



Twin Cities
Habitat
for Humanity®

Age In Place Presentation

April 21, 2017



aging in place

- Desire to remain in one's home as you age
- As long as you receive the necessary services
- To live safely and comfortably
- Regardless of age, income or ability

hfhi initiative

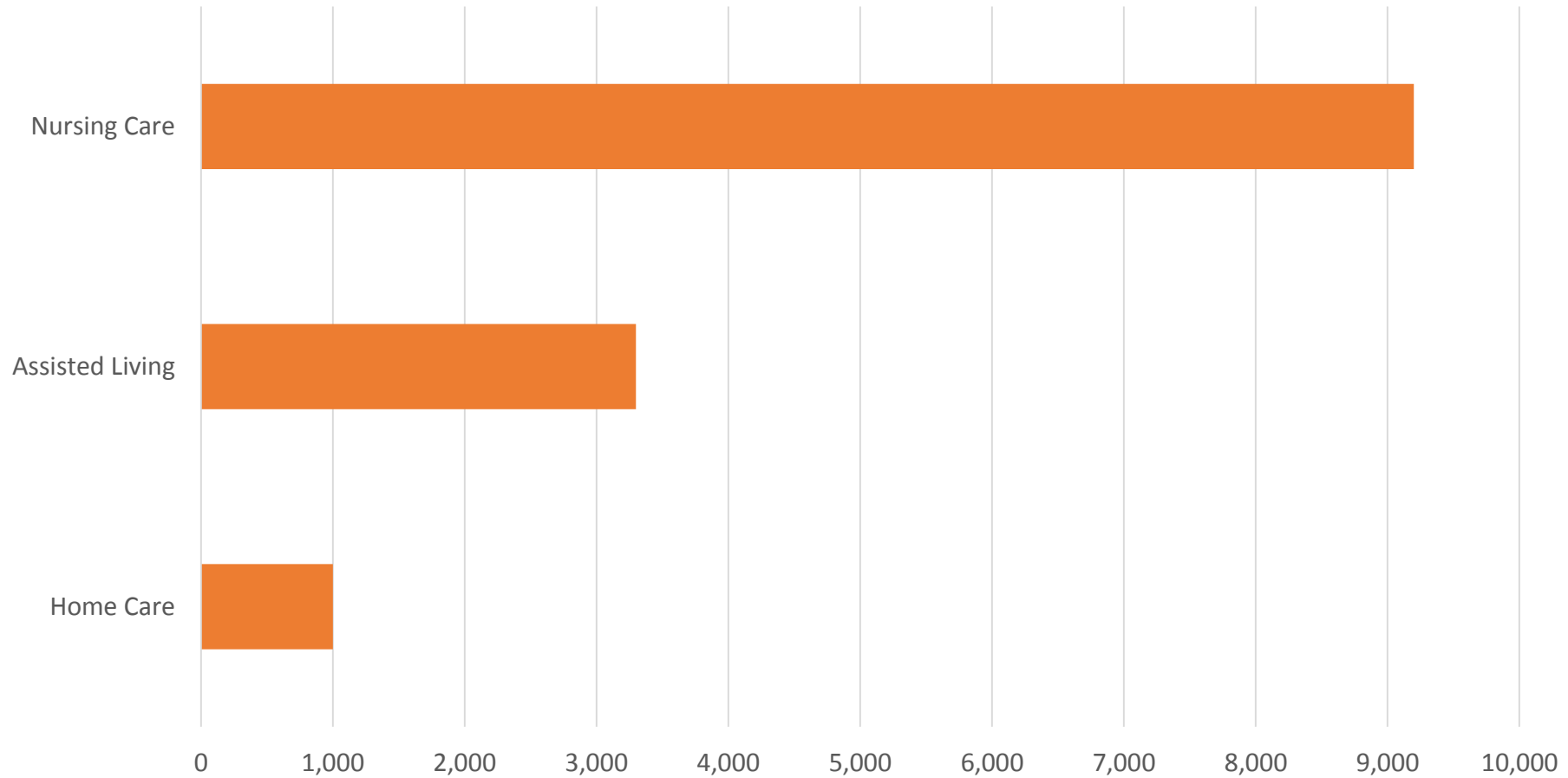
- Demographic shift and growth in home repairs
- Partnership with AARP
- Age In Place Learning Exchanges

demographic shift & rise in need

- 10,000 people are turning 65 every day
- Over 50 outnumber those under 18
- MN suburbs – 65+ will double in 15 years
- Close to 90% of seniors want to remain in their homes as long as possible
- The unprecedented growth in the baby boom generation will create an unsustainable strain on SS, Medicare and especially housing
- Isolation impact on older adults is staggering
 - 42.3 million people over 45 are lonely - AARP
 - Social isolation increases likely of early mortality by 30% - JAMA

Average Cost Comparison

(Thousands of Dollars)



National Association of Area Agencies on Aging

create safer living environment

1/3  of older adults fall annually, resulting in approximately:

700K hospitalizations

\$34B in health care costs

2.5M emergency department visits ¹²

Only 3.8%

of housing units in the U.S. are suitable for individuals with moderate mobility difficulties ¹³

Safety features seniors find important:

- Non-slip floor surfaces (80%)
- Bathroom aides: grab bars (79%)
- Personal alert system (79%)
- Entrance without steps (77%)
- Wider doorways (65%)
- Lever-handled doorknobs (54%)

AARP

Remodelers completed the following last year:

- Grab bars (78%)
- Higher toilets (71%)
- Curbless showers (60%)
- Wider doorways (57%)
- Ramps/thresholds (45%)
- Added lighting (45%)
- Added 1st floor bedroom (33%)

According to CDC

Remodelers Association

build on our ABWK competencies

- Owner occupied repairs
- Working with low-income, vulnerable seniors
- Mobilizing and educating volunteers
- Working with strategic partners



possible expansion areas:

- 🏠 Home surveyor
- 🏠 Seasonal chore services
- 🏠 Package of high benefit home modifications
- 🏠 Adapting homes for one level living
 - 🔧 Laundry, bedroom and bathroom
- 🏠 Build homes with universal design



common issues facing aging homeowners

- Significant physical limitations
- Difficulty moving about - inside and outside... usually lots of clutter!
- Struggle with loneliness
- Difficult time navigating resources
- Many are over housed, on a fixed income with limited solutions
- However, the under and over could be the biggest issue causing aging adult problems...



difficulty discussing issue's

- Many of those under 70 (Baby Boomers) have difficulty discussing that they are aging and need to prepare for physical changes that naturally occur as they age. Since most homeowners want to live at home as long as possible, older homeowners should modify there homes before the need arises.
- Many older adults over 70 are challenged to discuss issue's surrounding aging, especially in the area of falls and creating a safe home environment because of the fear and perception that those close to them will suggest they move to alternate housing
- Much public education needs to occur surrounding the benefits of aging in place for most older adults so that aging homeowners feel the freedom to discuss aging issue's.

successful aging in place

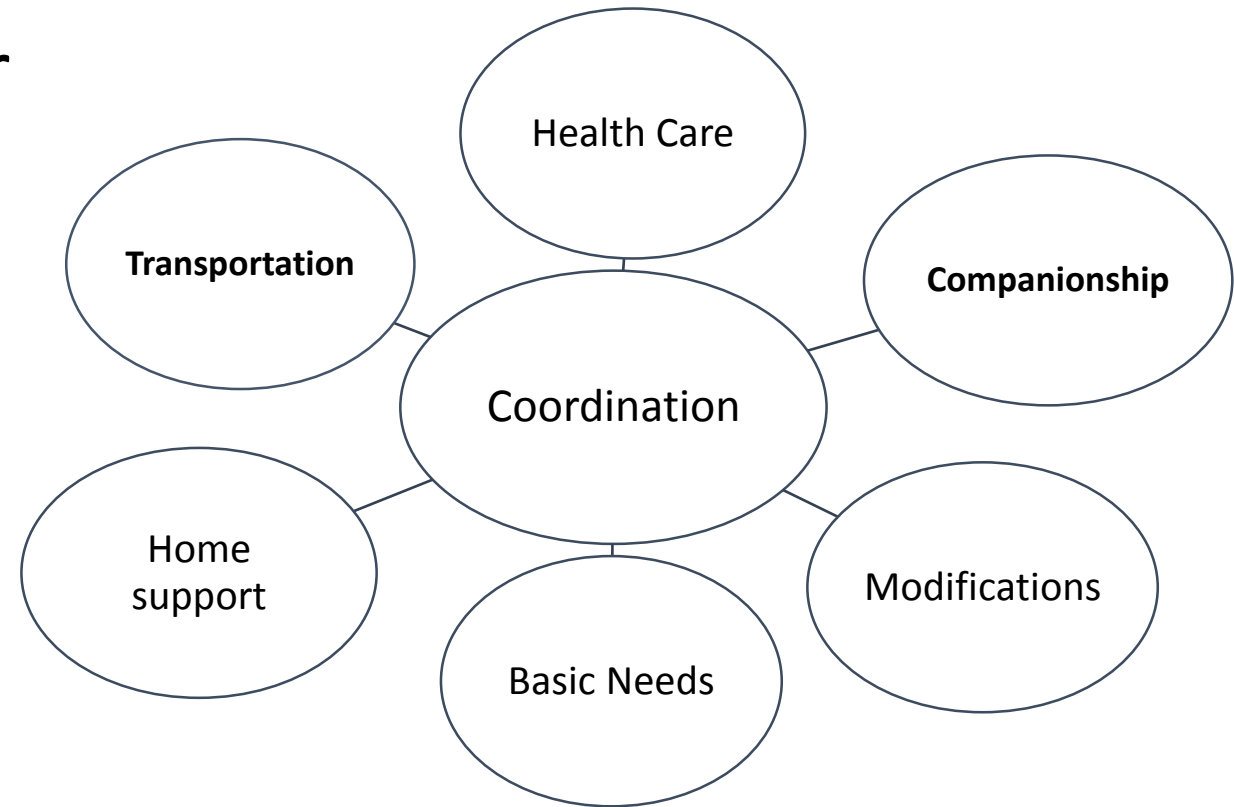
Top factors that help aging adults remain living at home:

- Meaningful connections
- Purpose in life
- Safe & healthy living environment
- Access to services & transportation
- Navigational support to access resources



explore strategic partnerships

- Create holistic collaborative by bringing together service providers working together to assist older adults to age in place.



examples:

- Store to Door
- Lutheran Social Services
- Living at Home Network
- Allina
- Senior Community Services

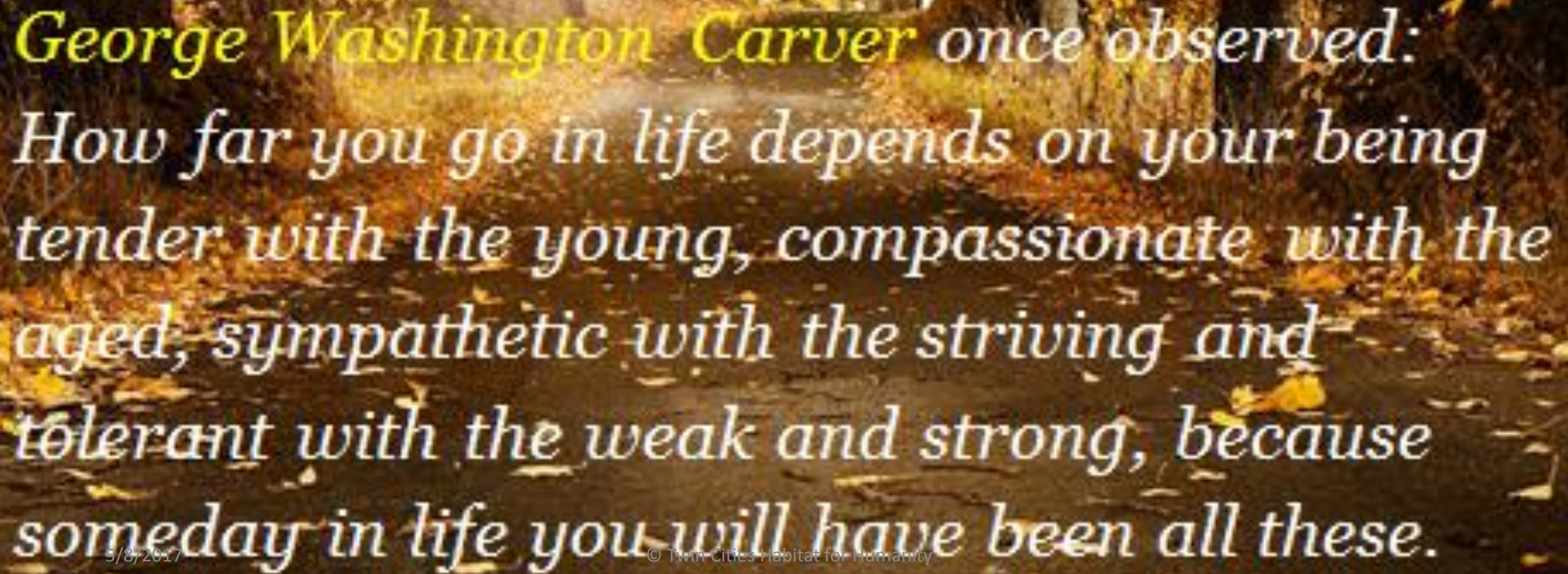


Age in Place Plan

FY 2017-2020

- Research the existing field (FY17/18)
 - Engage experts and researchers
 - Understand the AIP landscape
 - Form key partnerships
 - Discover unmet needs where TCHFH can contribute
 - Begin piloting AIP activities and modifications
- Develop program approach (FY19/20)
 - Refine and develop key program elements
 - Leverage new partnerships to create a coordinated approach to AIP
 - Full scale roll-out of new program



A photograph of a forest path in autumn. The path is covered in fallen yellow and orange leaves. Sunlight filters through the trees, creating a warm, golden glow. The trees have dense foliage in shades of yellow and orange.

*George Washington Carver once observed:
How far you go in life depends on your being
tender with the young, compassionate with the
aged, sympathetic with the striving and
tolerant with the weak and strong, because
someday in life you will have been all these.*



Your Time
Just Ahead