

THE INSTITUTE OF QUARRYING

# QUARRY TRAILS

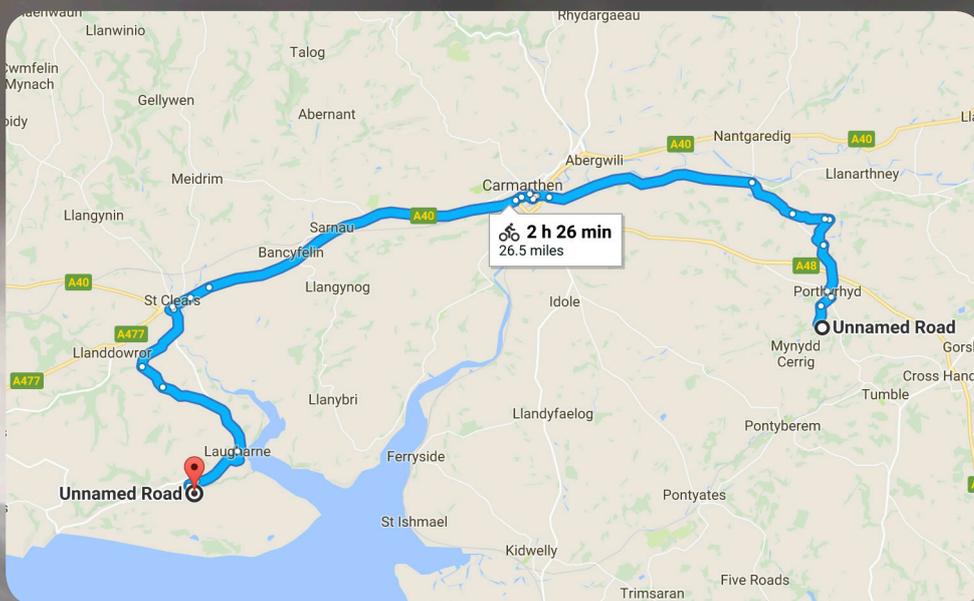
SCOTLAND | ENGLAND | WALES | N.IRELAND



## FROM GARNBICA TO COYGEN QUARRY

APPROXIMATE JOURNEY TIME: 2 HOURS 26 MINUTES

DISTANCE: 26.5 MILES



## QUARRIES FACT FILE:

**ADDRESS:**

Drefach, Llanelli, Carmarthenshire  
(51.810403° -4.1523089°)

**OPERATOR NAME:**

Gower Plant

**PLANNING REGION:**

Wales

**COMMODITY PRODUCE:**

Limestone

**LITHOSTRATIGRAPHY:**

Dowlais Limestone Formation

**AGE:**

Carboniferous

**ADDRESS:**

Laugharne, Carmarthen  
(51.755231° -4.4871555°)

**OPERATOR NAME:**

G. D. Harries & Sons Ltd

**PLANNING REGION:**

Wales

**COMMODITY PRODUCE:**

Limestone

**LITHOSTRATIGRAPHY:**

Pembroke Limestone Group (Main Limestone)

**AGE:**

Carboniferous

## ROUTE PLANNER

### DISTANCE TO TRAVEL

### DIRECTIONS

0.0 mi	Start at Garnbica Drefach, Llanelli, Carmarthenshire (51.810403° -4.1523089°)
174 ft	Head south-west
0.5 mi	Turn right
0.3 mi	Turn right towards B4310
0.2 mi	Turn left onto B4310
1.2 mi	Turn right to stay on B4310
118 ft	At the roundabout, take the 1st exit onto National Cycle Rte 47
0.8 mi	Turn left to stay on National Cycle Rte 47
0.1 mi	Turn left to stay on National Cycle Rte 47
0.8 mi	Turn left
1.2 mi	Slight right onto B4310
4.8 mi	Turn left onto B4300
0.3 mi	Slight right onto Hen Heol Llangynnwr/National Cycle Rte 47
374 ft	Turn right onto National Cycle Rte 4/National Cycle Rte 47
367 ft	Turn left onto National Cycle Rte 4/Station Approach/National Cycle Rte 47
0.2 mi	Slight right to stay on National Cycle Rte 4/Station Approach/National Cycle Rte 47
105 ft	Turn right onto National Cycle Rte 47
0.2 mi	Turn right onto The Quay
59 ft	Sharp right towards A4242

## ROUTE PLANNER

### DISTANCE TO TRAVEL

### DIRECTIONS

0.2 mi	Turn left onto A4242
7.5 mi	At the roundabout, take the 2nd exit onto A40
0.5 mi	Slight left onto National Cycle Rte 4
0.5 mi	Turn right to stay on National Cycle Rte 4
0.2 mi	Take the A4066 exit towards Sanclêr/St Clears
1.8 mi	Turn right onto High St/National Cycle Rte 4/A4066
0.7 mi	Turn left to stay on National Cycle Rte 4
2.6 mi	Turn left to stay on National Cycle Rte 4
1.4 mi	National Cycle Rte 4 turns slightly left and becomes The Grist/A4066
0.2 mi	Turn left
0.2 mi	Turn left
0.0 mi	Arrive at Coygen Quarry Laugharne, Carmarthen (51.755231° -4.4871555°)



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## SAFETY ADVICE

**Please ensure you do not enter onto any quarry site.**

Ensure follow all road markings and are aware of your surroundings.

Wear appropriate clothing and be prepared for changing weather conditions.

Only undertake the route if it is within your cycling and fitness capability and ensure you schedule in refreshment breaks in along the way.

Check all of your equipment is in good condition.

Environmental conditions can change the nature of the trails within a short space of time, you should only continue if safe to do so.

It's also a good idea to ensure you have a basic first aid kit with you.

## ENVIRONMENTAL GOOD PRACTICE

We all have a responsibility to protect the countryside now and for future generations, so make sure you don't harm animals, birds, plants or trees and try to leave no trace of your visit.

Do not disturb wildlife, leave the environment as you find it and follow a path or track if there is one.

Leave gates and property as you find them.

Look after the places you visit and ensure all litter is taken home with you.

## DISCLAIMER

**We have taken great care to ensure the currency, accuracy and reliability of the information contained within the 'Quarry Trails'. We cannot accept responsibility for errors or omissions but where such are brought to our attention the information will be amended accordingly. Where possible we recommend the GPS co-ordinates be used for the trails as these will provide more accurate start and end locations.**