

Compassionate Touch®

Dementia Care  *End-of-Life Care*

Compassionate Touch® is an approach combining skilled touch and specialized communication shown to assist with behavioral expression in people with dementia and those who are at end-of-life.

Old Colony Hospice & Palliative Care is proud to be a Certified Compassionate Touch® Provider and the first licensed hospice provider in Massachusetts to offer Compassionate Touch® as a technique to be used by staff with end of life patients.

Compassionate Touch® helps enhance the person-centered, end of life, and dementia care provided by our staff at Old Colony Hospice & Palliative Care. We have trained our clinical nurse case managers, hospice aides, social workers, chaplains, volunteers to incorporate this technique when connecting with patients on service with us. This practical, evidence-informed approach literally puts in caregiver's hands an additional tool as a non-pharmacological solution that is easy to learn and is effective.

Some benefits:

- Decreased anxiety
- Promotes sleep
- Eases pain
- Builds trust in caregivers
- Provides a non-pharmacological prevention strategy for behavioral symptoms
- Reduction of unnecessary use of anti-psychotic medication
- Encourages Family Engagement: Provides a means for family to calm, comfort and support their loved one



Make Each Day Count



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**The sooner you call, the
sooner we can help.**

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