles for stability. The “stride” motion has quickly become the most popular movement among the 4th grade to adult age group! It decreases cortisol “the stress hormone”.

Type of Motion: Smooth gliding motions forward and backward. Resistance free strides.



2 Person Strider Desk #KC-52

Add this collaborative learning table to maximize stations in your classroom. The noise-free, controlled gliding motion will have students engaged throughout the school day.

\$2195



3 Person Round Strider

#KC-57

Add a variety of learning desks to your class with this new round shape strider table.

\$3850



Single Strider

#KC-50

Stride into success with this single person desk.

\$1145

The balance desk is simple to use while engaging students with purposeful movements. Students use flexion and extension to propel the balance board forward and backwards while engaging in classwork on the large, built in desk. The simplicity of the movement is what makes this one of the most popular among the students. The balance desk promotes a fundamental process to learning.



3 Person Round Balance Desk #KC-03

Add a variety of learning desks to your class with this new round shape table. Gentle, rhythmic rocking back and forth allows for an alternative outlet for fidgets.

\$2395



Single Balance Desk #KC-10

Activate the core, while learning on this balance desk.

\$945



2 Person Balance Desk #KC-2

Add this collaborative learning table to maximize stations in your classroom. The noise-free, controlled pivot motion will have students engaged throughout the school day.



\$1895

2 Person Step Desk #KC-22



\$2495



3 Person Round Step Desk

#KC-24

Round out the learning process with this step desk. Students face one another while learning together.

\$2995

Stepper Desk #KC-20

Step into success with this single person stepper desk
Middle School & High School Only

\$1195





OUR MOST POPULAR MULTI-TABLE!

Variety Desks

*RECOMMENDED FOR 3RD GRADE - MIDDLE SCHOOL

Our kinesthetic desks tend to show the most drastic difference in behavior and academic improvement.

Note that all of the desks are multi-person, as research shows that collaborative workspaces aid in anchoring learning, strengthening creativity and improving teamwork skills.



\$3495

4 Person Standing Desk

#KC-4ST

The four person standing desk includes the following stations:

Station 1: Stand-n-Spin

Station 2: Pedal desk

Station 3: Standing Balance

Station 4: Pedal Desk

“The teacher that has this desk in her class LOVES it! We will be purchasing another as soon as we get the next grant!”

Your products rock!

-Sarah





NEW!



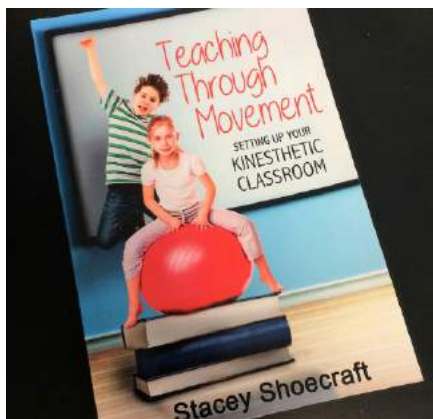
6 Person Standing Desk

#KC-6ST

The 6-person standing desk includes the following stations:

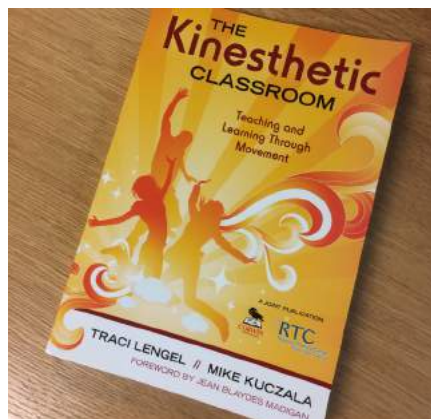
- Station 1: PedalDesk
- Station 2: Stand-N-Spin
- Station 3: Standing Balance
- Station 4: Pedal Desk
- Station 5: Stand-N-Spin
- Station 6: Standing Balance

\$4895



Teaching Through Movement
Dive deeper into setting up your kinesthetic classroom. Written by Stacey Shoecraft, 5th grade math and science teacher with the first kinesthetic classroom!

\$39
#KC-354



The Kinesthetic Classroom By: Mike Kuczala & Traci Lengel
Learn about teaching through movement in this practical way to implement activities in class.

\$29
#KC-351



The Kinesthetic Classroom 2.0 By: Mike Kuczala & Traci Lengel
Use movement to spark learning with this one stop resource.

\$30
#KC-350

CLASSROOMS ON THE MOVE

USING KINESTHETIC FURNITURE TO CREATE A NEW AGE OF LEARNING

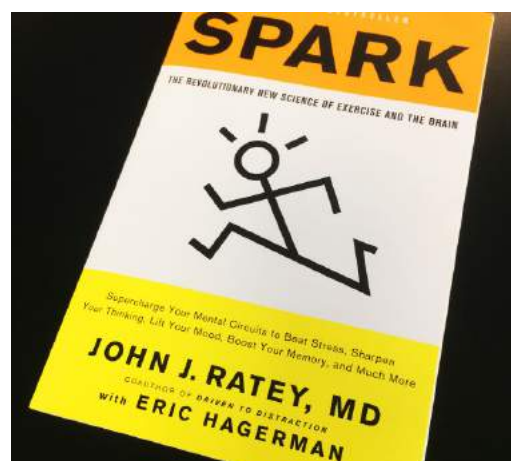
Traci Lengel is a best selling author and Health and Physical Education teacher. With more than twenty-five years of experience, Traci's knowledge in movement education, motor development, lifelong fitness/wellness, health education, curriculum development and educational publication has contributed to the success of her insightful programs.

\$35
#KC-353

AN INSTRUCTIONAL GUIDE FOR IMPLEMENTING "A KIDSFIT KINESTHETIC CLASSROOM"

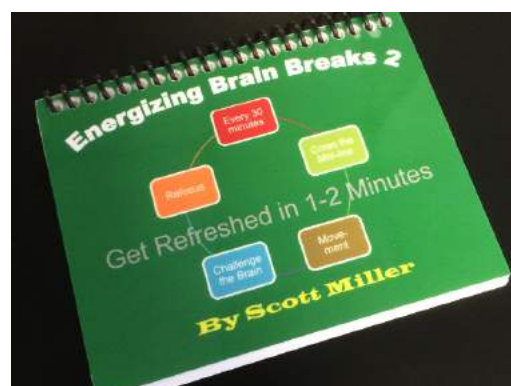
TRACI LENGEL // JENNA EVANS

CLASS ROOMS ON THE MOVE: Using Kinesthetic Furniture to create a New Age of Learning
By: Traci Lengel



SPARK by: John Ratey, MD
Supercharge your mental circuits to beat stress, sharpen your thinking, lift your mood, boost your memory and much more.

\$16
#KC-352



Energizing Brain Breaks 2 By Scott Miller
A collection of 50 quick activities you can do at home, office, school or anywhere to get refreshed and relieve mental and physical fatigue. Includes individual, partner and group activities.

\$25
#KC-356

ABL Learning Lab Support Kit



Lab Teacher Cue Cards

This set of cardstock cards will make running your ABL Lab so much more efficient. Each card contains the individual foundation, the science behind it, and how it applies to your classroom. Easy to read and quick to grab.



Lab Student Cue Cards

This set of cue cards will allow you to focus on individual activities at each station without having to reference the manual. The set includes each foundation, with several activities that are easily hung on the wall to guide your students through the lab.



Lab Hanging Banners + Accessories

This set of 12 high quality, glossy banners will bring life to your ABL Lab. Bright, fun and easy to read, these will label your stations to make it much easier to know what station is which. This is a MUST HAVE for any lab!



ABL Lab Kit

\$149 with lab purchase
\$249 separate

This whole kit comes with Lab Banners, Teacher Cue Cards, Student Cue Cards, Kinesthetic Classroom Posters, and a special FREE GIFT!

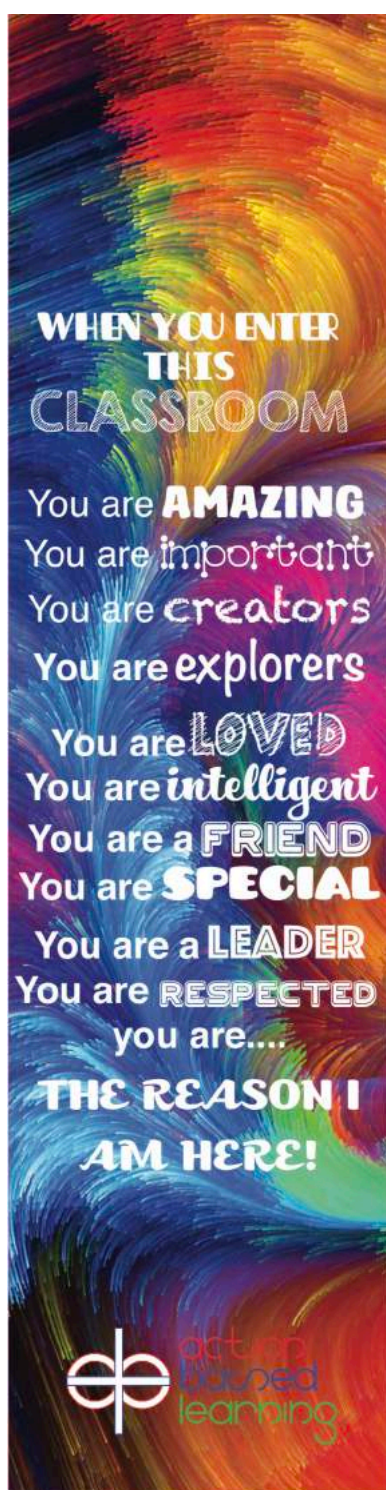
\$149
#452



Kinesthetic Poster Set

This poster set comes with 8 posters, they are bright, colorful, and full of facts about the brain and kinesthetic learning. These posters will grab your students attention, and bring colorful motivation to your classroom/lab.

ABL Kinesthetic Door Graphics - \$94/each



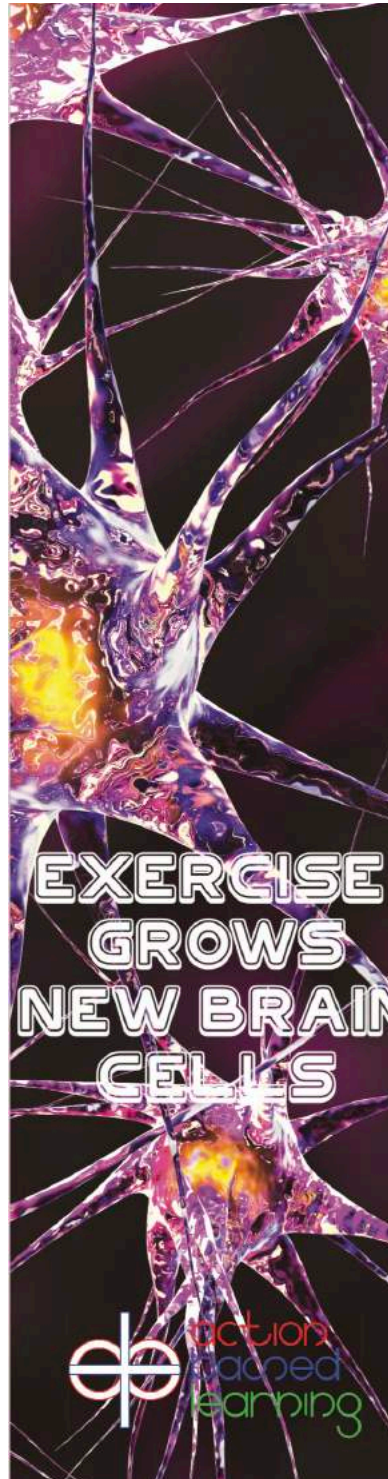
WHEN YOU ENTER
THIS
CLASSROOM

You are **AMAZING**
You are **important**
You are **creators**
You are **explorers**
You are **LOVED**
You are **intelligent**
You are a **FRIEND**
You are **SPECIAL**
You are a **LEADER**
You are **RESPECTED**
you are....

**THE REASON I
AM HERE!**



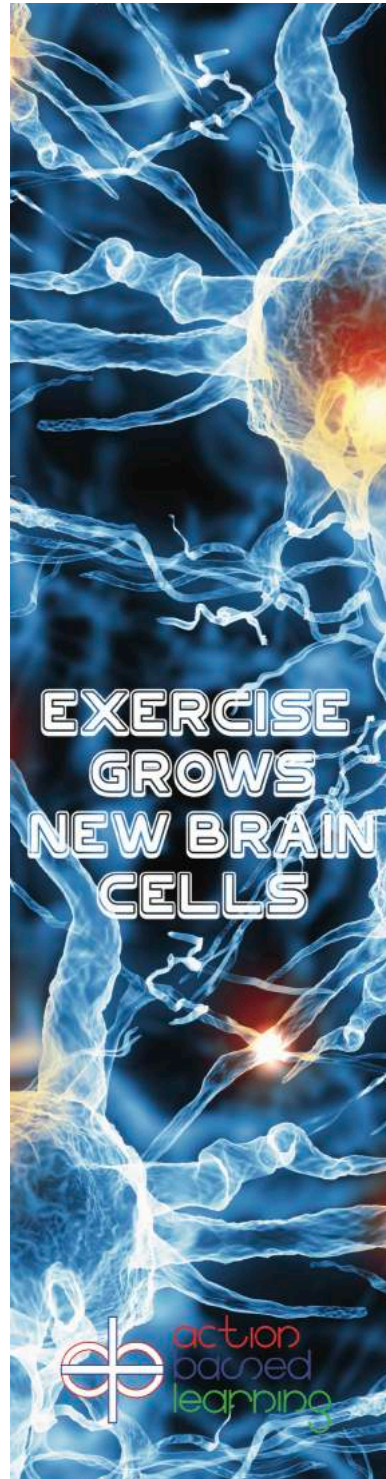
Enter Classroom - #DG1
Price includes custom logo,
mission
statement or school motto



**EXERCISE
GROWS
NEW BRAIN
CELLS**



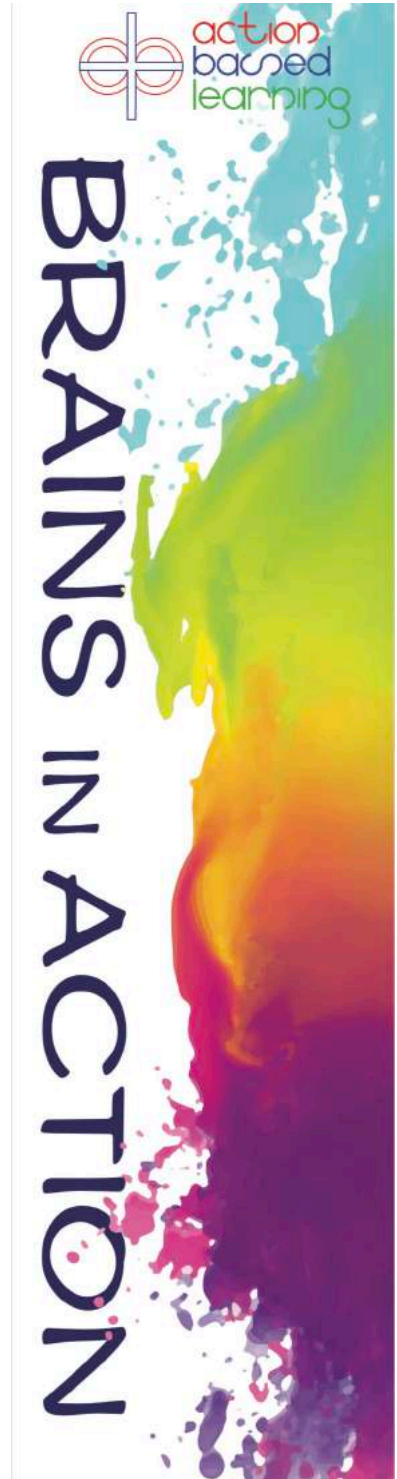
Pink Neuron - #DG2
Price includes custom logo,
mission
statement or school motto



**EXERCISE
GROWS
NEW BRAIN
CELLS**



Blue Neuron - #DG3
Price includes custom logo,
mission
statement or school motto



BRAINS IN ACTION

Brains In Action - #DG4
Price includes custom logo,
mission
statement or school motto

These door graphics are printed on 3MM self-adhesive vinyl.
Dimensions: 18"x70" | Wt. 0.5lbs

WHAT IS AN ACTION BASED LEARNING LAB?

The unique, innovative Action Based Learning™ Lab is research-based, brain and body compatible, kid-friendly, teacher-friendly, and time efficient. The comprehensive program includes curriculum based on national academic standards for Pre-K through second grade levels. Explanations, directions, supporting research, videos, music CDs, equipment lists, and training support are included in the program package.



Many school-age children are predominantly kinesthetic processors. Using movement in the learning process helps many children retain and retrieve information more efficiently. Physical activity prepares the brain for learning by providing a healthier body/brain that works more effectively. All things being equal, healthy active students make better learners.

The Action Based Learning™ Lab is a series of progressions and stations, each designed to prepare the brain for input and processing. Sensory components of balance, coordination, spatial awareness, directionality, and visual literacy are developed. Levels of physical fitness are increased and academic concepts are reinforced. As students move from station to station with a partner or partners, they experience greater self awareness, heightened self esteem, and improved social skills. As a result of a student moving through the station progressions, he/she will experience challenge, feedback, and physical activity, three components that are necessary for optimal brain function.



TRAININGS

PURPOSEFUL MOVEMENT RESULTS IN WELL BEHAVED, BETTER ENGAGED, AND MORE ATTENTIVE STUDENTS WHO TEST HIGHER!



2018 ACTION BASED LEARNING MANUAL

New! The updated Action Based Learning manual is the gold standard for our Action Based Learning labs. It is the handbook for all users and offers step by step instructions for each lab station to help make lab management successful!

\$195



CERTIFICATE OF COMPLETION

All attendees receive a completion certificate at the conclusion of the 2 and 3 day trainings



We offer 2 and 3-day training, professional development presentations, and on-site trainings!

\$395+

TRAINING DATES AND LOCATIONS:

Coming up:

ABL Training | March 28 & 29
Charleston, SC

ABL Training | April 16 & 17
Charleston, SC

ABL Training March/April
Canada

3L Training | May 23 & 24
Charleston, SC

3 DAY SUMMER TRAINING:

Wilmington, NC
Charleston, SC
Houston, TX
Goshen, NY
Tulsa, OK
Philadelphia, PA
Indianapolis, IN

check our website for exact dates

The Kinesthetic Classroom & Action Based Learning Labs

On-site Training for your entire staff!

Action Based Learning Master Trainers offer 1 day professional development workshops, on-site at your school. Each workshop is 2-8 hours and introduces the purpose of Action Based Learning and how to implement the strategies in your classroom. ABL Master Presenters are highly trained, highly qualified teachers who are chosen because they are outstanding award winning educators, with an extensive background in research and education.

UNDERSTANDING THE BRAIN'S RESPONSE TO MOVEMENT AND HOW IT AFFECTS LEARNING

"Action Based Learning" trainings were developed with one goal - to further our 3L mission. "Reaching the children who are deemed LEAST likely to succeed, LAST in line, and LOST in the system. The teachers who attend these sessions all share this same goal. This is for teachers who wake up every day on a MISSION to change the future for our children. Action Based Learning trainings evolved on the basis of recent studies that validated the effectiveness of integrating specific movements into the learning process.

Integrating movement into the classroom is laying the frame work for learning. It drastically improves physical, mental and emotional health of students.

HOW TO:
Implement Brain Breaks in the classroom
Improve academic performance
Improve behavior in the classroom

This empowers them to focus, absorb, and assimilate more efficiently. Movement allows students to engage the brain and body simultaneously, which improves concentration and learning capacity. Recent studies prove that specific movements integrated into the learning process, significantly improves students' span of interest and concentration. Children involved in Action Based Learning are getting higher test scores and grades than children who do not move regularly.



Dr. Jean Moize, founder of Action Based Learning, is an internationally known educational consultant, speaker, and author on the subject of how brain research supports the link of movement to enhanced learning. Jean Moize has made hundreds of presentations internationally and nationally in all 50 states. Moize taught for 27 years in the classroom, in Physical Education and as a college professor. Her excellence in teaching is recognized by awards such as Richardson ISD Teacher of the Year, Texas AHPERD Teacher of the Year, and National Elementary Physical Education Teacher of the Year. Jean received the 2005 PE4Life Advocacy award. Her dynamic, interactive presentations will have you on your feet experiencing learning through movement and making valuable applications that provide successful curriculum implementation

2 & 3 Day Trainings

Continuing Education in Action Based Learning Concepts

Fast Track Trainings | 2 days | Certificate 16 hours

3L Training | 2 days | Certificate 16 hours

National Trainings | 3 days | Certificate 24 hours



Find your passion and
purpose!



**VISIT OUR TRAINING AND MANUFACTURING
COMPLEX IN CHARLESTON, SOUTH CAROLINA**



Scan with your phone
to go straight to our
website!

ACTION BASED LEARNING™

315 Industrial Road
Summerville, SC 29483

PHONE: 843-336-5090 x3 | FAX: 866-730-2419 | www.abllab.com