At-Home Catechesis Model
We Believe™ Catholic Identity Edition
Grades K–6
Dear Catechetical Leader,

This At-Home Model is designed to guide parents that are primarily responsible for the catechesis of their children at home and who are using the *We Believe Catholic Identity Edition* Student Text and the *We Believe Family Book* as catechetical materials. This model is especially helpful for parents and families who have scheduling difficulties or extenuating circumstances such as a homebound child. This supplement identifies the four chapters in each grade where the Catholic Identity Retreats have been included, as well as simple directions for these prayerful experiences. The four retreat themes are related to the Four Pillars of the *Catechism of the Catholic Church* – CREED, LITURGY & SACRAMENTS, MORALITY, and PRAYER. Using the *We Believe Family Book* and the additional information provided in this supplement incorporating the Catholic Identity Retreats, the parent or other family member is able to work together with the child. The *Family Book* gives clear directions, help, and suggestions to the adult who is guiding the experience with the child using the *We Believe* Student Text. Many parishes specify and request some accountability from the family demonstrating that the sessions have been completed. Options for accountability are included within this document.

<table>
<thead>
<tr>
<th>Print Resources</th>
<th>Online Resources at Religion.SadlierConnect.com</th>
</tr>
</thead>
<tbody>
<tr>
<td>- <em>We Believe Catholic Identity Edition</em>, Grades K–6</td>
<td>• Dear Family (information for families/additional information on each unit)</td>
</tr>
<tr>
<td>- <em>We Believe Family Books</em>, Grades K–6</td>
<td>• Sharing Faith with My Family (one per chapter)</td>
</tr>
<tr>
<td>- <em>We Believe Music CDs</em>, Grades K–6</td>
<td>• What Your Child Will Learn (unit overviews for parents)</td>
</tr>
<tr>
<td></td>
<td>• The Faith of a Child (characteristics of faith growth by grade level)</td>
</tr>
<tr>
<td></td>
<td>• Games</td>
</tr>
<tr>
<td></td>
<td>• Study guides, Grades 1–6</td>
</tr>
<tr>
<td></td>
<td>• Lives of the Saints</td>
</tr>
<tr>
<td></td>
<td>• Question of the Week</td>
</tr>
<tr>
<td></td>
<td>• This week’s liturgy</td>
</tr>
<tr>
<td></td>
<td>• Liturgical Year</td>
</tr>
<tr>
<td></td>
<td>• Prayers</td>
</tr>
<tr>
<td></td>
<td>• Blogs—<em>We Believe, We Believe and Share, Creemos y Compartimos</em></td>
</tr>
<tr>
<td></td>
<td>• Family Support (online articles, prayers, and resources together by category)</td>
</tr>
<tr>
<td>Accountability/Evaluation</td>
<td>Directions</td>
</tr>
<tr>
<td>---------------------------</td>
<td>------------</td>
</tr>
</tbody>
</table>
| Orientation Session       | In September, invite parents who will be doing at-home catechesis to an orientation session. Arrange to meet individually with parents who cannot attend the orientation session. | During the session:  
- Ask parents to affirm their commitment to the faith development of their children.  
- Go through the Family Book with them and highlight the three-step process, the faith words, and the importance of doing the activities.  
- Show parents the wealth of resources on the website both for their own learning and for evaluations from them. Tell them when you want the evaluations returned.  
- Explain the Catholic Identity Retreat pages in the child’s book and give suggestions on how to use them.  
- Hand out a calendar of important dates for parents.  
- Tell parents what options there are for documenting progress in *We Believe*. |
| Family Book               | Ask parents to fill in the progress chart and return it at the conclusion of the year. | This is a minimal evaluation and does not give information about the content or the process of faith development. |
| Project Disciple Pages    | Ask parents to return completed pages at the end of each unit. | This evaluation will give some assessment of both cognitive and affective faith development. It is important to return pages to the parents with positive feedback. |
| A Family or Child Portfolio | Explain the portfolio as a creative project that may include photographs of the family engaged in a session or doing an activity, a completed lesson(s) that was particularly interesting, reflections, prayers, and drawings or journal entries about a Catholic belief that is important to the family. These could be sent in or dropped off in an envelope or folder at the completion of a unit, semester, or year. | This is the most engaging option and will give assessment of both cognitive and affective faith development.  
It is important to return the portfolios to the parents with positive feedback. |
## AT-HOME MODEL Schedule for Including Retreats in Weekly Sessions

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 1</td>
<td>Chapter 1</td>
<td>Chapter 1</td>
<td>Chapter 1</td>
<td>Chapter 1</td>
<td>Chapter 1</td>
<td>Chapter 1</td>
<td>Chapter 1</td>
</tr>
<tr>
<td>Retreat: Creed</td>
<td>Retreat: Creed</td>
<td>Retreat: Creed</td>
<td>Retreat: Creed</td>
<td>Retreat: Creed</td>
<td>Retreat: Creed</td>
<td>Retreat: Creed</td>
<td>Retreat: Creed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 2</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 2</td>
<td>Chapter 2</td>
<td>Chapter 2</td>
<td>Chapter 2</td>
<td>Chapter 2</td>
<td>Chapter 2</td>
<td>Chapter 2</td>
<td>Chapter 2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 3</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 3</td>
<td>Chapter 3</td>
<td>Chapter 3</td>
<td>Chapter 3</td>
<td>Chapter 3</td>
<td>Chapter 3</td>
<td>Chapter 3</td>
<td>Chapter 3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 4</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 4</td>
<td>Chapter 4</td>
<td>Chapter 4</td>
<td>Chapter 4</td>
<td>Chapter 4</td>
<td>Chapter 4</td>
<td>Chapter 4</td>
<td>Chapter 4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 5</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 5</td>
<td>Chapter 5</td>
<td>Chapter 5</td>
<td>Chapter 5</td>
<td>Chapter 5</td>
<td>Chapter 5</td>
<td>Chapter 5</td>
<td>Chapter 5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 6</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 6</td>
<td>Chapter 6</td>
<td>Chapter 6</td>
<td>Chapter 6</td>
<td>Chapter 6</td>
<td>Chapter 6</td>
<td>Chapter 6</td>
<td>Chapter 6</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 7</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 7</td>
<td>Chapter 7</td>
<td>Chapter 7</td>
<td>Chapter 7</td>
<td>Chapter 7</td>
<td>Chapter 7</td>
<td>Chapter 7</td>
<td>Chapter 7</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 8</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 8</td>
<td>Chapter 8</td>
<td>Chapter 8</td>
<td>Chapter 8</td>
<td>Chapter 8</td>
<td>Chapter 8</td>
<td>Chapter 8</td>
<td>Chapter 8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 9</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 9</td>
<td>Chapter 9</td>
<td>Chapter 9</td>
<td>Chapter 9</td>
<td>Chapter 9</td>
<td>Chapter 9</td>
<td>Chapter 9</td>
<td>Chapter 9</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 10</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 10</td>
<td>Chapter 10</td>
<td>Chapter 10</td>
<td>Chapter 10</td>
<td>Chapter 10</td>
<td>Chapter 10</td>
<td>Chapter 10</td>
<td>Chapter 10</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 11</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 11</td>
<td>Chapter 11</td>
<td>Chapter 11</td>
<td>Chapter 11</td>
<td>Chapter 11</td>
<td>Chapter 11</td>
<td>Chapter 11</td>
<td>Chapter 11</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 12</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 12</td>
<td>Chapter 12</td>
<td>Chapter 12</td>
<td>Chapter 12</td>
<td>Chapter 12</td>
<td>Chapter 12</td>
<td>Chapter 12</td>
<td>Chapter 12</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 13</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 13</td>
<td>Chapter 13</td>
<td>Chapter 13</td>
<td>Chapter 13</td>
<td>Chapter 13</td>
<td>Chapter 13</td>
<td>Chapter 13</td>
<td>Chapter 13</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 14</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 14</td>
<td>Chapter 14</td>
<td>Chapter 14</td>
<td>Chapter 14</td>
<td>Chapter 14</td>
<td>Chapter 14</td>
<td>Chapter 14</td>
<td>Chapter 14</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 15</th>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter 15</td>
<td>Chapter 15</td>
<td>Chapter 15</td>
<td>Chapter 15</td>
<td>Chapter 15</td>
<td>Chapter 15</td>
<td>Chapter 15</td>
<td>Chapter 15</td>
</tr>
</tbody>
</table>
## AT-HOME MODEL

**Schedule for Including Retreats in Weekly Sessions**

<table>
<thead>
<tr>
<th>Grade K</th>
<th>Grade 1</th>
<th>Grade 2</th>
<th>Grade 3</th>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 16</td>
<td>Chapter 16</td>
<td>Chapter 16</td>
<td>Chapter 16</td>
<td>Chapter 16</td>
<td>Chapter 16</td>
<td>Chapter 16</td>
</tr>
<tr>
<td>Session 17</td>
<td>Chapter 17</td>
<td>Chapter 17</td>
<td>Chapter 17</td>
<td>Chapter 17</td>
<td>Chapter 17</td>
<td>Chapter 17</td>
</tr>
<tr>
<td>Session 18</td>
<td>Chapter 18</td>
<td>Chapter 18</td>
<td>Chapter 18</td>
<td>Chapter 18</td>
<td>Chapter 18</td>
<td>Chapter 18</td>
</tr>
<tr>
<td>Session 20</td>
<td>Chapter 20</td>
<td>Chapter 20</td>
<td>Chapter 20</td>
<td>Chapter 20</td>
<td>Chapter 20</td>
<td>Chapter 20</td>
</tr>
<tr>
<td>Session 21</td>
<td>Chapter 21</td>
<td>Chapter 21</td>
<td>Chapter 21</td>
<td>Chapter 21</td>
<td>Chapter 21</td>
<td>Chapter 21</td>
</tr>
<tr>
<td>Session 22</td>
<td>Chapter 22</td>
<td>Chapter 22</td>
<td>Chapter 22</td>
<td>Chapter 22</td>
<td>Chapter 22</td>
<td>Chapter 22</td>
</tr>
<tr>
<td>Session 23</td>
<td>Chapter 23</td>
<td>Chapter 23</td>
<td>Chapter 23</td>
<td>Chapter 23</td>
<td>Chapter 23</td>
<td>Chapter 23</td>
</tr>
<tr>
<td>Session 24</td>
<td>Chapter 24</td>
<td>Chapter 24</td>
<td>Chapter 24</td>
<td>Chapter 24</td>
<td>Chapter 24</td>
<td>Chapter 24</td>
</tr>
<tr>
<td>Session 27</td>
<td>Chapter 27</td>
<td>Chapter 27</td>
<td>Chapter 27</td>
<td>Chapter 27</td>
<td>Chapter 27</td>
<td>Chapter 27</td>
</tr>
</tbody>
</table>
**Session 1 Overview** In this session, your child will reflect on God’s gifts of creation and his or her own responsibility to take care of those gifts.

**Creed Retreat Overview**
During this retreat, your child will
- Affirm belief in God as Father and Creator.
- Recognize the inherent goodness and uniqueness in all of God’s creation.
- Understand that every child of God must be a steward of creation.

**Chapter 1 Overview** In this chapter, the your child will learn that God made the world and that he made all things good.

### Doctrinal Content

<table>
<thead>
<tr>
<th>Doctrinal Content</th>
<th>For Adult Reading and Reflection</th>
</tr>
</thead>
<tbody>
<tr>
<td>The your child will learn:</td>
<td><em>Catechism of the Catholic Church</em></td>
</tr>
<tr>
<td>• God made the whole world.</td>
<td>Paragraph 295</td>
</tr>
<tr>
<td>• Everything God made is good.</td>
<td>Paragraph 299</td>
</tr>
</tbody>
</table>

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 1 Page R1</td>
<td>• Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Complete the activity together.</td>
<td></td>
</tr>
<tr>
<td>Part 2 Page R2</td>
<td>• Gather in your prayer space.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
<tr>
<td>Part 3 Page R3</td>
<td>• Invite your child to listen as you slowly read aloud each step.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with eyes closed.</td>
</tr>
<tr>
<td></td>
<td>• Read aloud the Scripture passage and text.</td>
<td>• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td></td>
<td>• Encourage your child to spend time thinking about responses.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
<tr>
<td>Session Steps—Retreat</td>
<td>Session Presentation</td>
<td>Session Notes</td>
</tr>
<tr>
<td>-----------------------</td>
<td>----------------------</td>
<td>---------------</td>
</tr>
<tr>
<td><strong>Part 4</strong></td>
<td><strong>Page R4</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Read aloud the text with your child.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Make a badge.</td>
<td></td>
</tr>
<tr>
<td><strong>Part 5</strong></td>
<td><strong>Page R5</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Gather in your prayer space.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
<tr>
<td><strong>Part 6</strong></td>
<td><strong>Page R6</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
<tr>
<td><strong>Break</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 1</strong></td>
<td><strong>God Made All Things</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Pages 19–26</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Follow Family Book, pages 5–7.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• You may wish to have your child complete Project Disciple at another time.</td>
<td></td>
</tr>
</tbody>
</table>

**Optional Activities for Chapter 1** [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)
- Chapter 1 Introduction Video
- Chapter 1 Game: God’s Gifts Matching
- Chapter 1 Drawing Activity Reproducible Master
**Session 12 Overview** In this session, your child will reflect on the fact that he or she shares friendship with all of God’s children and that we have Seven Sacraments.

**Liturgy and Sacraments Retreat Overview**
During this retreat, your child will
- Develop an appreciation for the Seven Sacraments as signs and instruments of God’s grace.
- Recognize symbols of the sacraments.
- Appreciate that the sacraments strengthen us and make us holy.

**Chapter 12 Overview** In this chapter, your child will learn that friends are special gifts from God and that the saints, God’s friends, are our friends, too.

<table>
<thead>
<tr>
<th>Doctrinal Content</th>
<th>For Adult Reading and Reflection</th>
</tr>
</thead>
<tbody>
<tr>
<td>The your child will learn:</td>
<td>Catechism of the Catholic Church</td>
</tr>
<tr>
<td>• Friends are special gifts from God.</td>
<td>Paragraph 2220</td>
</tr>
<tr>
<td>• We show our friends God’s love.</td>
<td>Paragraph 1829</td>
</tr>
</tbody>
</table>

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related vocabulary activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 1</strong> Page R9</td>
<td>• Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td></td>
<td>• Complete the activity together.</td>
<td></td>
</tr>
<tr>
<td><strong>Part 2</strong> Page R10</td>
<td>• Gather in your prayer space.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
</tbody>
</table>
## Session Steps—Retreat

### Part 3
Page R11
- Invite your child to listen as you slowly read aloud each step.
- Read aloud the Scripture passage and text.
- Encourage your child to spend time thinking about responses.
- Complete the activity in silence.
- Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.
- When your child is quiet and relaxed, begin the activity. Pause after each step.

### Part 4
Page R12
- Read the reflection.
- Have your child complete the activity.

### Part 5
Page R13
- Show your child symbols of each sacrament.
- Talk about why one of the sacraments is important in your life.

### Part 6
Page R14
- Pray the prayer together.

---

### Chapter 12
**We Learn about God with Our Friends**
Pages 109–116
- You may wish to have your child complete Project Disciple at another time.

### Optional Activities for Chapter 12
[Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)
- Chapter 12 Introduction Video
- Chapter 12 Game: Matching Activity
- Unit Game: Paint and Print
### Session 19 Overview
In this session, your child will reflect on how loving leads to service.

### Morality Retreat Overview
During this retreat, your child will
- Learn the importance of loving families, friends, and others in moral living.
- Understand and apply Jesus's commandment to love as he loved.
- Recognize that love involves not only words and feelings but also service.

### Chapter 19 Overview
In this chapter, the children will learn that Jesus wants us to love others in the same way that he loves us.

#### Doctrinal Content
Your child will learn:
- Jesus wants us to tell others we love them.
- Jesus wants us to show others we love them.

Go to Religion.SadlierConnect.com for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- Catechetical Formation in Chaste Living

Go to Religion.SadlierConnect.com for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

#### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| Part 1 Page R17       | • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.  
                       • Complete the activity together. |               |
| Part 2 Page R18       | • Gather in your prayer space.  
                       • Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |
### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 3 Page R19</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Invite your child to listen as you slowly read aloud each step.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.</td>
</tr>
<tr>
<td></td>
<td>• Read aloud the Scripture passage and text.</td>
<td>• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td></td>
<td>• Encourage your child to spend time thinking about responses.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 4 Page R20</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Complete the Helping Hands activity with your child.</td>
</tr>
<tr>
<td></td>
<td>• As an alternative, you can have your child draw an outline of his or her hand.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 5 Page R21</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Have your child complete the drawing activity.</td>
</tr>
<tr>
<td></td>
<td><strong>You may choose to skip this activity.</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 6 Page R22</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Pray the prayer together.</td>
</tr>
</tbody>
</table>

### Break

**Chapter 19, Jesus Wants Us to Love**

- Follow Family Book, pages 55–57.
- You may wish to have your child complete Project Disciple at another time.

### Optional Activities for Chapter 19

- Introduction Video for Chapter 19
- Chapter 19 Printable Activity
- Chapter 19 Matching Game
- Paint and Print: Jesus Followers
Session 26 Overview: In this session, your child will be reminded that Jesus is our friend and calls us to be friends to others.

Prayer Retreat Overview:
During this retreat, your child will:
- Appreciate Jesus’s teaching us to care for others.
- Recognize that one way to care for others is to pray for them.
- Pray for the needs of others.

Chapter 26 Overview: In this chapter, the your child will learn that Jesus is our friend and that he is always with us.

Doctrinal Content:

<table>
<thead>
<tr>
<th>Your child will learn:</th>
<th>For Adult Reading and Reflection</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Jesus had many friends.</td>
<td>Catechism of the Catholic Church</td>
</tr>
<tr>
<td>• Jesus shares his friendship with us.</td>
<td>Paragraph 425</td>
</tr>
<tr>
<td></td>
<td>Paragraph 1972</td>
</tr>
</tbody>
</table>

Go to Religion.SadlierConnect.com for this chapter’s correlation to:
- Six Tasks of Catechesis
- Catholic Social Teaching
- Catechetical Formation in Chaste Living

Session Steps—Retreat:

<table>
<thead>
<tr>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 1 Page R25</td>
<td>• Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer. OR Complete the activity together.</td>
</tr>
<tr>
<td>Part 2 Page R26</td>
<td>• Gather in your prayer space. OR Pray the prayer together. • Set aside a prayer space or corner in your home for prayer.</td>
</tr>
</tbody>
</table>
## Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 3</strong>&lt;br&gt;Page R27</td>
<td>• Invite your child to listen as you slowly read aloud each step.&lt;br&gt;• Read aloud the Scripture passage and text.&lt;br&gt;• Encourage your child to spend time thinking about responses.&lt;br&gt;• Complete the activity in silence.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.&lt;br&gt;• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td><strong>Part 4</strong>&lt;br&gt;Page R28</td>
<td>• Talk about why we pray for others.&lt;br&gt;• Have your child complete the activity.</td>
<td></td>
</tr>
<tr>
<td><strong>Part 5</strong>&lt;br&gt;Page R29</td>
<td>• Have your child complete the activity.</td>
<td><strong>You may choose to skip this activity.</strong></td>
</tr>
<tr>
<td><strong>Part 6</strong>&lt;br&gt;Page R30</td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
</tbody>
</table>

### Break

| Chapter 26<br>*We Celebrate That Jesus Is Our Friend*<br>Pages 225–232 |  • Follow Family Book, pages 74–76.<br>• You may wish to have your child complete Project Disciple at another time. | **Optional Activities for Chapter 26** Religion.SadlierConnect.com<br>Unit Games |
**Session 1 Overview**
In this session, your child will focus on the many ways God shows his love to us.

**Creed Retreat Overview**
During this retreat, your child will
- Appreciate that God sent his Son, Jesus, to show us his love.
- Pray to Jesus, God the Son.
- Identify ways to follow Jesus each day through words.

**Chapter 1 Overview**
In this chapter, the your child will learn that God created the world and all people.

---

### Doctrinal Content

Your child will learn:
- God created the world.
- God created all people.
- God gives us special gifts.
- God promises to love us always.

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

### For Adult Reading and Reflection

*Catechism of the Catholic Church*

Paragraph 290
Paragraph 355
Paragraph 356–357
Paragraph 410

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

---

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 1</strong> Page R25</td>
<td></td>
</tr>
</tbody>
</table>

- Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.
- Complete the activity together.
## Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 2</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Page R2               | • Gather in your prayer space.  
  • Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |
| **Part 3**            |                      |               |
| Page R3               | • Invite your child to listen as you slowly read aloud each step.  
  • Read aloud the Scripture passage and text.  
  • Encourage your child to spend time thinking about responses.  
  • Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
  • When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4**            |                      |               |
| Page R4               | • Design a prayer card.  
  • Pray the prayer together. |               |
| **Part 5**            |                      |               |
| Page R5               | • Discuss actions that show God’s love. | **You may choose to skip this activity.** |
| **Part 6**            |                      |               |
| Page R6               | • Pray the prayer together. |               |
|                       | **Break**            |               |
|                       | **Chapter 1**        |               |
|                       | **God Is Our Father**|               |
|                       | Pages 19–26          |               |
|                       | • Follow Family Book, pages 5–7.  
  • You may wish to have your child complete Project Disciple at another time. | **Optional Activities for Chapter 1**  
  Religion.SadlierConnect.com  
  Chapter 1 Game  
  Chapter 1 Printable Activity  
  Chapter 1 Reproducible Activity |
**Session 12 Overview** In this session, your child will focus on our baptismal call to discipleship and on the roles of Church leaders.

**Liturgy & Sacraments Retreat Overview**
During this retreat, your child will
- Understand that Baptism makes us children of God, members of the Catholic Church, and part of the Body of Christ.
- Recognize the symbols of Baptism and their significance.
- Respond to the baptismal call to discipleship.

**Chapter 12 Overview** In this chapter, your child will learn that Jesus appointed the Apostles to care for the Church, and how the pope and bishops care for the Church today.

<table>
<thead>
<tr>
<th>Doctrinal Content</th>
<th>For Adult Reading and Reflection</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your child will learn:</td>
<td><em>Catechism of the Catholic Church</em></td>
</tr>
<tr>
<td>• The Apostles led and cared for the Church.</td>
<td>Paragraph 858</td>
</tr>
<tr>
<td>• The bishops lead and care for the Church.</td>
<td>Paragraph 862</td>
</tr>
<tr>
<td>• The pope leads and cares for the whole Church.</td>
<td>Paragraph 881</td>
</tr>
<tr>
<td>• The Church serves others.</td>
<td>Paragraph 1942</td>
</tr>
</tbody>
</table>

**Doctrinal Content**

Your child will learn:
- The Apostles led and cared for the Church.
- The bishops lead and care for the Church.
- The pope leads and cares for the whole Church.
- The Church serves others.

**Go to Religion.SadlierConnect.com** for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

**Go to Religion.SadlierConnect.com** for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

**Session Steps—Retreat**

<table>
<thead>
<tr>
<th>Part 1</th>
<th>Session Presentation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Page R9</td>
<td>• Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.</td>
</tr>
<tr>
<td></td>
<td>• Complete the activity together.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 2</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Page R10</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td></td>
<td>• Gather in your prayer space.</td>
</tr>
<tr>
<td></td>
<td>• Pray the prayer together.</td>
</tr>
<tr>
<td>Session Steps—Retreat</td>
<td>Session Presentation</td>
</tr>
<tr>
<td>-----------------------</td>
<td>----------------------</td>
</tr>
</tbody>
</table>
| **Part 3** Page R11   | • Invite your child to listen as you slowly read aloud each step.  
• Read aloud the Scripture passage and text.  
• Encourage your child to spend time thinking about responses.  
• Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
• When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4** Page R12   | • Read the text with your child.  
• Talk about the symbols.  
• Point the symbols out when you go to Church. | |
| **Part 5** Page R13   | • Talk about “good deeds.”  
• Make a “good deeds” bracelet. | *You may choose to skip this activity.* |
| **Part 6** Page R14   | • Pray the prayer together. | |
| **Break**             | | |
| **Chapter 12**  
*The Church Serves*  
• You may wish to have your child complete Project Disciple at another time. | Optional Activities for Chapter 12  
[Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)  
Chapter 12 Game  
Chapter 12 Reproducible Activity |
**Session 19 Overview** In this session, your child will focus on forgiveness and service to others.

**Morality Retreat Overview**
During this retreat, your child will
- Appreciate the example of service given to us by Jesus.
- Recognize ways we can serve as Jesus taught us.
- Put into action some of these ways to serve.

**Chapter 19 Overview** In this chapter, your child will learn about God's forgiveness.

---

**Doctrinal Content**
Your child will learn:
- Jesus told us about God’s forgiveness.
- God is always ready to forgive us.
- We celebrate God’s forgiveness.
- Jesus asks us to forgive others.

**KEY WORDS**
Penance and Reconciliation

**For Adult Reading and Reflection**
*Catechism of the Catholic Church*

- Paragraph 1421
- Paragraph 1431
- Paragraph 1440
- Paragraph 2840

**Go to Religion.SadlierConnect.com**
for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

**Go to Religion.SadlierConnect.com** for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

---

**Session Steps—Retreat**

<table>
<thead>
<tr>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 1** Page R17  |   • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.  
• Complete the activity together.  

| **Part 2** Page R18  |   • Gather in your prayer space.  
• Pray the prayer together.  

• Set aside a prayer space or corner in your home for prayer. |
### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 3</th>
<th>Page R19</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
|        |          | • Invite your child to listen as you slowly read aloud each step.  
|        |          | • Read aloud the Scripture passage and text.  
|        |          | • Encourage your child to spend time thinking about responses.  
|        |          | • Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
|        |          |                       | • When your child is quiet and relaxed, begin the activity. Pause after each step. |

<table>
<thead>
<tr>
<th>Part 4</th>
<th>Page R20</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
|        |          | • Tell your child about Saint Teresa of Calcutta.  
|        |          | • Have your child complete the activity. | • Find Saint Teresa of Calcutta’s biography at Religion.SadlierConnect.com |

<table>
<thead>
<tr>
<th>Part 5</th>
<th>Page R21</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
|        |          | • Talk about needs in your parish.  
|        |          | • Complete the activity with your child. | **You may choose to skip this activity.** |

<table>
<thead>
<tr>
<th>Part 6</th>
<th>Page R22</th>
<th>Session Presentation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Pray the prayer together.</td>
</tr>
</tbody>
</table>

### Break

### Chapter 19, We Celebrate God’s Forgiveness

<table>
<thead>
<tr>
<th>Pages 163–170</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
|               | • Follow Family Book, pages 55–57.  
|               | • You may wish to have your child complete Project Disciple at another time. | **Optional Activities for Chapter 19** Religion.SadlierConnect.com  
|               | Chapter 19 Game  
|               | Chapter 19 Printable Activity |
**Session 26 Overview** In this session, your child will focus on saints as examples and helpers and on caring for creation.

**Prayer Retreat Overview**

During this retreat, your child will
- Understand that we are united with the saints in our worship and praise of God.
- Identify ways in which the saints are examples of holiness for us.
- Recognize ways to pray with the saints.

**Chapter 26 Overview** In this chapter, your child will learn that we are to care for all of God’s creation.

### Doctrinal Content

Your child will learn:
- The world is God’s gift to us.
- Animals are part of God’s creation.
- We are all important to God.
- We care for and respect all people.

<table>
<thead>
<tr>
<th>Paragraph 2415</th>
<th>Paragraph 2416</th>
<th>Paragraph 356</th>
<th>Paragraph 1825</th>
</tr>
</thead>
</table>

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat

| Part 1 | Page R25 | Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer. | Complete the activity together. |

| Part 2 | Page R26 | Gather in your prayer space. | Pray the prayer together. |

<p>| Session Notes | Set aside a prayer space or corner in your home for prayer. |</p>
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 3</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Page R27              | — Invite your child to listen as you slowly read aloud each step.  
                       | — Read aloud the Scripture passage and text.  
                       | — Encourage your child to spend time thinking about responses.  
                       | — Complete the activity in silence. | — Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
                       |                      | — When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4**            |                      |               |
| Page R28              | — Read aloud the text.  
                       | — Complete activity with your child. |               |
| **Part 5**            |                      |               |
| Page R29              | — Talk about the saints your child is familiar with.  
                       | — Complete the activity with your child. |               |
| **Part 6**            |                      |               |
| Page R30              | — Pray the prayer together. |               |
| **Break**             |                      |               |

**Chapter 26**

*We Care for the Gifts of God’s Creation*

Pages 219–226

— Follow Family Book, pages 74–76.  
— You may wish to have your child complete Project Disciple at another time.  

**Optional Activities for Chapter 26**

Religion.SadlierConnect.com

Unit Games  
Chapter 26 Printable Activity  
Chapter 26 Reproducible Activity
**Session 1 Overview** In this session, your child will focus on Catholic beliefs about Jesus, God’s greatest gift to us.

** Creed Retreat Overview**
During this retreat, your child will
- Share thoughts and beliefs about Jesus Christ, our Redeemer and God’s greatest gift to us.
- Express Catholic beliefs about Jesus.
- Show appreciation for Jesus in our lives.

**Chapter 1 Overview** In this chapter, your child will learn that God the Father sent his Son, Jesus, to be with us and that Jesus is God’s greatest gift to us.

### Key Words
- Holy Family
- divine
- Blessed Trinity

### Doctrinal Content
Your child will learn:
- God the Father sent his Son, Jesus, to be with us.
- Jesus is human like us.
- Jesus did things only God can do.
- Jesus, the Son of God, taught us about God the Father and God the Holy Spirit.

### For Adult Reading and Reflection
*Catechism of the Catholic Church*
- Paragraph 422
- Paragraph 470
- Paragraph 548
- Paragraph 243–244

**Go to Religion.SadlierConnect.com**
for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

**Session Steps—Retreat**

<table>
<thead>
<tr>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 1**
Page R1
• Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.
• Complete the activity together. |
| **Part 2**
Page R2
• Gather in your prayer space.
• Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 3**<br>Page R3  | • Invite your child to listen as you slowly read aloud each step.  
                          • Read aloud the Scripture passage and text.  
                          • Encourage your child to spend time thinking about responses.  
                          • Complete the activity in silence.  
                          • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
                          • When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4**<br>Page R4  | • Discuss names and images of Jesus.  
                          • Complete the activity with your child.  
                          (You may choose to skip this activity.) |
| **Part 5**<br>Page R5  | • Discuss how love makes us want to do things, and relate that to following the commandments.  
                          • Help your child complete the activity.  
                          You may choose to skip this activity. |
| **Part 6**<br>Page R6  | • Pray the prayer together. |
| **Break**              |                      |

**Chapter 1**<br>*Jesus Christ Is the Son of God*<br>Pages 19–26  
• Follow Family Book, pages 5–7.  
• You may wish to have your child complete Project Disciple at another time.  
• Optional Activities for Chapter 1 Religion.SadlierConnect.com  
  Chapter 1 Game  
  Chapter 1 Printable Activity
Session 12 Overview In this session, your child will focus on the Sacraments of Penance and the Eucharist.

Liturgy & Sacraments Retreat Overview
During this retreat, your child will
• Understand that the Eucharist is a meal to which we are invited.
• Know that Jesus gave us the gift of himself in the Eucharist.
• Recognize that the Eucharist nourishes us and helps us live as Jesus’s disciples.

Chapter 12 Overview In this chapter, your child will learn how to celebrate the Sacrament of Penance.

Doctrinal Content
Your child will learn:
• We ask for God’s forgiveness in the Sacrament of Penance.
• We celebrate God’s forgiveness in the Sacrament of Penance.
• We celebrate the Sacrament of Penance with our parish community.
• Jesus wants us to forgive others.

Go to Religion.SadlierConnect.com for this chapter’s correlation to
• Six Tasks of Catechesis
• Catholic Social Teaching
• Catechetical Formation in Chaste Living

KEY WORDS
contrition
confession
a penance
absolution

For Adult Reading and Reflection
Catechism of the Catholic Church
Paragraph 1455
Paragraph 1468
Paragraph 1469
Paragraph 1425

Go to Religion.SadlierConnect.com for
• Additional chapter-related activities
• Online interactive activities
• This week’s liturgical readings
• Other resources

Session Steps—Retreat | Session Presentation | Session Notes
--- | --- | ---
Part 1 Page R9 | • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.
• Complete the activity together. | • Set aside a prayer space or corner in your home for prayer.
Part 2 Page R10 | • Gather in your prayer space.
• Pray the prayer together. |
### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 3</th>
<th>Page R11</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Invite your child to listen as you slowly read aloud each step.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Read aloud the Scripture passage and text.</td>
<td>• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Encourage your child to spend time thinking about responses.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 4</th>
<th>Page R12</th>
<th>Session Presentation</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Read the text aloud.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Have your child complete the activity.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 5</th>
<th>Page R13</th>
<th>Session Presentation</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Have your child read the directions and complete the activity.</td>
<td>You may choose to skip this activity.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 6</th>
<th>Page R14</th>
<th>Session Presentation</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
</tbody>
</table>

### Break

<table>
<thead>
<tr>
<th>Break</th>
<th></th>
</tr>
</thead>
</table>

### Chapter 12
**We Celebrate the Sacrament of Forgiveness**
Pages 107–114

• Follow Family Book, pages 36–38.
• You may wish to have your child complete Project Disciple at another time.

### Optional Activities for Chapter 12
Religion.SadlierConnect.com
- Chapter 12 Game
- Chapter 12 Printable Activity
- Chapter 12 Reproducible Activity
### Session 19 Overview
In this session, your child will focus on how to live the Sacraments of Penance and the Eucharist in his or her daily life daily life.

### Morality Retreat Overview
During this retreat, your child will:
- Understand that Jesus taught us about forgiveness and peace.
- Know that we are called to be a forgiving and peaceful people.
- Appreciate the peace we experience when we receive God’s forgiveness and are reconciled with him and others.

### Chapter 19 Overview
In this chapter, your child will learn about ways we continue the celebration of the Eucharist in our lives.

### Doctrinal Content
Your child will learn:
- We are sent to share God’s love with others.
- Jesus is present in the Blessed Sacrament.
- Jesus is with the Church as we share God’s love.
- Jesus is with us as we share his peace with others.

### KEY WORDS
Blessed Sacrament
tabernacle

### For Adult Reading and Reflection
*Catechism of the Catholic Church*
- Paragraph 1332
- Paragraph 1418
- Paragraph 1397
- Paragraph 1416

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 1</th>
<th>Session Presentation</th>
</tr>
</thead>
</table>
| Page R17 | • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.  
• Together, complete the activity. |

### Session Notes
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 2** Page R18   | • Gather in your prayer space.  
• Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |
| **Part 3** Page R19   | • Invite your child to listen as you slowly read aloud each step.  
• Read aloud the Scripture passage and text.  
• Encourage your child to spend time thinking about responses.  
• Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
• When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4** Page R20   | • Discuss the image on page R20.  
• Read aloud the text and discuss question. | |
| **Part 5** Page R21   | • Use the picture on page R21 to review the Sacrament of Penance.  
• Complete the activity. | You may choose to skip this activity. |
| **Part 6** Page R22   | • Pray the prayer together. | |

**Break**

**Chapter 19**  
*We Go in Peace to Share God’s Love*  
Pages 163–170

• Follow Family Book, pages 55–57.  
• You may wish to have your child complete Project Disciple at another time.  

Optional Activities for Chapter 19  
Religion.SadlierConnect.com  
Chapter 19 Game  
Chapter 19 Reproducible Activity
**Session 26 Overview** In this session, your child will focus on the meaning of the Lord’s Prayer and our responsibility to be loving and respectful of God’s creation.

**Prayer Retreat Overview**
During this retreat, your child will:
- Understand that Jesus taught us the Lord’s Prayer and that we can call God our Father.
- Explore the meaning of petitions from the Lord’s Prayer.
- Appreciate that God, as our loving Father, cares for our needs and the needs of all people, and always hears our prayers.

**Chapter 26 Overview** In this chapter, your child will learn about loving and respecting all of God’s creation.

### Doctrinal Content
Your child will learn:
- We live in God’s love.
- Jesus taught us to love others.
- We love and respect others.
- We respect God’s creation.

**KEY WORDS**
- new commandment

**For Adult Reading and Reflection**
*Catechism of the Catholic Church*

- Paragraph 1694
- Paragraph 1823
- Paragraph 1825
- Paragraph 307

**Go to** [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)
for this chapter’s correlation to:
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

**Go to** [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)
for:
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat
#### Part 1
**Page R25**
- Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.
- Complete the activity together.

---

**Session Notes**
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| Part 2 Page R26      | • Gather in your prayer space.  
• Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |
| Part 3 Page R27      | • Invite your child to listen as you slowly read aloud each step.  
• Read aloud the Scripture passage and text.  
• Encourage your child to spend time thinking about responses.  
• Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
• When your child is quiet and relaxed, begin the activity. Pause after each step. |
| Part 4 Page R28      | • Do the picture study and discussion together.  
• Complete the activity. | |
| Part 5 Page R29      | • Have your child complete the drawing. | You may choose to skip this activity. |
| Part 6 Page R30      | • Pray the prayer together. | |

**Break**

**Chapter 26  
*We Show Love and Respect*  
Pages 219–226**

• Follow Family Book, pages 74–76.  
• You may wish to have your child complete Project Disciple at another time.

**Optional Activities for Chapter 26**  
[Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)  
Unit Games  
Chapter 26 Printable Activity
Session 1 Overview: In this session, your child will focus on the role of the Holy Spirit and Jesus, the Son of God in our daily lives.

 Creed Retreat Overview: During this retreat, your child will:
- Deepen an understanding of the Holy Spirit as the Third Person of the Blessed Trinity.
- Appreciate that, through the power of the Holy Spirit in Baptism, we are made children of God.
- Celebrate and thank the Holy Spirit for his help.

Chapter 1 Overview: In this chapter, your child will learn about Jesus’ life and the ways he taught us to live as his followers.

### Key Words
- Blessed Trinity
- Incarnation
- Prophet
- Repent
- Public ministry
- Disciples
- Apostle

#### Doctrinal Content

Your child will learn:
- God the Son became one of us.
- Jesus grew up in Nazareth.
- Jesus begins his work.
- Jesus shows us how to live as his followers.

Go to Religion.SadlierConnect.com for this chapter’s correlation to:
- Six Tasks of Catechesis
- Catholic Social Teaching
- Catechetical Formation in Chaste Living

Go to Religion.SadlierConnect.com for:
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

#### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 1** Page R1    | • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.  
                      • Complete the activity together. |               |
| **Part 2** Page R2    | • Gather in your prayer space.  
                      • Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| Part 3 Page R3        | • Invite your child to listen as you slowly read aloud each step.  
                          • Read aloud the Scripture passage and text.  
                          • Encourage your child to spend time thinking about responses.  
                          • Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
                          • When your child is quiet and relaxed, begin the activity. Pause after each step. |
| Part 4 Page R4        | • Read the text aloud.  
                          • Complete the activity with your child. | |
| Part 5 Page R5        | • Play the song “We Believe, We Believe” from the Grade 3 We Believe Music CD. | You may choose to skip this activity.  
                          You will need the Grade 3 We Believe CD-ROM. |
| Part 6 Page R6        | • Pray the prayer together. | |
| Break                 |                      |               |
| Chapter 1             |                      |               |
| God Sends His Own Son |                      |               |
                          • You may wish to have your child complete Project Disciple at another time. | Optional Activities for Chapter 1 Religion.SadlierConnect.com  
                          Chapter 1 Printable Activity  
                          Chapter 1 Reproducible Activity  
                          Chapter 1 Game |
# Liturgy & Sacraments: Grace

## Catholic Identity Retreat

### Session 12 Overview
In this session, your child will focus on Baptism as the source of our call to holiness.

### Liturgy & Sacraments Retreat Overview
During this retreat, your child will?
- Appreciate God's love, especially as demonstrated in his Son, Jesus.
- Understand that we receive grace, or God's life and love, through the Seven Sacraments.
- Recognize that when we cooperate with God's grace, our actions show forth God's love.

### Chapter 12 Overview
In this chapter, the children will learn that God calls each of us to holiness.

### KEY WORDS
- vocation
- laypeople
- vows

### Doctrinal Content
Your child will learn:
- God calls each of us.
- God calls everyone to be holy.
- God calls some men to be priests or deacons.
- God calls some people to religious life.

### For Adult Reading and Reflection
*Catechism of the Catholic Church*
- Paragraph 1213
- Paragraphs 825, 1719
- Paragraph 1565
- Paragraph 915

### Go to Religion.SadlierConnect.com
for this chapter's correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 1</strong> Page R9</td>
<td>• Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer. &lt;br&gt; • Complete the activity together.</td>
<td></td>
</tr>
<tr>
<td><strong>Part 2</strong> Page R10</td>
<td>• Gather in your prayer space. &lt;br&gt; • Pray the prayer together.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
</tbody>
</table>
## Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 3** Page R11   | • Invite your child to listen as you slowly read aloud each step.  
                     • Read aloud the Scripture passage and text.  
                     • Encourage your child to spend time thinking about responses.  
                     • Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
                                                                  • When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4** Page R12   | • Read aloud the text.  
                     • Complete the activity together. | |
| **Part 5** Page R13   | • Have your child read the text silently and complete the writing/drawing activity. | You may choose to skip this activity. |
| **Part 6** Page R14   | • Pray the prayer together. | |
| **Break**             |                      | |
| **Chapter 12**        | **God Calls Us to Holiness** Pages 107–114 |  
                                                                  • Follow Family Book, pages 36–38.  
                                                                  • You may wish to have your child complete Project Disciple at another time. |  
                                                                  Optional Activities for Chapter 12 Religion.SadlierConnect.com  
                                                                  Chapter 12 Reproducible Activity  
                                                                  Chapter 12 Game |
### Session 19 Overview
In this session, your child will focus on God’s healing and forgiveness.

### Morality Retreat Overview
During this retreat, your child will
- Appreciate God’s mercy and forgiveness.
- Recognize the importance of repentance, of turning away from sin and asking for God’s help and forgiveness.
- Practice prayer, penance, and acts of love and mercy.

### Chapter 19 Overview
In this chapter, your child will learn about the strength and healing that we receive through the Sacrament of Anointing of the Sick.

### Doctrinal Content
Your child will learn:
- Jesus cared for and healed the sick.
- The Church heals us in Jesus’s name.
- We believe in eternal life with God.
- The Church celebrates eternal life with God.

### For Adult Reading and Reflection
*Catechism of the Catholic Church*

Paragraph 1503
Paragraph 1511
Paragraph 1681
Paragraph 1684

### Go to **Religion.SadlierConnect.com** for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 1</th>
<th>Page R17</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Session Presentation</strong></td>
<td><strong>Session Notes</strong></td>
</tr>
</tbody>
</table>
| • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.  
• Complete the activity together. | |
## Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 2</th>
<th>Page R18</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
</table>
| • Gather in your prayer space.  
• Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |

<table>
<thead>
<tr>
<th>Part 3</th>
<th>Page R19</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
</table>
| • Invite your child to listen as you slowly read aloud each step.  
• Read aloud the Scripture passage and text.  
• Encourage your child to spend time thinking about responses.  
• Complete the activity in silence. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
• When your child is quiet and relaxed, begin the activity. Pause after each step. |

<table>
<thead>
<tr>
<th>Part 4</th>
<th>Page R20</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
</table>
| • Read aloud the prayer.  
• Discuss the activity and complete it together. | |

<table>
<thead>
<tr>
<th>Part 5</th>
<th>Page R21</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
</table>
| • Sing or play “Ashes” from the Grade 3 *We Believe* Music CD.  
• Complete the activity together. | **You may choose to skip this activity.**  
You will need the Grade 3, *We Believe* CD. |

<table>
<thead>
<tr>
<th>Part 6</th>
<th>Page R22</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Pray the prayer together.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Break

**Chapter 19**  
*We Pray for Healing and Eternal Life*  
Pages 163–170

- Follow Family Book, pages 55–57.  
- You may wish to have your child complete Project Disciple at another time.

## Optional Activities for Chapter 19

- Chapter 19 Printable Activity  
- Chapter 19 Reproducible Activity  
- Chapter 19 Game
**Session 26 Overview** In this session, your child will focus on the Kingdom of God and the role of Mary.

**Prayer Retreat Overview**
During this retreat, your child will
• Reflect on Mary as a model for prayer and discipleship.
• Experience ways to pray with and to Mary.
• Contemplate titles and sacred images of Mary.

**Chapter 26 Overview** In this chapter, your child will learn what Jesus taught his followers about the Kingdom of God, and that it continues to grow today.

### Doctrinal Content

**Your child will learn:**
• Jesus used parables to teach about the Kingdom of God.
• Jesus taught that the Kingdom of God will grow.
• Jesus’s miracles were signs of the Kingdom of God.
• The Kingdom of God grows.

**For Adult Reading and Reflection**

*Catechism of the Catholic Church*

- Paragraph 546
- Paragraph 541
- Paragraph 548
- Paragraph 2818

**Go to Religion.SadlierConnect.com for this chapter’s correlation to**
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

**Go to Religion.SadlierConnect.com for**
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other additional resources

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| Part 1 | Page R25 | • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer.  
• Complete the activity together. |
### Session Steps—Retreat

#### Part 2
**Page R26**
- Gather in your prayer space.
- Pray the prayer together.
- Set aside a prayer space or corner in your home for prayer.

#### Part 3
**Page R27**
- Invite your child to listen as you slowly read aloud each step.
- Read aloud the Scripture passage and text.
- Encourage your child to spend time thinking about responses.
- Complete the activity in silence.
- Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.
- When your child is quiet and relaxed, begin the activity. Pause after each step.

#### Part 4
**Page R28**
- Discuss the image on page R28.
- Complete the prayer activity.

#### Part 5
**Page R29**
- Read the text silently.
- Together, plan a prayer service to Mary.

#### Part 6
**Page R30**
- Pray the prayer together.

### Break

#### Chapter 26
**The Kingdom of God Continues to Grow**
*Pages 219–226*
- Follow Family Book, pages 74–76.
- You may wish to have your child complete Project Disciple Activities at another time.

### Optional Activities for Chapter 26
[Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)
- Chapter 26 Printable Activity
- Chapter 26 Reproducible Activity
- Unit Games
**Session 1 Overview** In this session, your child will learn that following Jesus is the way to happiness and salvation.

**Creed Retreat Overview**
During this retreat, your child will
- Appreciate that God sent Jesus Christ to be our Savior.
- Understand that Jesus's Death and Resurrection bring us salvation.
- Praise God and give thanks for the gift of salvation.

**Chapter 1 Overview** In this chapter, your child will continue to learn more about Jesus, who shows us the way God the Father wants us to live. Your child will begin to understand that Jesus is the Way, the Truth, and the Life, and that by following Jesus, we grow closer to God the Father, Son, and Holy Spirit.

### KEY WORDS
- Incarnation
- disciples
- Blessed Trinity
- Original Sin
- Savior
- Church
- grace

### Doctrinal Content
Your child will learn:
- God sent his only Son to us.
- Jesus shows us how to live.
- Jesus Christ is our Savior.
- The disciples spread the Good News of Jesus Christ.

Go to Religion.SadlierConnect.com for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

### For Adult Reading and Reflection
*Catechism of the Catholic Church*
- Paragraph 422
- Paragraph 544
- Paragraph 430
- Paragraph 767

Go to Religion.SadlierConnect.com for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 1</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Page R1               | • Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer and thought about what we believe.  
• Ask your child to read the opening statement on page R1.  
• Complete the activity together. | • Together talk about experiences of “being saved.” Discuss these experiences to help your child understand the concept of salvation.  
• Play softly “Open Our Hearts, Lord” from the Grade 4, We Believe Music CD as background music while your child completes the activity. |
| **Part 2**            |                      |              |
| Page R2               | • Gather in your prayer space.  
• Pray the prayer for the salvation of the world. | • Set aside a prayer space or corner in your home for prayer. |
| **Part 3**            |                      |              |
| Page R3               | • Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.  
• Encourage your child to spend time thinking about responses.  
• Complete the activity in silence  
• Share your responses to the questions. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
• When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4**            |                      |              |
| Page R4               | • Review the Stations of the Cross.  
• Complete the I Value My Catholic Faith activity together. | • Prepare a slide show or group of pictures of the Stations of the Cross. You may also be able to find slide shows online. |
| **Part 5**            |                      |              |
| Page R5               | • Explain the quotation.  
• Say the prayer together. | You may choose to skip this activity. |
| **Part 6**            |                      |              |
| Page R6               | • Pray the prayer together. | • Play the song “Glory and Praise to Our God” from the Grade 4 We Believe Music CD. |
| **Break**             |                      |              |

Chapter 1  
*Jesus—the Way, the Truth, and the Life*  
Pages 19–26  
• Follow Family Book, pages 5–7.  
• You may wish to have your child complete Project Disciple at another time.  

Optional Activities for Chapter 1  
Religion.SadlierConnect.com  
Chapter 1 Game: “The Hangman”  
Printable Activity: Community Service
### Session 12 Overview
In this session, your child will focus on the Sacrament of the Eucharist and the Sacraments of Healing.

### Liturgy & Sacraments Retreat Overview
During this retreat, your child will:
- Appreciate that we receive Jesus’s healing love in the Sacraments of Penance and Anointing of the Sick.
- Understand that the Sacrament of Penance brings us forgiveness of sins and restores our relationship with God and others.
- Recognize that we are more able to love when we are strengthened by the Sacraments of Healing.

### Chapter 12 Overview
In this chapter, your child will focus on the Eucharist and will learn that receiving the Body and Blood of Christ nurtures and strengthens us to be active followers of Christ.

### Key Words
- Mass
- assembly
- Liturgy of the Word
- homily
- Liturgy of the Eucharist
- Eucharistic Prayer
- Consecration

### Doctrinal Content
Your child will learn:
- The Introductory Rites unite us and prepare us for worship.
- During the Liturgy of the Word, we hear the Word of God.
- During the Liturgy of the Eucharist, we offer gifts of bread and wine and receive the Body and Blood of Jesus Christ.
- In the Concluding Rites, we are sent to live as disciples of Jesus.

### For Adult Reading and Reflection
**Catechism of the Catholic Church**
- Paragraph 1348
- Paragraph 1349
- Paragraph 1355
- Paragraph 1397

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 1** Page R9    | • Introduce the retreat to your child. Review with your child that the retreats are special times to gather in a spirit of prayer and thinking about what you believe.  
• Ask your child to read the opening statement on page R9.  
• Have your child complete the activity and share. | **Optional Activity**  
• Share experiences of celebrating the Sacraments of Healing with the parish or with family members.  
• Play soft, reflective music while your child completes the activity. |
| **Part 2** Page R10   | • Gather in your prayer space.  
• Pray the prayer for healing together. | **Set aside a prayer space or corner in your home for prayer.** |
| **Part 3** Page R11   | • Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.  
• Encourage your child to spend time thinking about responses.  
• Complete the activity in silence  
• Share your responses to the questions. | **Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.**  
• When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4** Page R12   | • Read aloud the text.  
• Choose one Gospel story to read and role play with your child.  
• Make a prayer card for one of the children who will receive First Penance this year.  
• Depending on time, you may wish to do either the drama or the prayer card. |  |
| **Part 5** Page R13   | • Talk about what kinds of questions to ask during an examination of conscience.  
• Complete the activity. | **You may choose to skip this activity.** |
| **Part 6** Page R14   | • Pray the prayer together. |  |
| **Break**             |                      |              |
| **Chapter 12 Strengthened by the Eucharist** Pages 107–114 | • Follow Family Book, pages 36–38.  
• You may wish to have your child complete Project Disciple at another time. | **Optional Activities for Chapter 12** [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)  
Chapter 12 Printable Activity: Make Word Web: Parts of the Mass  
Chapter 12 Game: Word Scramble  
Unit Games: Flash Cards |
### Session 19 Overview
In this session, your child will focus on the Eighth Commandment and learn that as disciples, we live the truth that comes from God.

### Morality Retreat Overview
During this retreat, your child will
- Recognize that God makes his truths known to us and calls us to live in the truth.
- Understand that the Eighth Commandment calls us to honor the truth.
- Appreciate that as Jesus’s disciples we must follow his teachings in all our words and actions.

### Chapter 19 Overview
In this chapter, children will learn that the Eighth Commandment teaches the importance of learning and living the truth that comes from God.

### Doctrinal Content

<table>
<thead>
<tr>
<th>Your child will learn:</th>
<th>Catechism of the Catholic Church</th>
</tr>
</thead>
<tbody>
<tr>
<td>God teaches us what it means to be true.</td>
<td>Paragraph 2465</td>
</tr>
<tr>
<td>We are called to witness to the truth of our faith.</td>
<td>Paragraph 2472</td>
</tr>
<tr>
<td>We have a responsibility to tell the truth.</td>
<td>Paragraph 2483</td>
</tr>
<tr>
<td>We have a responsibility to respect the truth.</td>
<td>Paragraph 2469</td>
</tr>
</tbody>
</table>

### KEY WORDS
- witness
- martyr

### For Adult Reading and Reflection

<table>
<thead>
<tr>
<th>Go to Religion.SadlierConnect.com for this chapter’s correlation to</th>
</tr>
</thead>
<tbody>
<tr>
<td>Six Tasks of Catechesis</td>
</tr>
<tr>
<td>Catholic Social Teaching</td>
</tr>
<tr>
<td>Catechetical Formation in Chaste Living</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Go to Religion.SadlierConnect.com for</th>
</tr>
</thead>
<tbody>
<tr>
<td>Additional chapter-related vocabulary</td>
</tr>
<tr>
<td>Online interactive activities</td>
</tr>
<tr>
<td>This week’s liturgical readings</td>
</tr>
<tr>
<td>Other resources</td>
</tr>
</tbody>
</table>

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 1</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Page R17</td>
<td>• Explain that today’s prayer and reflection will be about morality—doing the right thing.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Read the opening statement on page R17.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Complete the activity separately and compare responses.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Play softly “Open Our Hearts, Lord,” from the Grade 4 We Believe Music CD as background music while your child completes the activity.</td>
<td></td>
</tr>
</tbody>
</table>
### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 2</th>
<th>Page R18</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Gather in your prayer space.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 3</th>
<th>Page R19</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Encourage your child to spend time thinking about responses.</td>
<td>• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Share your responses to the questions.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 4</th>
<th>Page R20</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Read the directions at the top of the page.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Review with your child what he or she knows about telling the truth and not telling the truth.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Direct your child to complete the activity.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Talk about different ways to honor the truth.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 5</th>
<th>Page R21</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Continue discussion using the activity about truth in I Celebrate Catholic Identity.</td>
<td><strong>You may choose to skip this activity.</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 6</th>
<th>Page R22</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Ask your child to read, and pray together.</td>
<td><strong>Optional Activity</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Play the song “We Are Yours, O Lord” from the Grade 4 We Believe Music CD.</td>
</tr>
</tbody>
</table>

### Break

<table>
<thead>
<tr>
<th><strong>Chapter 19</strong></th>
<th><strong>The Eighth Commandment</strong></th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pages 163–170</strong></td>
<td></td>
<td>• Follow Family Book, pages 55–57.</td>
<td><strong>Optional Activities for Chapter 19</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• You may wish to have your child complete Project Disciple at another time.</td>
<td>SadlierConnect.com</td>
</tr>
</tbody>
</table>

| Chapter 19 Game: Drag and Drop | Chapter 19 Reproducible Activity: The Eighth Commandment | | |

---

*Optional Activities* for Chapter 19: Drag and Drop, The Eighth Commandment.
**Session 26 Overview** In this session, your child will learn more about discipleship and sacramentals that help us respond to God’s grace received in the sacraments.

**Prayer Retreat Overview**
During this retreat, your child will:
- Understand that sacramentals are blessings, actions, and objects that help us respond to God’s grace received in the sacraments.
- Appreciate blessings as a sacramental.
- Experience using sacramentals in prayer.

**Chapter 26 Overview** In this chapter, your child will learn about the theological and Cardinal Virtues and come to see that everyone is called to be a disciple.

| KEY WORDS | theological virtues  
Cardinal Virtues |

---

**Doctrinal Content**

Your child will learn:
- The virtues of faith, hope, and love bring us closer to God.
- Mary is our model for virtue and discipleship.
- The Cardinal Virtues guide us.
- We are called to live a life of love.

Go to Religion.SadlierConnect.com for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- Catechetical Formation in Chaste Living

**For Adult Reading and Reflection**
*Catechism of the Catholic Church*

Paragraph 1813
Paragraph 967
Paragraph 1805
Paragraph 1825

Go to Religion.SadlierConnect.com for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

**Session Steps—Retreat**

<table>
<thead>
<tr>
<th>Part 1</th>
<th>Session Presentation</th>
</tr>
</thead>
</table>
| Page R25 | • Introduce the retreat to your child. Explain that today’s prayer and reflection will be about prayer and sacramentals.  
• Direct your child to read the text silently and complete the activity.  
• Play softly “Open Our Hearts, Lord” Grade 4 We Believe Music CD as background music while your child completes the activity. |
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 2</strong>&lt;br&gt;Page R26</td>
<td>Gather in your prayer space.&lt;br&gt;Pray the blessing prayer together.</td>
<td>Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td><strong>Part 3</strong>&lt;br&gt;Page R27</td>
<td><strong>Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.</strong>&lt;br&gt;Encourage your child to spend time thinking about responses.&lt;br&gt;Complete the activity in silence.&lt;br&gt;Share your responses to the questions.</td>
<td>Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.&lt;br&gt;When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td><strong>Part 4</strong>&lt;br&gt;Page R28</td>
<td>Read the directions at the top of the page.&lt;br&gt;Choose a familiar sacramental (crucifix, rosary, holy water, medal), and talk about why it is important for Catholics.</td>
<td></td>
</tr>
<tr>
<td><strong>Part 5</strong>&lt;br&gt;Page R29</td>
<td>Write a blessing.</td>
<td>You may choose to skip this activity.</td>
</tr>
<tr>
<td><strong>Part 6</strong>&lt;br&gt;Page R30</td>
<td>Pray the prayer together.</td>
<td><strong>Optional Activity</strong>&lt;br&gt;Play the song “You Are Near” from the Grade 4 <em>We Believe</em> Music CD.</td>
</tr>
<tr>
<td><strong>Break</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 26</strong>&lt;br&gt;<em>We Are Called to Discipleship</em>&lt;br&gt;Pages 219–226</td>
<td><strong>Follow Family Book, pages 74–76.</strong>&lt;br&gt;You may wish to have your child complete Project Disciple at another time.</td>
<td><strong>Optional Activities for Chapter 26</strong>&lt;br&gt;<a href="http://Religion.SadlierConnect.com">Religion.SadlierConnect.com</a>&lt;br&gt;Chapter 26 Reproducible Activity&lt;br&gt;Chapter 26 Matching/Concentration Game&lt;br&gt;Unit Games</td>
</tr>
</tbody>
</table>
**Session 1 Overview** In this session, your child will learn about and reflect on our belief that the Blessed Trinity is the central mystery of our faith, and that we are called to follow Jesus, the Son of God and the Second Person of the Blessed Trinity.

**Creed Retreat Overview**
During this retreat, your child will
- Affirm belief in the Blessed Trinity.
- Express this belief in word, action, and prayer.
- Pray to the Blessed Trinity for help in living as a disciple of Jesus.

**Chapter 1 Overview** In this chapter, your child will continue to learn more about Jesus and begin to understand that he is the Son of God and that we are called to follow him.

<table>
<thead>
<tr>
<th><strong>KEY WORDS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Blessed Trinity</td>
</tr>
<tr>
<td>Jesus’ mission</td>
</tr>
<tr>
<td>Kingdom of God</td>
</tr>
<tr>
<td>Apostles</td>
</tr>
<tr>
<td>Church</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Doctrinal Content</strong></th>
<th><strong>For Adult Reading and Reflection</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Your child will learn:</td>
<td><em>Catechism of the Catholic Church</em></td>
</tr>
<tr>
<td>• Jesus is the Son of God.</td>
<td>Paragraph 535</td>
</tr>
<tr>
<td>• Jesus shows us God’s love.</td>
<td>Paragraph 543</td>
</tr>
<tr>
<td>• Jesus invites people to follow him.</td>
<td>Paragraph 546</td>
</tr>
<tr>
<td>• Jesus’ disciples continue his work.</td>
<td>Paragraph 737</td>
</tr>
</tbody>
</table>

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 1</strong>&lt;br&gt;Page R1</td>
<td>• Introduce retreat to your child. Explain that this is a special time to gather in a spirit of prayer to think about our beliefs.  &lt;br&gt;• Read and discuss the opening statement on page R1.  &lt;br&gt;• Together, complete the activity and the “blogs.”</td>
<td><strong>Optional Activity</strong>  &lt;br&gt;• Invite your child to share what he or she already knows about the Blessed Trinity. Add what you know to what your child shares.  &lt;br&gt;• Play softly “We Believe, We Believe” from the Grade 5 <em>We Believe</em> Music CD as background music while your child completes the activity.</td>
</tr>
<tr>
<td><strong>Part 2</strong>&lt;br&gt;Page R2</td>
<td>• Gather in your prayer space.  &lt;br&gt;• Pray the prayer to the Blessed Trinity.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td><strong>Part 3</strong>&lt;br&gt;Page R3</td>
<td>• Read aloud the Scripture passage. Invite your child to listen as you read the questions.  &lt;br&gt;• Encourage your child to spend time thinking about his or her response.  &lt;br&gt;• Complete the activity in silence.  &lt;br&gt;• Share your responses to the questions.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  &lt;br&gt;• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td><strong>Part 4</strong>&lt;br&gt;Page R4</td>
<td>• Explain that saints and scholars have used many different images to teach about the Trinity because the mystery of the Trinity is more than we can understand.  &lt;br&gt;• Complete the activity together.</td>
<td><strong>Optional Activities</strong>  &lt;br&gt;• Show your child pictures, images, or symbols of the Trinity (shamrock, three intertwining circles, <em>fleur de lis</em>, triangle), and discuss why these are symbols of the Blessed Trinity.  &lt;br&gt;• Discuss why we need symbols to explain this belief.</td>
</tr>
<tr>
<td><strong>Part 5</strong>&lt;br&gt;Page R5</td>
<td>• Write and decorate page with a prayer to the Blessed Trinity.</td>
<td><strong>You may choose to skip this activity.</strong></td>
</tr>
<tr>
<td><strong>Part 6</strong>&lt;br&gt;Page R6</td>
<td>• Pray together.</td>
<td><strong>Optional Activity</strong>  &lt;br&gt;• Teach the song “We Believe, We Believe” from the Grade 5 <em>We Believe</em> Music CD, and use it as a closing prayer.</td>
</tr>
<tr>
<td><strong>Break</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Chapter 1</strong>&lt;br&gt;<em>Jesus Shares God’s Life With Us</em>&lt;br&gt;Pages 19–26</td>
<td>• Follow Family Book, pages 5–7.  &lt;br&gt;• You may wish to have your child complete Project Disciple at another time.</td>
<td><strong>Optional Activities for Chapter 1</strong> <a href="http://Religion.SadlierConnect.com">Religion.SadlierConnect.com</a>  &lt;br&gt;Chapter 1 Study Guide  &lt;br&gt;Chapter 1 Printable Activity  &lt;br&gt;Chapter 1 Reproducible Activity</td>
</tr>
</tbody>
</table>
Session 12 Overview In this session, your child will focus on prayer and service by learning the importance of praying to discern his or her own call and exploring the rich traditions of Catholic prayer.

Liturgy & Sacraments Retreat Overview
During this retreat, your child will
• Consider the importance of the Sacraments of Holy Orders and Matrimony.
• Appreciate and promote the values of commitment, love, and sacrifice.
• Reflect and pray about his or her own potential vocation.

Chapter 12 Overview In this chapter, your child will learn that there are many ways members of the Catholic Church pray.

Doctrinal Content
Your child will learn:
• Jesus teaches us to pray.
• We are called to pray daily.
• Sacramentals are a part of the Church’s prayer life.
• Catholics have a rich tradition of special practices and popular devotions.

KEY WORDS
Liturgy of the Hours
Holy Day of Obligation
sacramentals

For Adult Reading and Reflection
Catechism of the Catholic Church
Paragraph 2765
Paragraph 1174
Paragraph 1670
Paragraph 1674

Go to Religion.SadlierConnect.com for
• Additional chapter-related activities
• Online interactive activities
• This week’s liturgical readings
• Other resources

Session Steps—Retreat
Part 1
Page R9
• Review with your child that the retreats are special times to gather in a spirit of prayer and thought about what you believe.
• Ask your child to read the opening statement.
• Complete the activity together.

Optional Activities
• Share experiences you and your child have had of celebrating a wedding in a parish.
• Play soft, reflective music while your child completes the activity.
### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 2 Page R10</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Gather in your prayer space.</td>
<td>• Pray the prayer together.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 3 Page R11</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.</td>
<td>• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td>• Encourage your child to spend time thinking about responses.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Complete the activity in silence.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Share your responses to the questions.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 4 Page R12</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Read aloud the first two paragraphs.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Have a conversation about faithfulness and commitment with your child. Include challenges to those values in today’s culture.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Explain the commitments involved in the Sacraments at the Service of Communion.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Read the last paragraph, and have your child complete the activity.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 5 Page R13</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Write a letter of support.</td>
<td>You may choose to skip this activity.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 6 Page R14</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Pray together.</td>
<td>Optional Activity</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• As part of the closing prayer, use the song “Come Follow Me” from the Grade 5 <em>We Believe</em> Music CD.</td>
<td></td>
</tr>
</tbody>
</table>

### Break

<table>
<thead>
<tr>
<th>Chapter 12, Living As a Prayerful People Pages 107–114</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Follow Family Book, pages 36–38.</td>
<td>Optional Activities for Chapter 12</td>
<td></td>
</tr>
<tr>
<td>• You may wish to have your child complete Project Disciple at another time.</td>
<td>• Chapter 12 Reproducible Activity</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Chapter 12: Game “Hangman”</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Unit Games: Flash Cards</td>
<td></td>
</tr>
</tbody>
</table>
### Session 19 Overview
In this session, your child will learn about and reflect on human dignity and on Mary as a model for all disciples.

### Morality Retreat Overview
During this retreat, your child will
- Appreciate that every person has human dignity.
- Understand that human dignity is the basis for Catholic morality.
- Accept responsibility as a Catholic to honor and promote the human dignity of others.

### Chapter 19 Overview
In this chapter, your child will learn that Mary is a model of discipleship for us and for the Church.

### Doctrinal Content
Your child will learn:
- Mary is Jesus’s first disciple.
- Mary is the most blessed among women.
- Mary is the greatest of all the saints.
- The Church remembers and honors Mary.

### For Adult Reading and Reflection
Catechism of the Catholic Church
- Paragraph 494
- Paragraph 492
- Paragraph 963
- Paragraph 971

### Go to Religion.SadlierConnect.com for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- Catechetical Formation in Chaste Living

Go to Religion.SadlierConnect.com for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat
<table>
<thead>
<tr>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 1 Page R17</td>
<td></td>
</tr>
</tbody>
</table>
- Introduce the retreat to your child. Explain that today’s prayer and reflection will be about human dignity.
- Review what your child has already learned about human dignity in this unit.
- Read the opening statement.
- Complete the activity together.
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 2</td>
<td>• Gather in your prayer space.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td>Page R18</td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
<tr>
<td>Part 3</td>
<td>• Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.</td>
</tr>
<tr>
<td>Page R19</td>
<td>• Encourage your child to spend time thinking about responses.</td>
<td>• When your child is quiet and relaxed, begin the activity. Pause after each step.</td>
</tr>
<tr>
<td>Part 4</td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
<tr>
<td>Page R20</td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
<tr>
<td>Part 5</td>
<td>• Complete the labyrinth activity with your child.</td>
<td></td>
</tr>
<tr>
<td>Page R21</td>
<td>• Write contract.</td>
<td></td>
</tr>
<tr>
<td>Part 6</td>
<td>• Pray the prayer together.</td>
<td>Optional Activity</td>
</tr>
<tr>
<td>Page R22</td>
<td>• Pray the prayer together.</td>
<td>• Play the song “Prayer of St. Francis” from the Grade 5 <em>We Believe</em> Music CD.</td>
</tr>
<tr>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chapter 19</td>
<td>• Follow Family Book, pages 55–57.</td>
<td>Optional Activities for Chapter 19</td>
</tr>
<tr>
<td><em>Mary, Model of Discipleship</em></td>
<td></td>
<td>• Teach your child the “Magnificat” from the Grade 5 <em>We Believe</em> Music CD</td>
</tr>
<tr>
<td>Pages 163–170</td>
<td>• You may wish to have your child complete Project Disciple at another time.</td>
<td>• Grade 5 Unit Game: Chapter 19 Game: “Drop and Drag”</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Unit Game: Crossword Puzzle</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Chapter 19 Study Guide</td>
</tr>
</tbody>
</table>
Session 26 Overview In this session, your child will learn about and reflect on forms of prayer and the four essential characteristics of the Church.

Prayer Retreat Overview
During this retreat, your child will
• Strengthen his or her ability to pray using the five forms of prayer.
• Remain faithful to Jesus’s teaching and example of prayer.

Chapter 26 Overview In this chapter, your child will learn that the Church is one, holy, catholic, and apostolic, that it respects all people, and that it works for justice and peace.

Doctrinal Content
Your child will learn:
• The Church is one and holy.
• The Church is catholic and apostolic.
• The Church respects all people.
• The Church works for justice and peace.

Go to Religion.SadlierConnect.com for this chapter’s correlation to
• Six Tasks of Catechesis
• Catholic Social Teaching
• Catechetical Formation in Chaste Living

Go to Religion.SadlierConnect.com for
• Additional chapter-related activities
• Online interactive activities
• This week’s liturgical readings
• Other resources

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 1 Page R25</td>
<td>• Introduce the retreat to your child. Explain that today’s prayer and reflection will be about forms of prayer.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Complete the statements together.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Discuss the forms of prayer.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Have your child complete the activity.</td>
<td></td>
</tr>
</tbody>
</table>

KEY WORDS
Marks of the Church
ecumenism
stewards of Creation

Catholic Identity Retreat

Catechism of the Catholic Church

Paragraph 813, 823
Paragraph 830–831, 857
Paragraph 855
Paragraph 2442
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 2**<br>Page R26 | • Gather in the prayer space.  
• Pray the prayer together. | • Set aside a prayer space or corner in your home for prayer. |
| **Part 3**<br>Page R27 | • Read aloud the Scripture passage. Invite your child to listen as you read the questions.  
• Encourage your child to spend time thinking about responses.  
• Complete the activity in silence.  
• Share your responses to the questions. | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
• When your child is quiet and relaxed, begin the activity. Pause after each step. |
| **Part 4**<br>Page R28 | • Invite your child to sit comfortably, relax, and close his or her eyes.  
• Read the first three paragraphs of the text slowly, pausing often for silence. At the end of the third paragraph, allow 3–5 minutes of silence.  
• Have your child open his or her eyes and read the fourth paragraph.  
• Have your child complete the story. |  |
| **Part 5**<br>Page R29 | • Read the text.  
• Complete the activity. | You may choose to skip this activity. |
| **Part 6**<br>Page R30 | • Pray the prayer together. | • Sing or listen to the song “With Open Hands/Abierto Esta Mi Corazon” from the Grade 5 *We Believe* Music CD. |
| **Break** | | |
| **Chapter 26**<br>*One, Holy, Catholic, and Apostolic*<br>Pages 219–226 | • Follow Family Book, pages 74–76.  
• You may wish to have your child complete Project Disciple Activities at another time. | Optional Activities for Chapter 26 Religion.SadlierConnect.com  
• Chapter 26 Game: Word Search  
• Chapter 26 Reproducible Activity: Marks of the Church |
### Session 1 Overview
In this session, your child will focus on the many ways God reveals himself to humans.

### Creed Retreat Overview
During this retreat, your child will
- Understand that because of his love for us, God has made himself known to us in Scripture and has fully revealed himself to us in his Son Jesus.
- Know that when God calls us to himself we are called to respond with faith.
- Appreciate that we can know God and experience his presence in the world he has created.

### Chapter 1 Overview
In this chapter, your child will learn about God’s self-Revelation through his creation, through the Bible, and in his Son, Jesus Christ.

### Doctrinal Content
Your child will learn:
- We can know God through his creation.
- God makes himself known through Divine Revelation.
- God’s Revelation is handed down through the Bible and Tradition.
- The Bible is a collection of books.

### KEY WORDS
- Divine Revelation
- Blessed Trinity
- Bible
- Tradition
- Divine Inspiration

### For Adult Reading and Reflection
**Catechism of the Catholic Church**
- Paragraph 32
- Paragraph 38
- Paragraph 81
- Paragraph 120

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat
- **Part 1**
  - Page R1

### Session Presentation
- Introduce the retreat to your child. Explain that this is a special time to gather in a spirit of prayer to think about the ways God makes himself known to us.
- Read the opening statement.
- Talk about how God reveals himself in many different ways. Use examples from your own life.
- Have your child complete the activity.

### Session Notes
- **Optional Activities**
  - Invite your child to share what he or she already knows about the Blessed Trinity. List your child’s responses on poster paper and add your own.
  - Play softly “I Know You Are God” from the Grade 6 *We Believe* Music CD as background music while your child completes the activity.
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 2**            | • Gather in your prayer space.  
  • Pray the prayer together.  
  • Write responses.                                                                                                                                                                                                   | • Set aside a prayer space or corner in your home for prayer.                                                                                                                                               |
| **Page R2**           |                                                                                                                                                                                                                         |                                                                                                                                                                                                           |
| **Part 3**            | • Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.  
  • Encourage your child to spend time thinking about responses.  
  • Complete the activity in silence.  
  • Share your responses to the questions.                                                                                                                                                                           | • Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
  • When your child is quiet and relaxed, begin the activity. Pause after each step.                                                                                                                           |
| **Page R3**           |                                                                                                                                                                                                                         |                                                                                                                                                                                                           |
| **Part 4**            | • Do the Gallery Walk activity together.                                                                                                                                                                                |                                                                                                                                                                                                           |
| **Page R4**           |                                                                                                                                                                                                                         |                                                                                                                                                                                                           |
| **Part 5**            | • Have your child fill in the planner while you do one.  
  • Compare your planners.                                                                                                                                                                                               | **You may choose to skip this activity.**                                                                                                                                                                  |
| **Page R5**           |                                                                                                                                                                                                                         |                                                                                                                                                                                                           |
| **Part 6**            | • Talk about the value of doing a Daily Examen.  
  • Read each statement and question slowly, and allow time after each question and step for reflection.  
  • Pray the closing prayer together.                                                                                                                                                                              |                                                                                                                                                                                                           |
| **Page R6**           |                                                                                                                                                                                                                         |                                                                                                                                                                                                           |
| **Break**             |                                                                                                                                                                                                                         |                                                                                                                                                                                                           |
| **Chapter 1**         | **God’s Revelation**  
  Pages 19–30                                                                                                                                                                                                             | **Optional Activities for Chapter 1** [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com)                                                                                               |
|                       | • Follow Family Book, pages 5–7.  
  • You may wish to have your child complete Project Disciple at another time.                                                                                                                                                   | • Chapter 1 Printable Activity: Thought Provokers  
  • Chapter 1 Game: Multiple Choice                                                                                                                                                                              |
Session 12 Overview In this session, your child will focus on the outpouring of the Holy Spirit's gifts not only on Solomon and others in the past, but also on us today.

**Liturgy & Sacraments Retreat Overview**
During this retreat, your child will
- Understand that just as the Holy Spirit was poured out on the Apostles at Pentecost, we receive that outpouring in the Sacrament of Confirmation.
- Know that the Gifts of the Holy Spirit strengthen us to live as witnesses to Christ.

Chapter 12 Overview In this chapter, your child will learn about the reign of King Solomon.

<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 1</td>
<td><strong>Review that the retreats are special times to gather in a spirit of prayer and reflection. Explain that in today’s retreat you will reflect on the Sacrament of Confirmation.</strong>&lt;br&gt;<strong>Read the opening statement.</strong>&lt;br&gt;<strong>Have your child complete the activity and share.</strong></td>
<td><strong>Optional Activity</strong>&lt;br&gt;<strong>Play “Envía Tu Espíritu” from the Grade 6 We Believe Music CD as background music while your child completes the activity.</strong></td>
</tr>
</tbody>
</table>

### Doctrinal Content

**Your child will learn:**
- Solomon’s reign was a time of peace and prosperity.
- Solomon gained fame for his wisdom.
- The Temple was built in Jerusalem.
- The Psalms teach us how to pray.

**Go to Religion.SadlierConnect.com** for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- Catechetical Formation in Chaste Living

**KEY WORDS**

- wisdom
- psalm

**For Adult Reading and Reflection**

*Catechism of the Catholic Church*

- Paragraph 2501
- Paragraph 1831
- Paragraph 2580
- Paragraph 2586

**Go to Religion.SadlierConnect.com** for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
</table>
| **Part 2**            | ● Gather in your prayer space.  
● Pray the prayer together.  
● Allow time to write responses. | ● Set aside a prayer space or corner in your home for prayer. |
| Page R10              |                      |               |
| **Part 3**            | ● Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.  
● Encourage your child to spend time thinking about responses.  
● Complete the activity in silence.  
● Share your responses to the questions. | ● Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.  
● When your child is quiet and relaxed, begin the activity. Pause after each step. |
| Page R11              |                      |               |
| **Part 4**            | ● Read aloud the text. Each of you choose a Gift of the Holy Spirit and imagine a skit or story that demonstrates this gift. Then share your ideas with each other. |               |
| Page R12              |                      |               |
| **Part 5**            | ● Talk about how the Gifts of the Holy Spirit will help your child be a witness. | You may choose to skip this activity. |
| Page R13              |                      |               |
| **Part 6**            | ● Pray the prayer together. | Optional Activity |
| Page R14              |                      | ● As part of the closing prayer, use the song “Envia Tu Espiritu” from the Grade 6 *We Believe* Music CD. |
| **Break**             |                      |               |
| **Chapter 12**        | ● Follow Family Book, pages 36–38.  
● You may wish to have your child complete Project Disciple at another time. | Optional Activities for Chapter 12 |
| *A Prosperous People* |                      | ● Chapter 12 Printable Activity: Prayer for Peace  
● Chapter 12 Study Guide  
● Chapter 12 Games: Matching Game |
**Overview of Session 19** In this session, your child will focus on the coming of the Messiah and on his or her responsibility to witness to the Good News that Jesus, the Messiah, brought to the world.

**Morality Retreat Overview**
During this retreat, your child will
- Understand that through our Baptism we are called to do good and avoid evil—to witness to our faith.
- Recognize that we are called to evangelize: to spread the Good News of Jesus Christ and share God’s love with others.
- Know that we can witness through our words, actions, and decisions.

**Chapter 19 Overview** In this chapter, your child will learn about the coming of Jesus, the Messiah.

### Doctrinal Content

Your child will learn:
- Mary is blessed by God.
- Mary and Elizabeth had special roles in God’s plan.
- God the Son became man.
- John prepared the way for Jesus.

### KEY WORDS

**Incarnation**

### For Adult Reading and Reflection

**Catechism of the Catholic Church**

- Paragraph 484
- Paragraph 495
- Paragraph 534
- Paragraph 535

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to [Religion.SadlierConnect.com](http://Religion.SadlierConnect.com) for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Steps</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Part 1</strong></td>
<td>Explain that today’s retreat will be about how we witness to our faith in words, actions, and decisions. Ask your child what human dignity means to him or her. Talk about what it means to you. Read the opening statement. Complete the activity.</td>
<td></td>
</tr>
<tr>
<td>Page R17</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Part 2</th>
<th>Page R18</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Gather in your prayer space.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 3</th>
<th>Page R19</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Read aloud the Scripture passage. Invite your child to listen as you slowly read the questions.</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep breathing with his or her eyes closed.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Encourage your child to spend time thinking about responses.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Share your responses to the questions.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 4</th>
<th>Page R20</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Share with your child your thoughts on what it means to be an evangelizer and to witness. Use examples of people you and your child think are witnesses and evangelizers.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 5</th>
<th>Page R21</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Read Pope Francis’ quote.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Talk about why and when courage is needed to be a witness.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 6</th>
<th>Page R22</th>
<th><strong>Session Presentation</strong></th>
<th><strong>Session Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
</tbody>
</table>

### Break

**Optional Activities**

- Play and sing the song “Christ, Be Our Light” from the Grade 6 *We Believe* Music CD.
- Make a visit to the Blessed Sacrament with your child.

**Chapter 19**

**God Fulfills His Promise**

Pages 219–230

- Follow Family Book, pages 55–57.
- You may wish to have your child complete Project Disciple at another time.

**Optional Activities for Chapter 19**

- Chapter 19 Printable Activity: Trading Cards
- Chapter 19 Reproducible Master: Write a Prayer of Praise
- Chapter 19 Games: Multiple Choice
GRADE 6, SESSION 26

Chapter 26, *The Church in the World*

**Session 26 Overview** In this session, your child will focus on the theme of the Church in the World and on different forms of Catholic devotions and traditions throughout the world.

**Prayer Retreat Overview**
During this retreat, your child will
- Appreciate the rich prayer traditions of the Church.
- Understand that we can pray always and that devotions are methods of prayer that enrich our lives.
- Participate in a devotion that fosters “a pilgrimage in spirit.”

**Chapter 26 Overview** In this chapter, your child will learn about the four marks, or essential features, of the Church.

### Doctrinal Content

Your child will learn:
- We live as one people.
- We live as a holy people.
- We live as a welcoming people.
- We live as a faithful people.

**For Adult Reading and Reflection**
*Catechism of the Catholic Church*

Paragraph 820
Paragraph 826
Paragraph 835
Paragraph 863

Go to Religion.SadlierConnect.com for this chapter’s correlation to
- Six Tasks of Catechesis
- Catholic Social Teaching
- *Catechetical Formation in Chaste Living*

Go to Religion.SadlierConnect.com for
- Additional chapter-related activities
- Online interactive activities
- This week’s liturgical readings
- Other resources

### Session Steps—Retreat

<table>
<thead>
<tr>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explain that today’s retreat will be about pilgrimages and devotions as forms of prayer.</td>
<td></td>
</tr>
<tr>
<td>Read the text silently and complete the activity together.</td>
<td></td>
</tr>
</tbody>
</table>

**KEY WORDS**

Marks of the Church
- ecumenism
- holiness
<table>
<thead>
<tr>
<th>Session Steps—Retreat</th>
<th>Session Presentation</th>
<th>Session Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part 2</td>
<td>• Gather in your prayer space.</td>
<td>• Set aside a prayer space or corner in your home for prayer.</td>
</tr>
<tr>
<td>Page R26</td>
<td>• Pray the prayer together.</td>
<td></td>
</tr>
<tr>
<td>Part 3</td>
<td>• Read aloud the Scripture passage. Invite your child to</td>
<td>• Encourage quiet time. Guide your child to relax by doing some deep</td>
</tr>
<tr>
<td>Page R27</td>
<td>listen as you slowly read the questions.</td>
<td>breathing with his or her eyes closed.</td>
</tr>
<tr>
<td></td>
<td>• Encourage your child to spend time thinking about</td>
<td>• When your child is quiet and relaxed, begin the activity. Pause after</td>
</tr>
<tr>
<td></td>
<td>responses.</td>
<td>each step.</td>
</tr>
<tr>
<td></td>
<td>• Complete the activity in silence.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Share your responses to the questions.</td>
<td></td>
</tr>
<tr>
<td>Part 4</td>
<td>• Review the Stations of the Resurrection together.</td>
<td></td>
</tr>
<tr>
<td>Page R28</td>
<td>• Choose one of them and complete the activity.</td>
<td></td>
</tr>
<tr>
<td>Part 5</td>
<td>• Have your child research Marian shrines and pilgrimages</td>
<td>You may choose to skip this activity.</td>
</tr>
<tr>
<td>Page R29</td>
<td>and choose a favorite.</td>
<td></td>
</tr>
<tr>
<td>Part 6</td>
<td>• Explain the devotion of Forty Hours.</td>
<td></td>
</tr>
<tr>
<td>Page R30</td>
<td>• Use this opportunity to focus on devotion to the Blessed</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sacrament.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• To conclude the session, pray the Stations of the</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Resurrection.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Use illustrations and Scripture quotes.</td>
<td></td>
</tr>
<tr>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chapter 26</td>
<td></td>
<td></td>
</tr>
<tr>
<td>*The Church in the</td>
<td></td>
<td></td>
</tr>
<tr>
<td>World*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pages 295–306</td>
<td>• Follow Family Book, pages 74–76.</td>
<td>Optional Activities for Chapter 26 Religion.SadlierConnect.com</td>
</tr>
<tr>
<td></td>
<td>• You may wish to have your child complete Project Disciple</td>
<td>Chapter 26 Printable Activity: The Church in the World</td>
</tr>
<tr>
<td></td>
<td>Activities at another time.</td>
<td>Chapter 26 Game: Word Search</td>
</tr>
</tbody>
</table>